

**BMC OB/GYN PRENATAL CARE GUIDELINES DURING COVID19 OUTBREAK**

| Visit            | Location               | History/physical  | Labs/vaccines                    | Imaging  | Education                                |
|------------------|------------------------|---|----------------------------------|--|--|
| < 12 weeks       | Phone                  | History, orientation and education, screenings (depression, 5P, THRIVE) |                                  |  | Review and send out PNN packet, b/p cuff |
| 11-13 wks        | <b>Clinic</b>          | Physical exam with pap, cultures  | OB initial labs, flu vaccine prn | FTS/dating, Genetic counseling prn                                   | Instruct on home monitoring (b/p cuff)   |
| 16-20 wks        | Phone                  | Review b/p, fht, weight   |                                  |  | Routine                                  |
| 20 wks           | <b>Clinic</b>          | Review b/p, fht, weight   | AFP                              | Fetal anatomy  | Routine                                  |
| 24 wks           | Phone                  | Review b/p, fm, weight  |                                  |  |  |
| 28wks            | <b>Clinic</b>          | Review b/p, fht, weight   | GCT, CBC, tdap                   |  | Routine                                  |
| 32 wks           | <b>Clinic</b>          | Review b/p, fht, weight   |                                  | NSTs per ATU guidelines<br><b>schedule on same day as pnf</b>        | Routine                                  |
| 34 wks           | Phone                  | Review b/p, fkc, weight   |                                  |  | Routine                                  |
| 36 wks           | <b>Clinic</b>          | Review b/p, fht, weight   | GBS, CBC, HIV                    | Growth/NSTs per ATU guidelines<br><b>schedule on same day as pnf</b> | Routine                                  |
| 37 wks           | Clinic or Phone option | Review b/p, fht/fkc, weight   |                                  | NST/BPP prn<br><b>schedule on same day as pnf</b>                    | Routine                                  |
| 38 wks           | <b>Clinic</b>          | Review b/p, fht, weight   |                                  | NST/BPP prn<br><b>schedule on same day as pnf</b>                    | Routine                                  |
| 39 wks           | Clinic or Phone option | Review b/p, fht/fkc, weight   |                                  | NST/BPP prn<br><b>schedule on same day as pnf</b>                    | Routine                                  |
| 40 wks           | <b>Clinic</b>          | Review b/p, fht, weight   |                                  | NST/BPP prn<br><b>schedule on same day as pnf</b>                    | Routine                                  |
| 41 wks if needed | <b>Clinic</b>          | Review b/p, fht, weight   |                                  | NST/BPP prn<br><b>schedule on same day as pnf</b>                    | Routine                                  |
| 1-2 wk pp        | Phone                  |   | Family planning                  |  |  |
| 6 wk pp          | Phone                  |   | Family Planning                  |  | Refer PCP                                |

Modifications

| Visit   | Location | History/physical          | Labs/vaccines  | Imaging | Education  |
|---|----------|---------------------------|--|---------|--|
| PNN 13-19 wks virtual intake                            | Phone    |                           |  |         | Review and send out PNN packet, b/p cuff; schedule physical exam with fetal anatomy scan |
| 20+ wks book <b>schedule ATU and intake on same day</b> | Clinic   | Full history and physical | Initial OB labs<br>-if>24 wks, at GCT<br>- if >27 wks, do tdap | Anatomy | PNN packet, b/p cuff   |