



The Center for Multicultural Training in Psychology

Boston Medical Center/Boston University School of Medicine

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The Center for Multicultural Training in Psychology (CMTP), at Boston Medical Center and the Boston University School of Medicine, is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and subscribers to the national matching service, under the umbrella of the Center for Multicultural Mental Health (CMMH).

CMTP was founded in 1972 with a commitment to provide training in Multicultural Psychology. We have successfully trained over 300 Psychology Interns to date from around the nation and from other countries in the culturally competent practice of professional Psychology. The Center for Multicultural Training in Psychology has been fully accredited by the American Psychological Association (APA) since 1986 and is currently continuing a seven-year accreditation through 2020. Inquiries can be made to CMTP or directly to the Office of Accreditation, APA, 750 First Street, NE, Washington, D.C. 20002-4242 (202) 336-5979.

At CMTP, our aim is to train and develop future leaders in the field of Psychology consistent with the American Psychological Association (APA) Mentored Practitioner-Scientist model. We mainly emphasize culturally competent and community-oriented approaches to psychological practice. Social Justice and multiculturalism emphasis is weaved throughout the program clinical training, didactics, mentoring, and supervision. Over 300 persons have received training within the program, either as pre-doctoral interns or postdoctoral fellows. Of these, 85% have been individuals from racial and ethnic minority groups. Interns have been accepted from graduate programs in 42 states and 5 countries other than the U.S.

The program utilizes a Mentored Practitioner-Scientist model of doctoral internship training and supervision in inpatient mental health, hospital, academic and community-based settings. This model incorporates translation of the evidence base of Psychology through a culturally competent lens under the committed mentored guidance of a CMTP Primary Supervisor, who serves as a mentor towards the interns' personal and professional development.

The CMTP faculty members are experts in multiculturalism and diversity and are made up of licensed doctoral-level psychologists. Faculty are represented on a number of national councils and committees at the leading edge of multicultural and diversity issues. They have vast experience in the field of multiculturalism and possess leadership roles in agencies including the APA. They are social justice advocates in their personal/professional realms and have published in numerous journals, written books, are part of planning relevant conferences, workshops, and symposia, all in the domain of multiculturalism and diversity. All faculty in CMTP provide opportunities for mentorship. CMTP Network supervisors, many of whom are graduates and/or long-term professional supporters of the program, also provide support, mentoring for trainees. All supervision satisfies requirements for state licensure and meets or exceeds standards for APA accreditation.

CMTP has 12-month placements for trainees (September-August). Fulltime placements were instituted, instead of rotations, because it enhances the training experience of the intern by assuring: continuity of client care; greater familiarity with the training setting; and, increasing interns' credibility with, value to and leverage within, the placement (clinical and administrative). Interns typically spend an average of ten (10) hours each week in CMTP didactic seminar, focused on different domains, yet retaining the focus on multiculturalism.