

The background of the flyer is decorated with various illustrations of diverse families and children. In the top left, a woman in a yellow shirt and blue skirt stands next to a woman in a red sweater and blue pants who is sitting on the ground with a child. In the top right, a woman in a red sweater and blue pants is kneeling and talking to a young girl in a yellow dress. On the far right, a woman in a blue dress and red hat stands next to a young girl in a blue jacket and yellow dress. In the middle left, a woman in a yellow shirt and blue skirt stands next to a young girl in a pink dress. In the middle right, a woman in a red coat and yellow pants stands next to a young girl in a blue sweater and red pants. In the bottom left, a woman in a blue shirt is holding a young girl in a blue sweater. In the bottom right, a woman in a blue shirt is holding a young girl in a red sweater. The central text is white and stands out against the yellow background.

Resilient New Parent Group

12 WEEK IN-PERSON GROUP
ESTABLISHED IBH-OB/GYN PATIENTS ONLY!

Group will begin on Friday 01/31/25 at 10:00AM

- MUST BE SEEN AND SCREENED BY IBH-OBGYN
- CANDIDATES BETWEEN 6 MO PREG- 5 MO PP
- ENGLISH SPEAKING ONLY
- NON-HIGH RISK/UNCOMPLICATED PREGNANCIES
- CAN COMMIT TO AT LEAST 6 WEEKS, FRIDAY AM SESSIONS
- HX OF ANY MOOD DISORDERS (MDD, GAD, ADJUSTMENT DISORDER ETC)

**PLEASE SEND EPIC MSG
TO CASSANDRA SHUFFAIN-TOBIN
AFTER REVIEWING INTEREST WITH PATIENT**