Patient Parkinson's Symptoms Questionnaire

Questions (Please circle a response)

Motor Symptoms:

- Do you experience tremor? **Y** **N**
  If so is it **Slightly,** **Mildly**, **Moderately**, Or **Severely** Debilitating?
- Do you experience stiffness of muscles? **Y** **N**
- Do you have falls? **Y** **N**
- Do you experience freezing of gait? **Y** **N**
- Do you experience writhing, dance-like movements (dyskinesias)? **Y** **N**
- Do you experience difficulty swallowing? **Y** **N**
- Have you experienced changes in the volume or quality of your voice? **Y** **N**
- Do you have difficulty dressing yourself, feeding, or performing hygiene tasks because of your Parkinson? **Y** **N**

Non-Motor Symptoms:
Mood/Behavioral

- Do you have symptoms of low mood or depression? **Y** **N**
- Do you have symptoms of anxiety? **Y** **N**
- Have you experienced symptoms of impulsivity, such as eating too much, doing repetitive activities, compulsive shopping, or take more medication than prescribed regularly? **Y** **N**
- Do you feel apathetic or disinterested in day-to-day activities, to the point where it interferes with your daily functioning? **Y** **N**

Sleep

- How many hours do you sleep per night? _____
- Do you have difficulty initiating and/or maintaining sleep? **Y** **N**
- Do you act out your dreams (kicking, yelling, mimicking movements)? **Y** **N**
- Do you experience daytime sleepiness? **Y** **N**
- Do you have difficulty turning in bed? **Y** **N**

Cognition

- Do you have difficulty remembering day-to-day tasks and/or details? **Y** **N**
- Do you have difficulty multi-tasking? **Y** **N**
- Would you describe your attention span as **Good**, **Fair**, Or **Poor**?
- Do you experience hallucinations, or see or hear people/animals/things that are not there? **Y** **N**
- Do you have difficulty turning in bed? **Y** **N**

Other Non-Motor Symptoms:

- Do you experience body pain? **Y** **N**
- Do you experience urinary incontinence, frequency, or urgency? **Y** **N**
- Do you experience constipation? **Y** **N**
- Do you feel lightheaded when you stand too quickly? **Y** **N**

PLEASE UNDERLINE THE TWO MOST BOTHERSOME SYMPTOMS IN THIS LIST

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