

THE MONTHLY WRAP UP

WELLNESS AND RECOVERY AFTER PSYCHOSIS PROGRAM (WRAP) MONTHLY NEWSLETTER

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WRAP WITHOUT WALLS

We are excited to announce that our community treatment program, WRAP without Walls (WWW), has begun to see patients at their homes.

We are looking for new members to join our team, including a Community Health Worker (CHW).

If you are interested in joining the team, see the job description below, which has been copied from the Boston Medical Center website:

"The WRAP Without Walls (WWW) Community Health Worker (CHW) is a trusted member of the community who helps patients better access and coordinate their health care. The goal of the CHW is to assist identified patients with the tasks of getting medical care, working on health goals (such as arranging care, filling medication prescriptions, planning healthy meals, or finding time to exercise). The CHW collaborates with other team members of the WWW to conduct needs assessments to identify and respond to barriers to health and wellness.

Essential Responsibilities/Duties:

- Initiates telephonic or face to face contact with WWW patients to describe role, explain program benefits and begin assessment process.
- Schedules and completes initial home visit assessment, care plan and follow up home visits and phone calls for enrolled patients within specified timeframes.
- Works with WWW patient and provider to set goals for patient's care and motivates patients to achieve those goals.
- Teaches key educational messages in person and over the phone.
- Clearly documents all activities in the patient's record.

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Position

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- Reinforces educational messages regarding disease self-management by linking clients with supportive community services and programs.
- Records and monitors the participants' progress toward goals within specific timeframes.
- Documents assessments and key patient updates in Epic system; documents relevant day-to-day activities and patient data.
- Participates with other staff in activities to program participants, including community outreach, presentations to community organizations, development of materials, and phone calls.
- Assists patients with organizing their records, making follow-up appointments, and filling their prescriptions.
- Helps patients fill out applications as needed.

For more job responsibilities, visit [this link](#).

EDUCATION: High School Diploma or GED

CERTIFICATES, LICENSES, REGISTRATIONS REQUIRED: Driver's license typically is required

EXPERIENCE: Minimum of 2 years prior healthcare, public health, or community-based experience in community setting. Equivalent education above a High School Diploma may be substituted for experience.

KNOWLEDGE AND SKILLS:

- Basic knowledge of healthcare system.
- Outstanding interpersonal skills of foremost importance to interact with families and patients.
- Interest in community health and outreach.
- Exceptional organizational skills; ability to multi-task and work independently and as part of a team.
- Demonstrated oral and written English communication skills; Fluency in Haitian Creole or Spanish a plus.
- Understanding of language, culture and socioeconomic circumstances and desire to work with diverse, inner city population.
- Proficiency with Microsoft Office applications (i.e. MS Word, Excel, Access, Outlook) and web browsers. Proficiency with database management."

WRAP UPDATES AND SHOUTOUTS

One of our patients started a new job! Congratulations, we are so proud of you!



We are seeing patients out in the community as a part of WRAP without Walls!



COVID-19 UPDATES

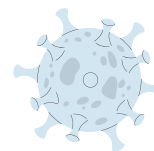
We are committed to protecting patients and staff during the COVID-19 pandemic. We would like to share some updates from our team about how our program continues to ensure that we are accomplishing this goal.

Virtual Individual and Group Therapy

For the time being, our individual and group therapy sessions are running fully online via Zoom. Each week, you will receive an email and/or a text message with the zoom link. You will need to have access to a computer or a smartphone. Zoom accounts are not necessary to use the platform, but mobile phone/tablet users will need to download the Zoom app in order to attend the meeting.

Telehealth Visits

We are also offering telehealth visits for some of your medical appointments. This [link](https://smiadviser.org/knowledge_post/how-can-i-help-my-patients-prepare-for-telehealth-visits) provides an easy guide on how to prepare for a tele-mental-health visit. https://smiadviser.org/knowledge_post/how-can-i-help-my-patients-prepare-for-telehealth-visits



WRAP'S COORDINATED SPECIALTY CARE MODEL

BY DR. HANNAH BROWN
DIRECTOR OF THE WRAP PROGRAM

In our Early Episode Psychosis clinic, we take a team-based approach to care, also known as Coordinated Specialty Care. Our team is comprised of individual therapists, family therapists, nurse practitioners, adult and child psychiatrists, research coordinators, peer specialists, a community psychiatry fellow, psychiatry residents, psychology interns and post-docs, and undergraduate students. The team meets weekly and works together to deliver optimal care to our patients. We think about patient care like a wheel; our patients are the hub, and each member of our team is a spoke on the wheel.

Our early episode program is part of a consortium of programs in Massachusetts, known as MAPNET. (<https://www.mapnet.online/>).

We are happy to answer any questions about the program. If you have questions, please email us at WRAP@bmc.org.

BOSTON MEDICAL CENTER INFORMATION

Follow BMC on Facebook!

Here is the link to the page:
https://www.facebook.com/BostonMedicalCenter/?ref=page_internal

This page contains great resources and articles curated by Boston Medical Center.

Recent articles include:

BMC's New Acute Care Program for Patients with Substance Use Disorders

<https://tinyurl.com/27afc7c3>

Medical Assistant Virtual Hiring Event

<https://tinyurl.com/2p8j5maa>

VOICES OF RECOVERY

HEARING THE STORIES OF THOSE RECOVERING FROM PSYCHOSIS

Click [here](#) for the videos.

These 24 brief video clips feature individuals telling their stories about who they are and what has been helpful in managing their psychotic disorder. You'll meet people who are single, married, in school, working, hanging out with old and new friends, and living healthy lives.



Follow us on Instagram at [wrapbmc](#)

May

IS MENTAL HEALTH
AWARENESS
MONTH!

Resources to check out:

Michigan State University -

<https://www.canr.msu.edu/news/may-is-mental-health-awareness-month>

Youth.gov - <https://youth.gov/feature-article/may-national-mental-health-month>

NAMI - <https://nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month>

Mental Health America - <https://www.mhanational.org/mental-health-month>

WRAP MAY SCHEDULE

Tuesdays	Thursdays
First Episode Group: 10-11 am Clozapine Clinic: 9:20-11 am Injection Clinic: 1-3 pm	Clozapine Clinic: 10-11 am Injection Clinic: 11-12 pm

OUR TEAM

