

# Effect of the vaginal environment on infected leukocytes

Richard Cone

Biophysics, Johns Hopkins University  
ReProtect, Inc.

“Trojan Horse” workshop, Boston, 10/19/2013

## Effect of the **multiple** vaginal environments on infected leukocytes

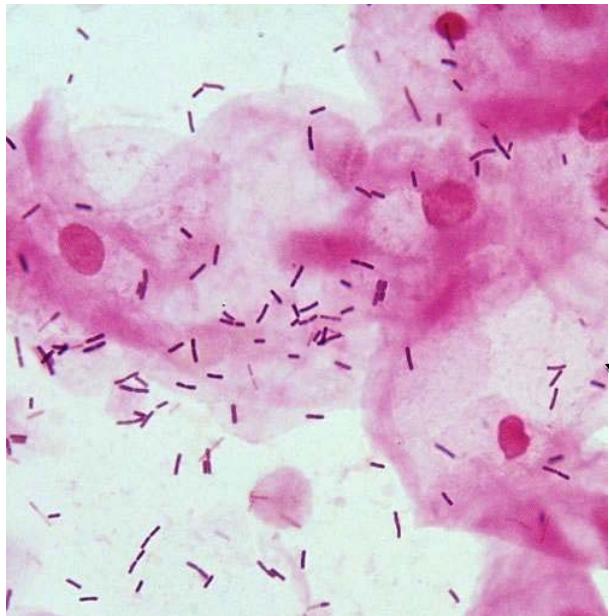
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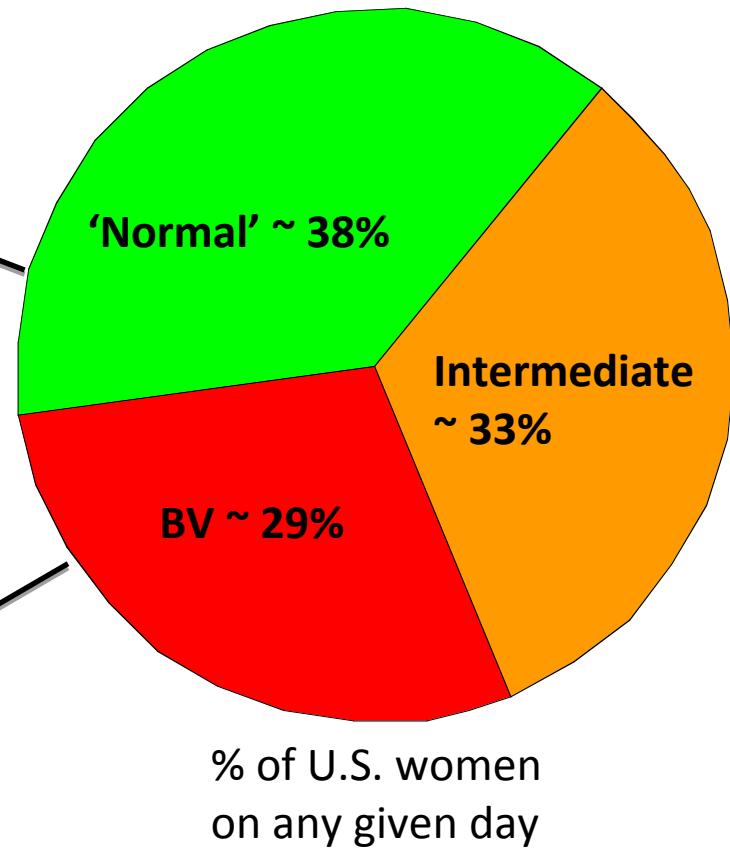
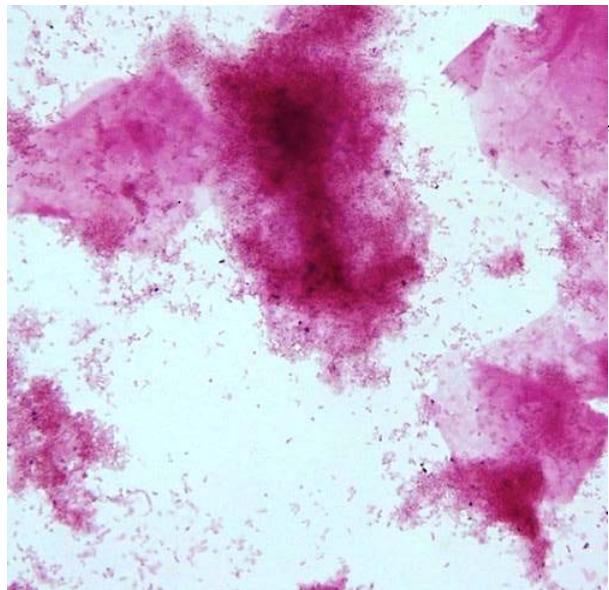
“Trojan Horse” workshop, Boston, 10/19/2013

## Only a minority of women have a ‘normal’ lactobacillus dominated vaginal microbiota

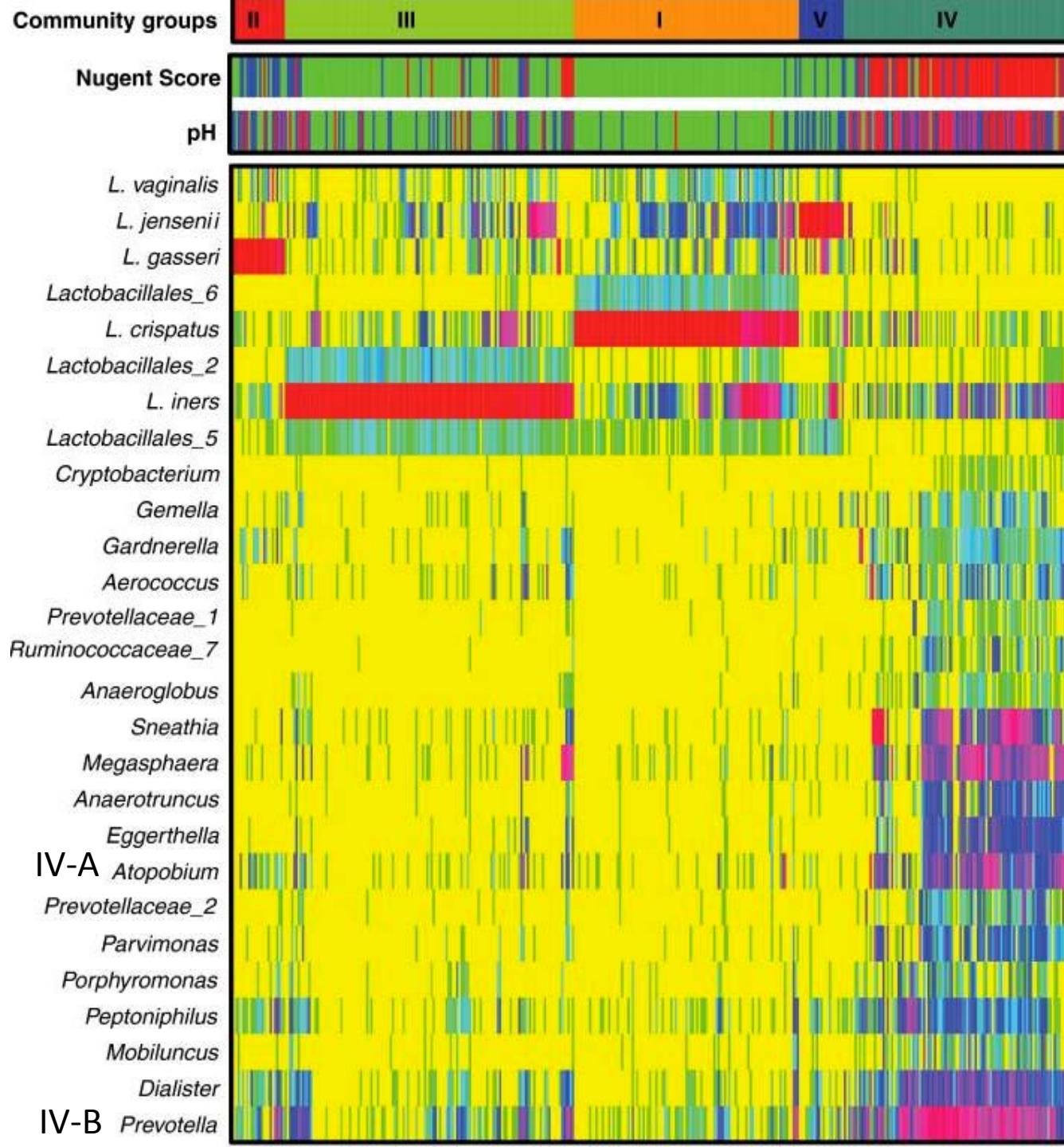
pH 3.5  
1% Lactic acid



pH 5-6  
0.3% Acetic acid  
Succinic acid  
Butyric acid  
Putrescine  
Cadaverine  
Tyramine  
(fishy odor)

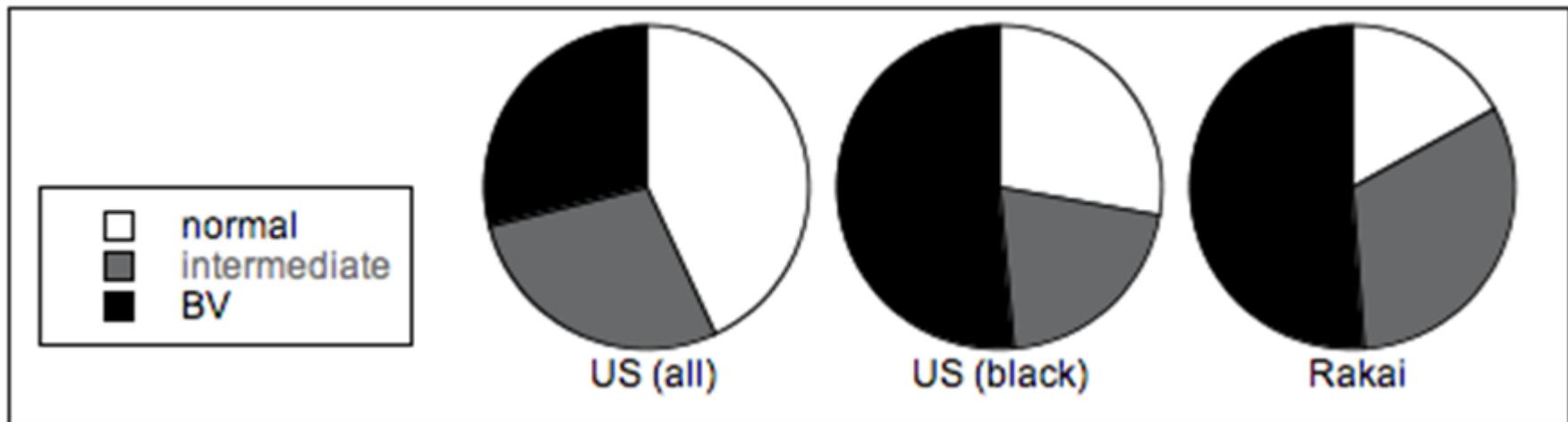


Allsworth and Peipert, 2007



BV is strongly associated with increased risk of infections and poor birth outcomes:

Populations with high prevalence of BV are at high risk of HIV:



BV increases several factors that may increase susceptibility to infections,  
e.g., inflammatory cytokines, and it also eliminates protection by Lactic Acid!.

## Most prevalent vaginal microbiota communities:

Pre-menopause, *L. crispatus*, *L. iners*, and IV ('BV')

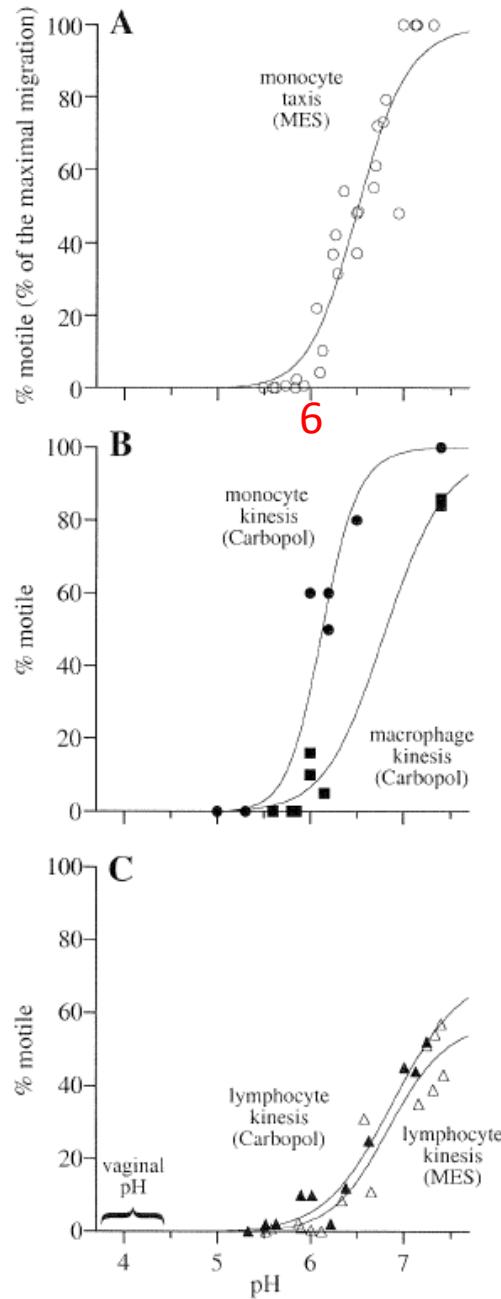
Peri-menopause, IV-A (Prevotella) and *L. gasseri*

Post-menopause: IV-A

Vulvovaginal atrophy post-menopause: IV-A

Risk of VVA 25-fold higher with IV-A vs *L. crispatus*

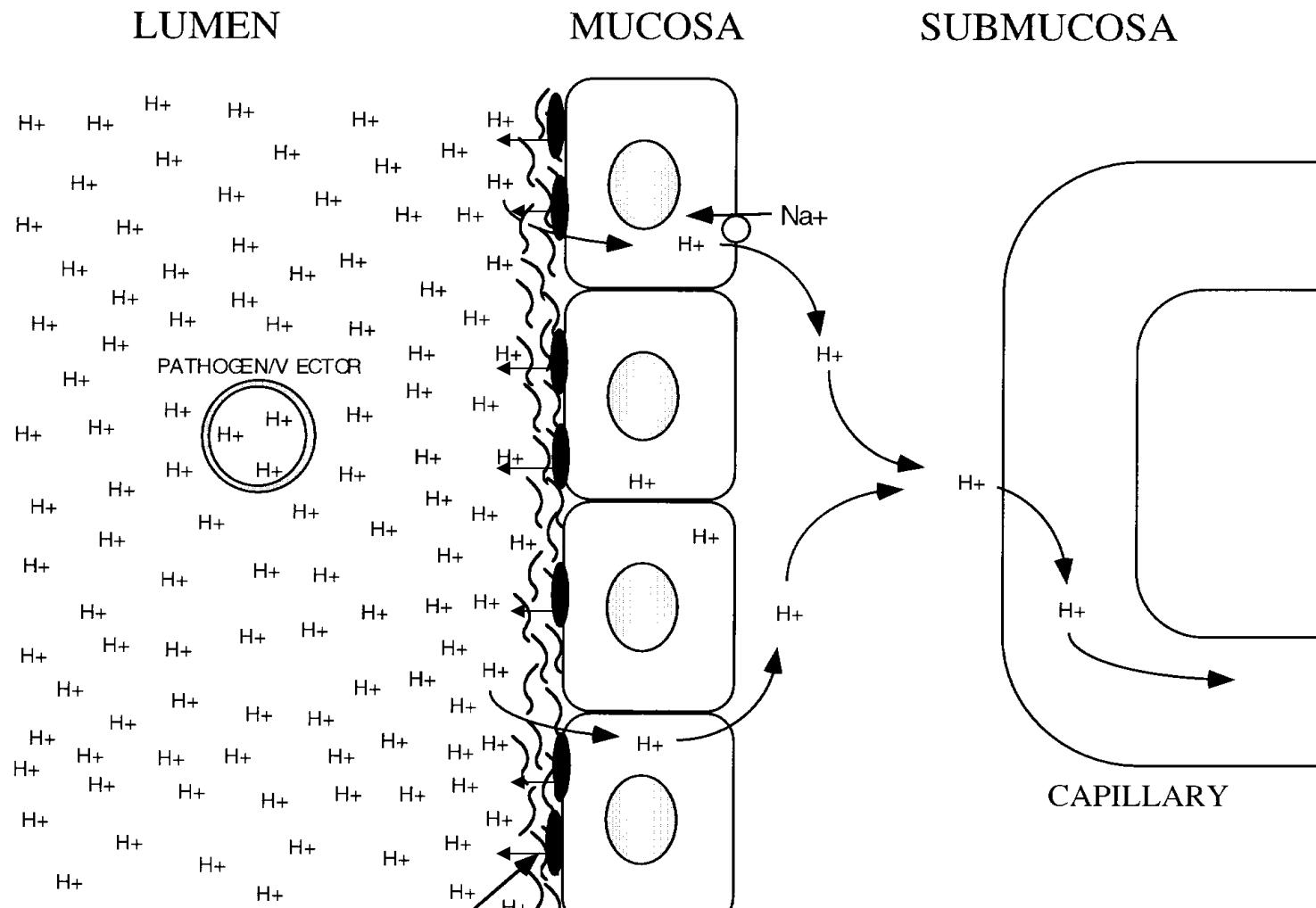
Brotman et al, Menopause, 2013



Low pH immobilizes and kills human leukocytes and prevents transmission of cell-associated HIV in a mouse model

Olmsted, Khanna, et al, BMC Infect Dis 2005

# VAGINAL ACIDITY INACTIVATES CELLS AND PATHOGENS WITHOUT INJURING MUCOSA



Lactobacilli acidify the vagina with lactic acid

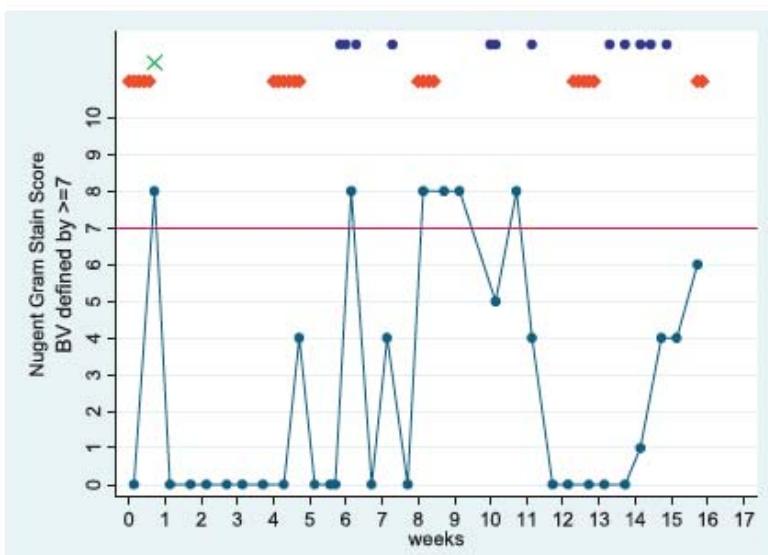
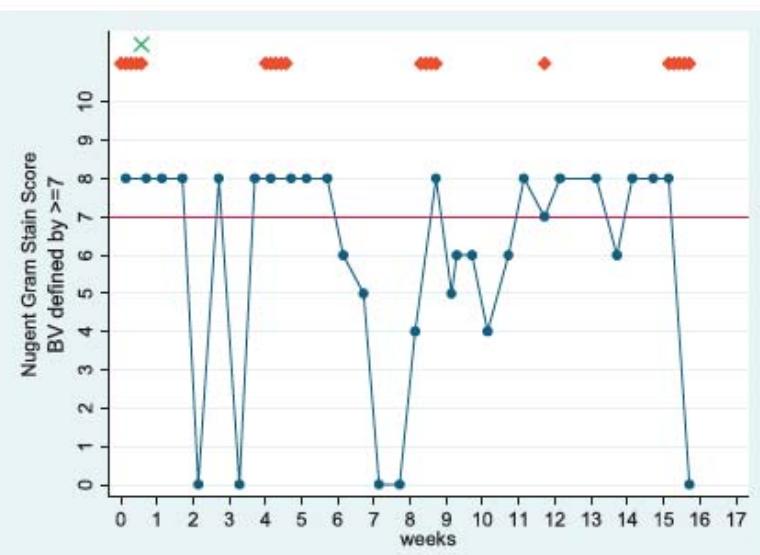
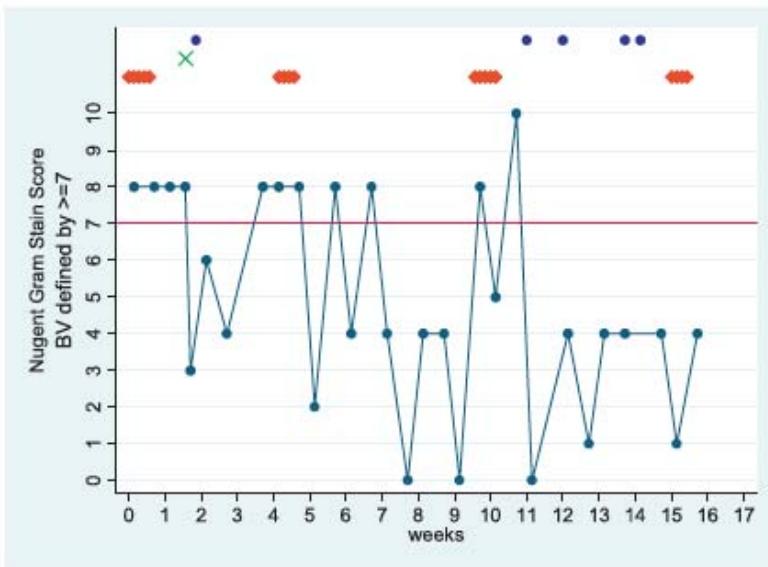
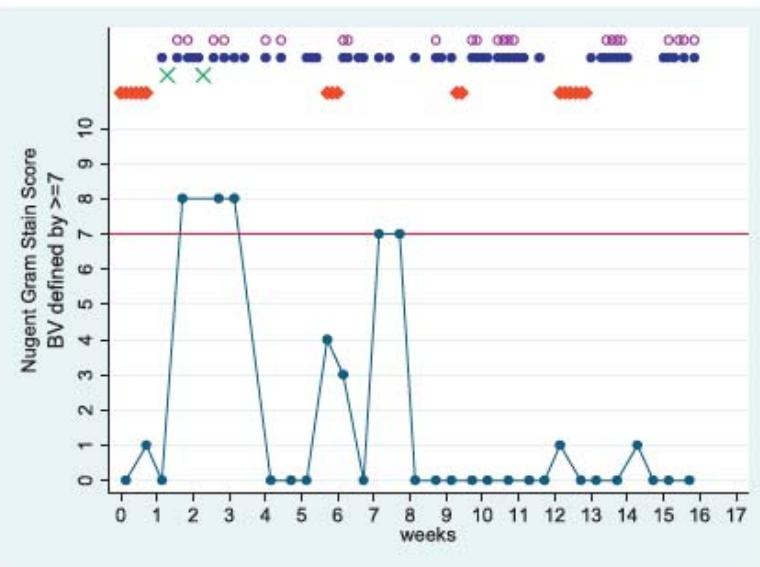
# Rapid fluctuation of vaginal microbiota (over 4 months)

Brotman, Ravel Cone, et al STI 2010

BV

Intermediate

LB



- Nugent score
- receptive oral sex
- penile / vaginal intercourse

- ◆ menses
- ✖ vaginal douche

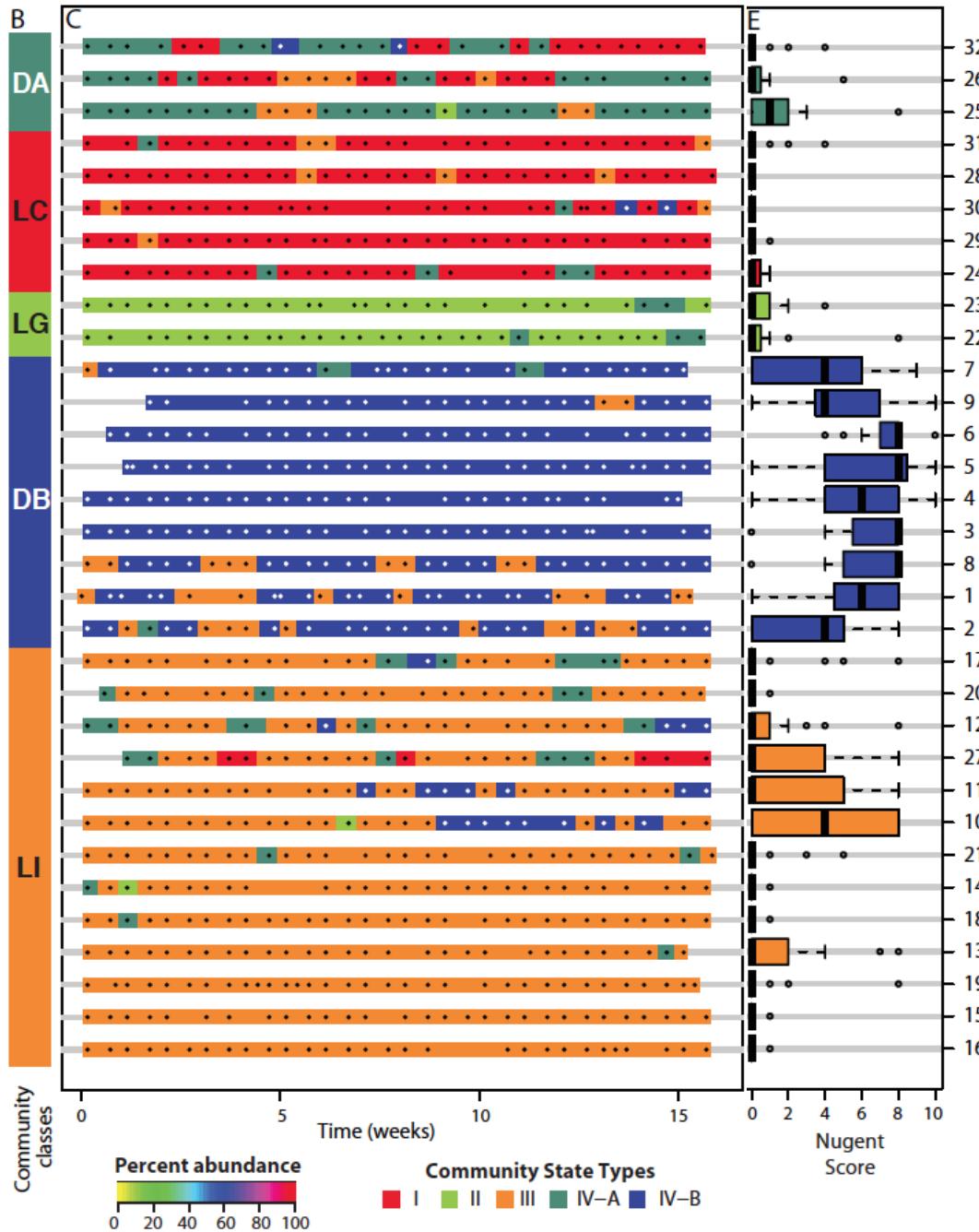
# Temporal Dynamics of the Human Vaginal Microbiota

Communities  
IV-A

*L. crispatus*

IV-B

*L. iners*

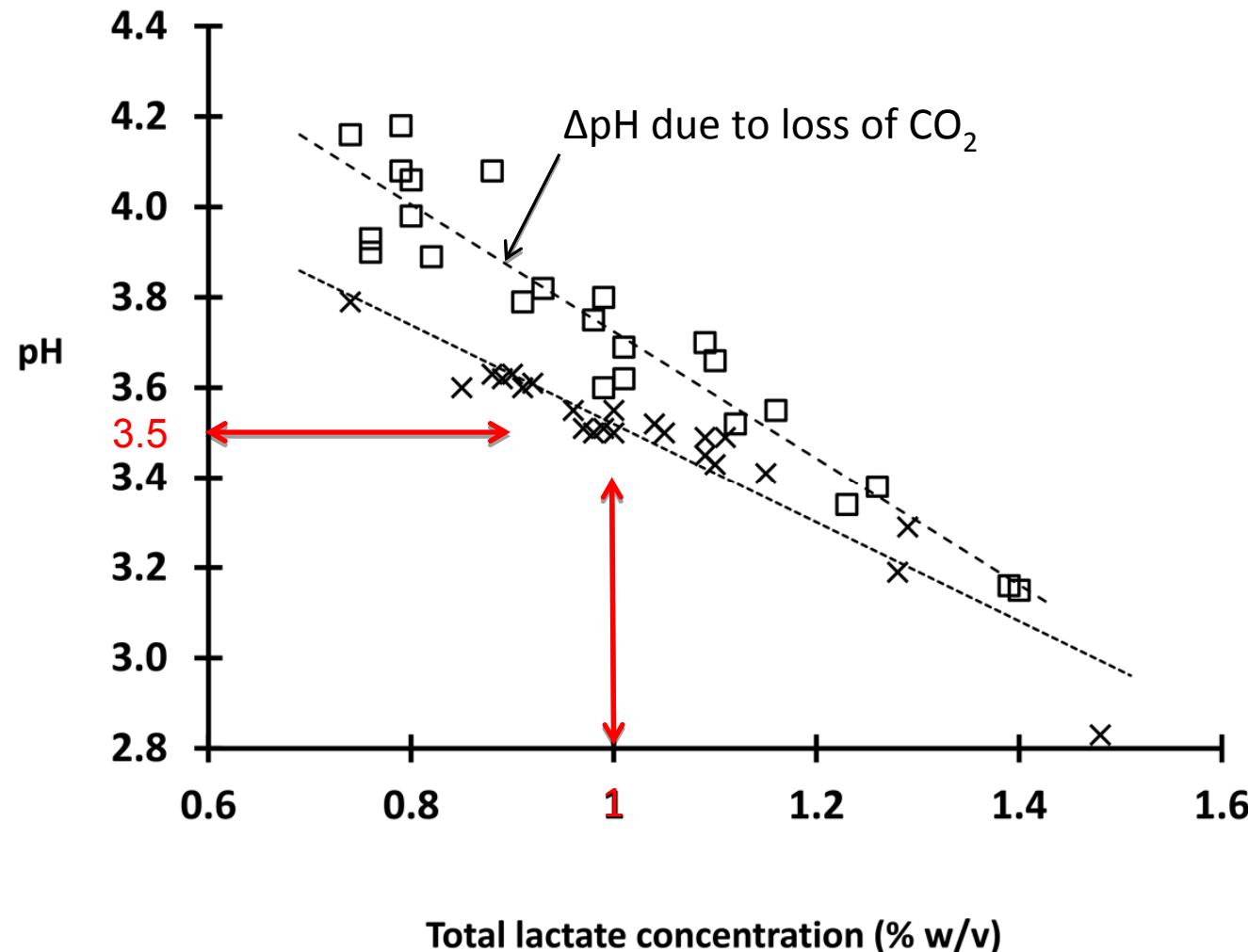


Nugent Scores

Gajer, Brotman et al,  
Sci Transl Med, 2012

Vaginal pH and microbicidal lactic acid concentration when  
*L. crispatus* dominates the microbiota (Nugent Scores 0-3)

Our observations are based on Johns Hopkins students: *L. crispatus* and *L. iners*



*L. crispatus* acidifies vaginal pH to  $\sim 3.5 \pm 0.3$  O'Hanlon et al PLoS One 2013  
and produces a ~racemic mixture of D- and L lactic acid.

When vaginal isolates of *L. crispatus* are cultured, they acidify the medium  
to essentially the same pH and D-/L- ratio as the vagina  
from which they were obtained. Boskey Cone Whaley Moench, Human Reproduction 2001

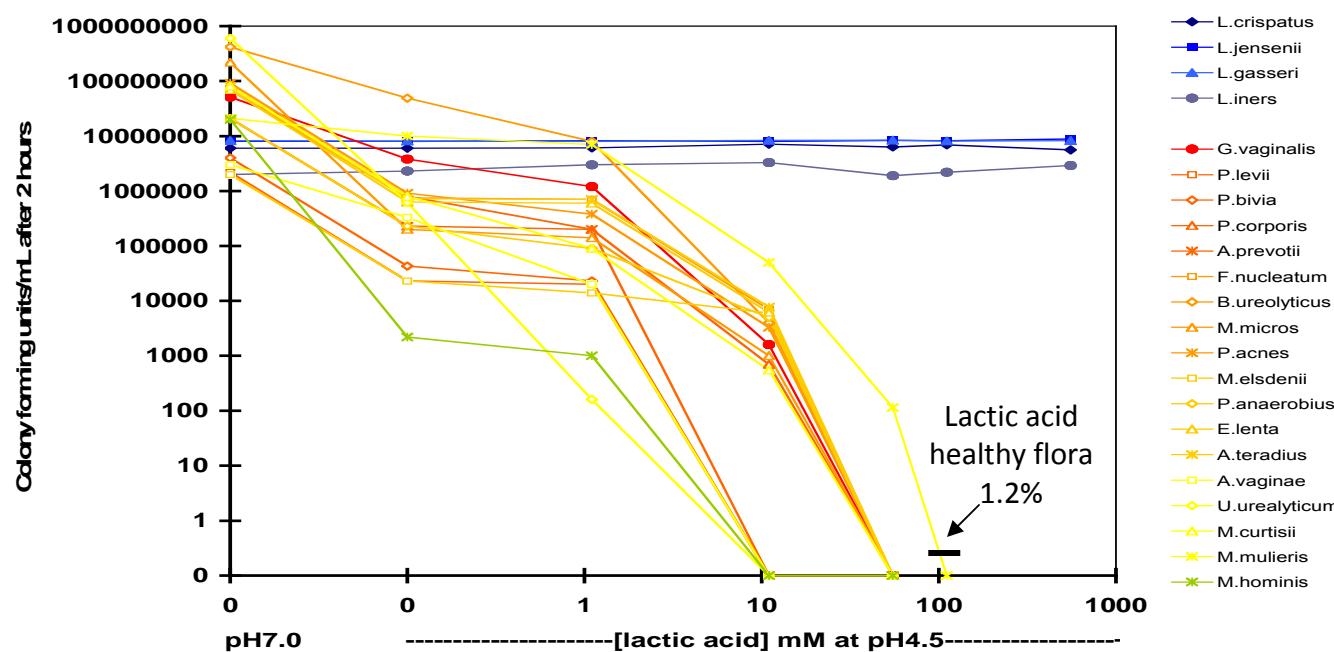
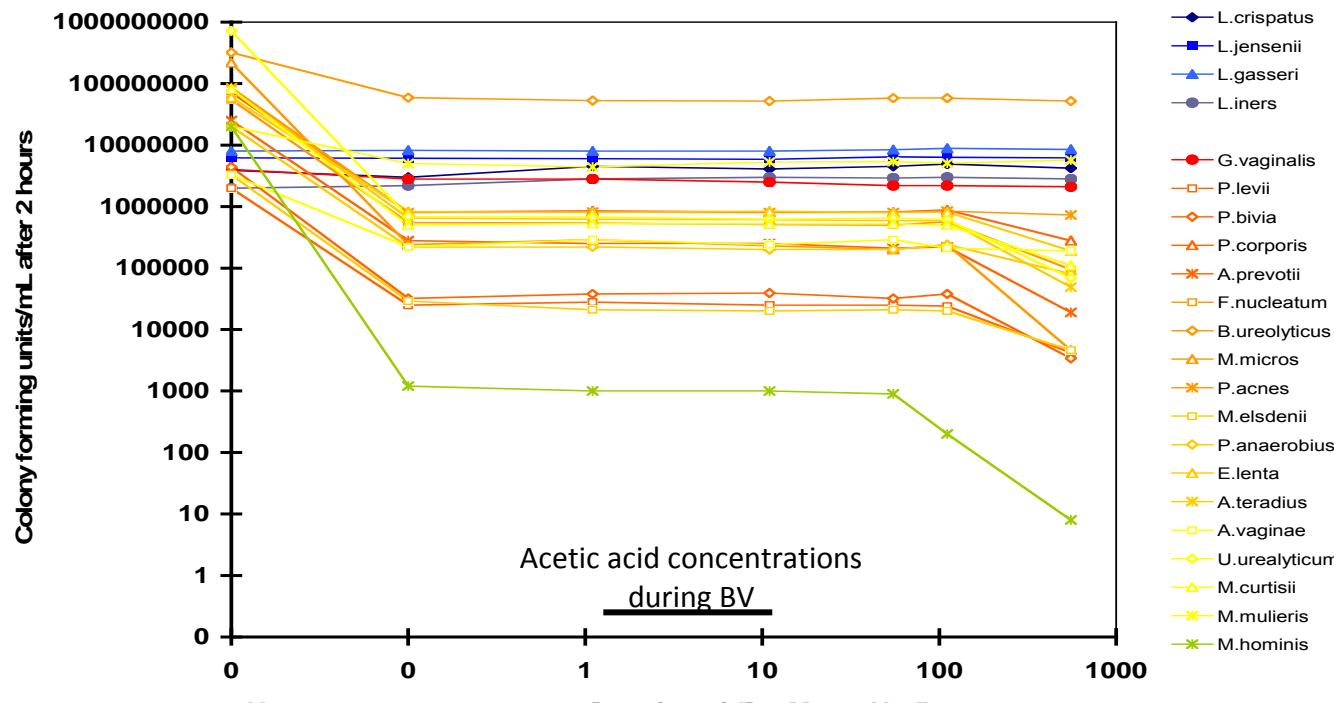
Essentially all our samples from **Hopkins students** are *L. crispatus* and *L. iners*.

We have collected over 250 Hopkins student samples with Nugent scores 0-3  
At least 70 Of these students were black,  
We had only one BV sample, and the donor was white. O'hanlon *in prep*.

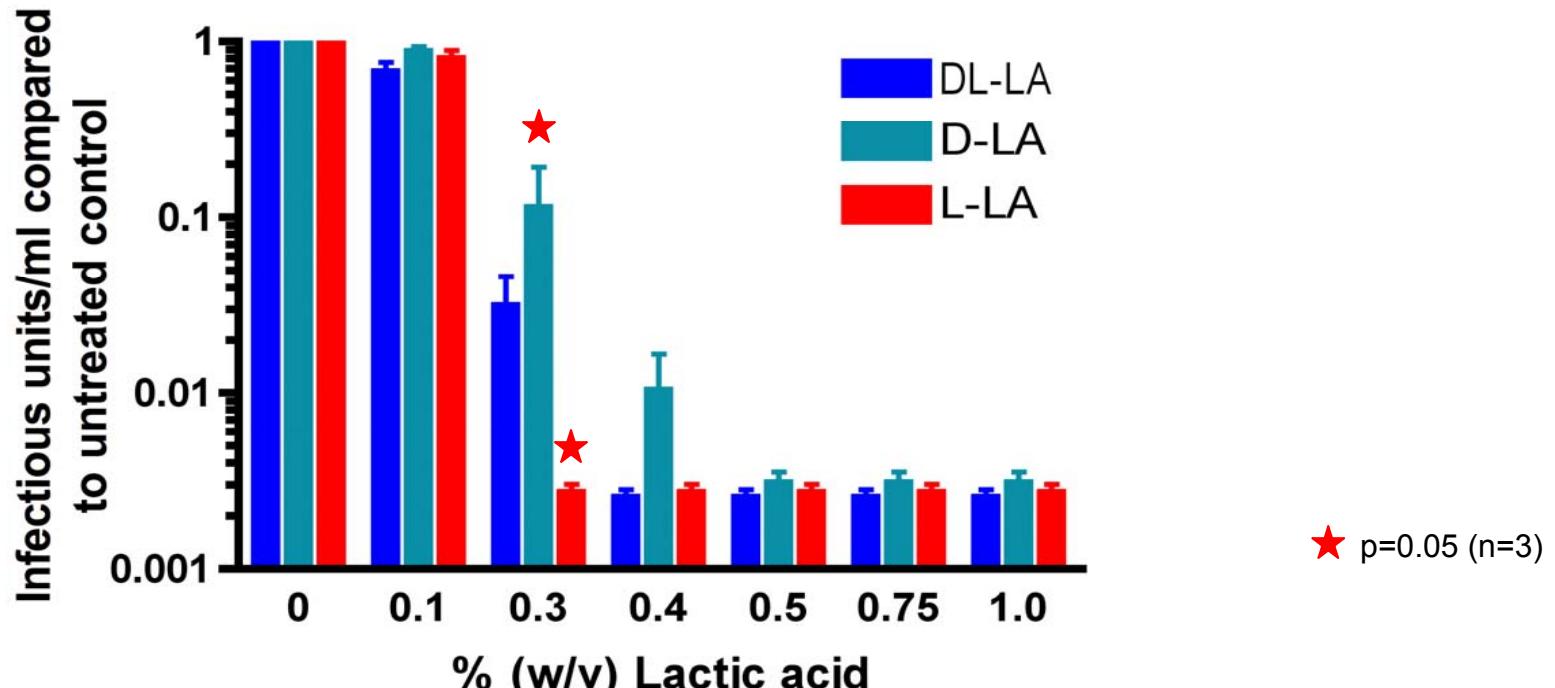
Most of our low Nugent score samples from the **Baltimore STD clinic** are *L. iners*.

*L. iners* produces only the L-isomer. Witkin et al, mBio, 2013

*L. iners* in vitro is less susceptible to the diamines produced by BV-bacteria  
than *L. crispatus*. So *L. iners* “survives” BV better? Li Han Lai JHU Masters Thesis 2010



# L-Lactic acid is more potent than D- and DL-LA in inactivating HIV<sub>Ba-L</sub>

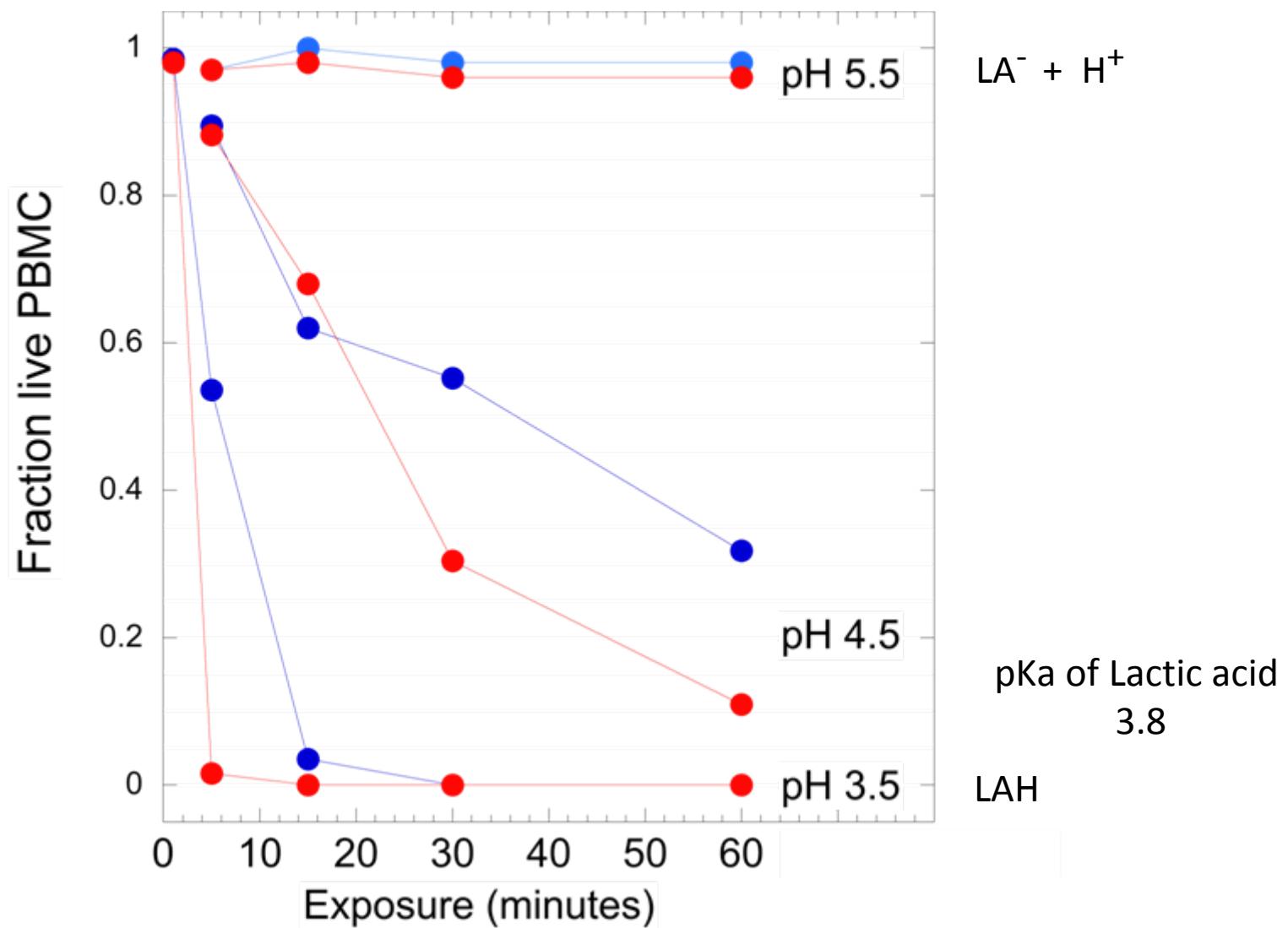


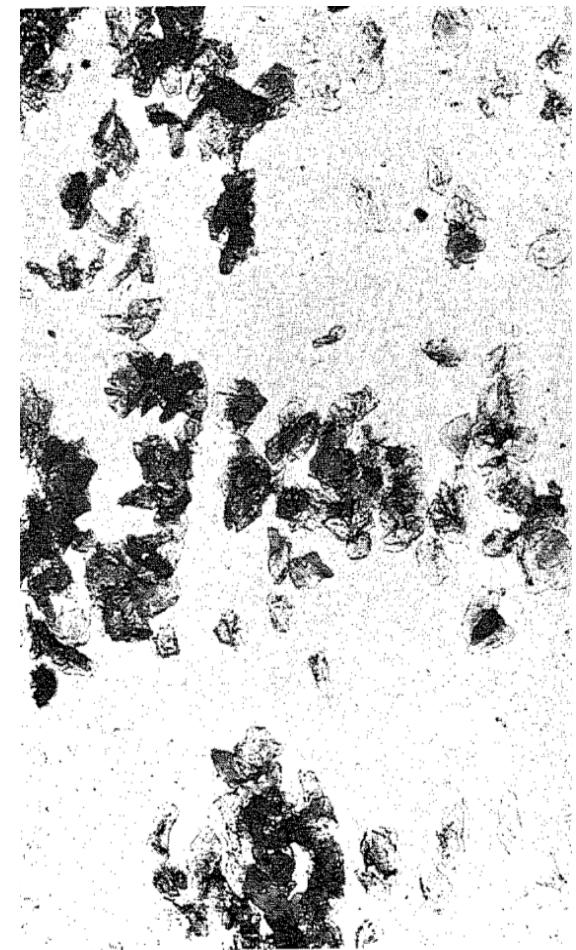
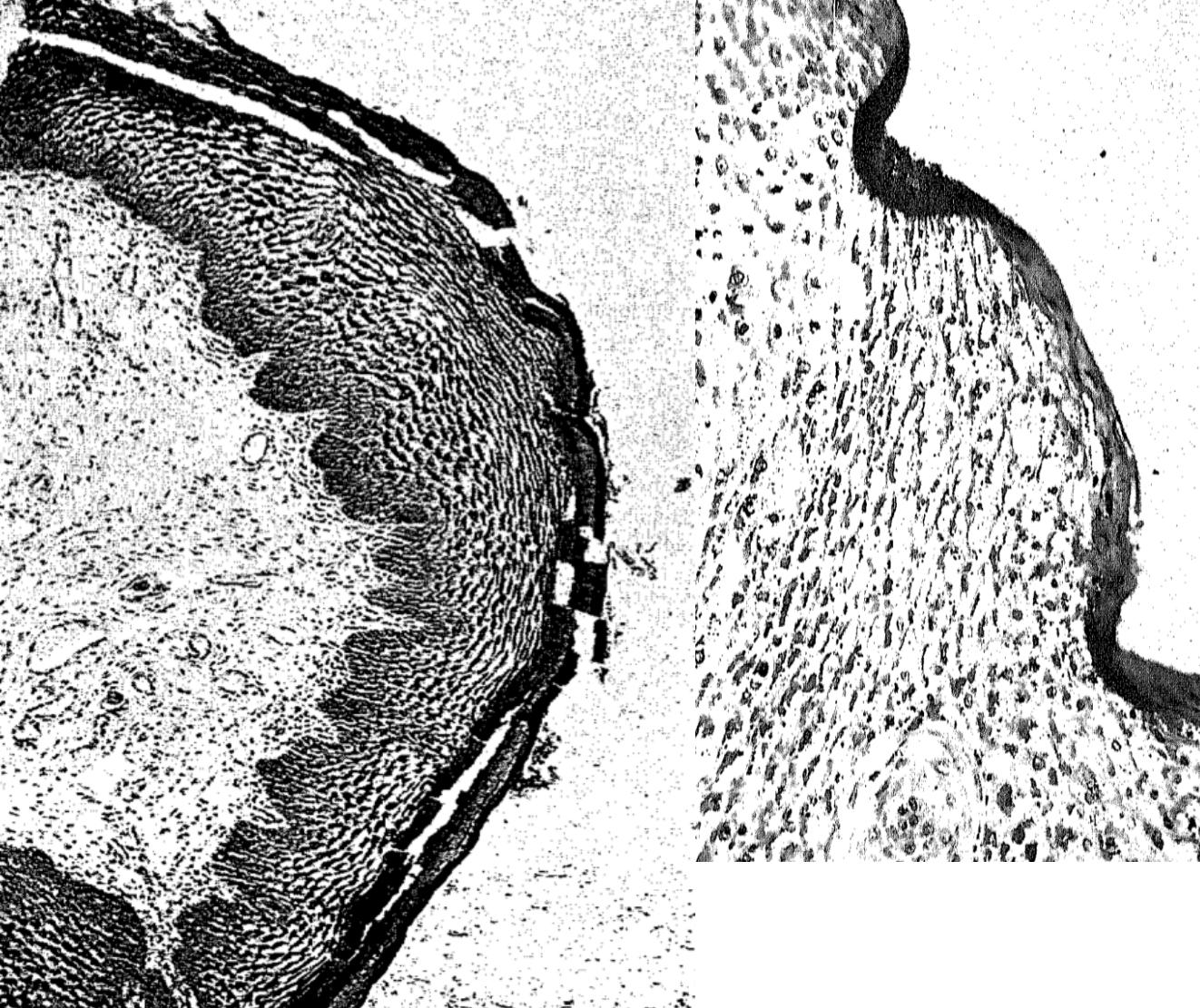
37°C/30 min, dilute and neutralize, infectious virus TZM-bl

**Vaginal concentrations of lactic acid potently inactivate HIV**

Aldunate, Tysssen, Johnson, Zakir, Sonza, Moench, Cone, Tachedjian, J. Antimicrob Chemother 2013

Acid inactivation of PBMC at 37°C in RPMI media  
acidified with HCl or 0.5% Lactic Acid





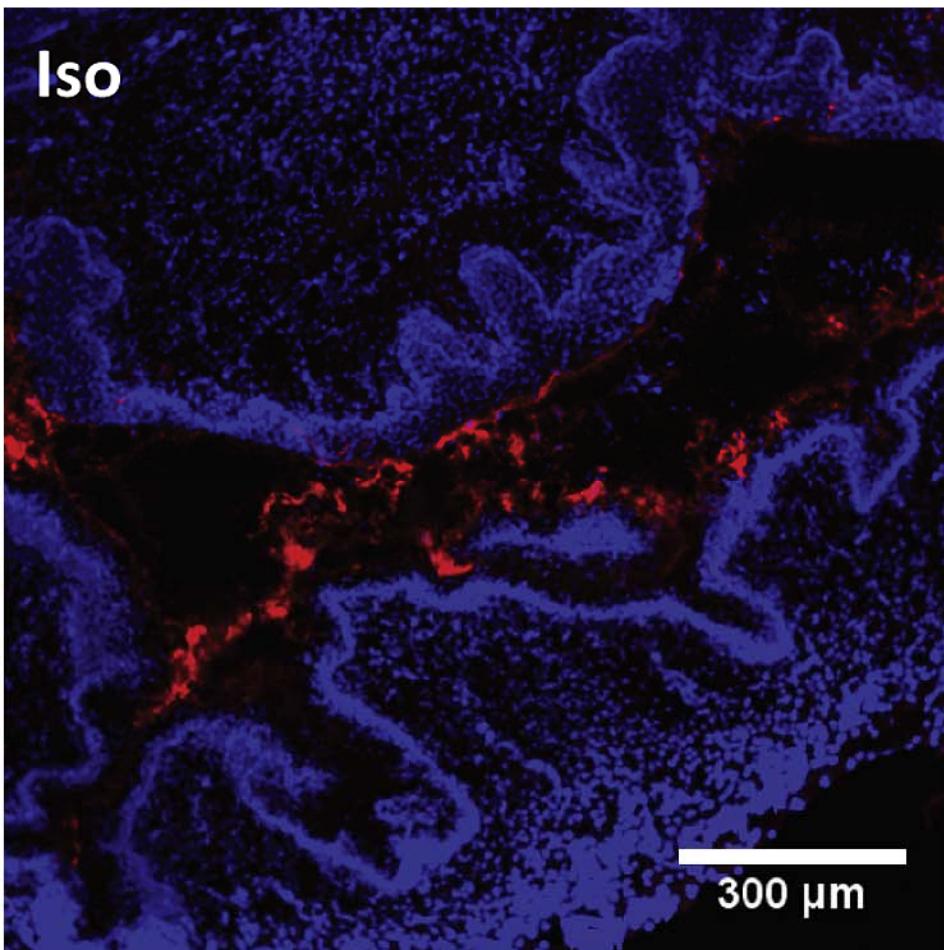
Human vaginal epithelium and shed cells stained for glycogen

# Enhanced vaginal drug delivery through the use of hypotonic formulations that induce fluid uptake

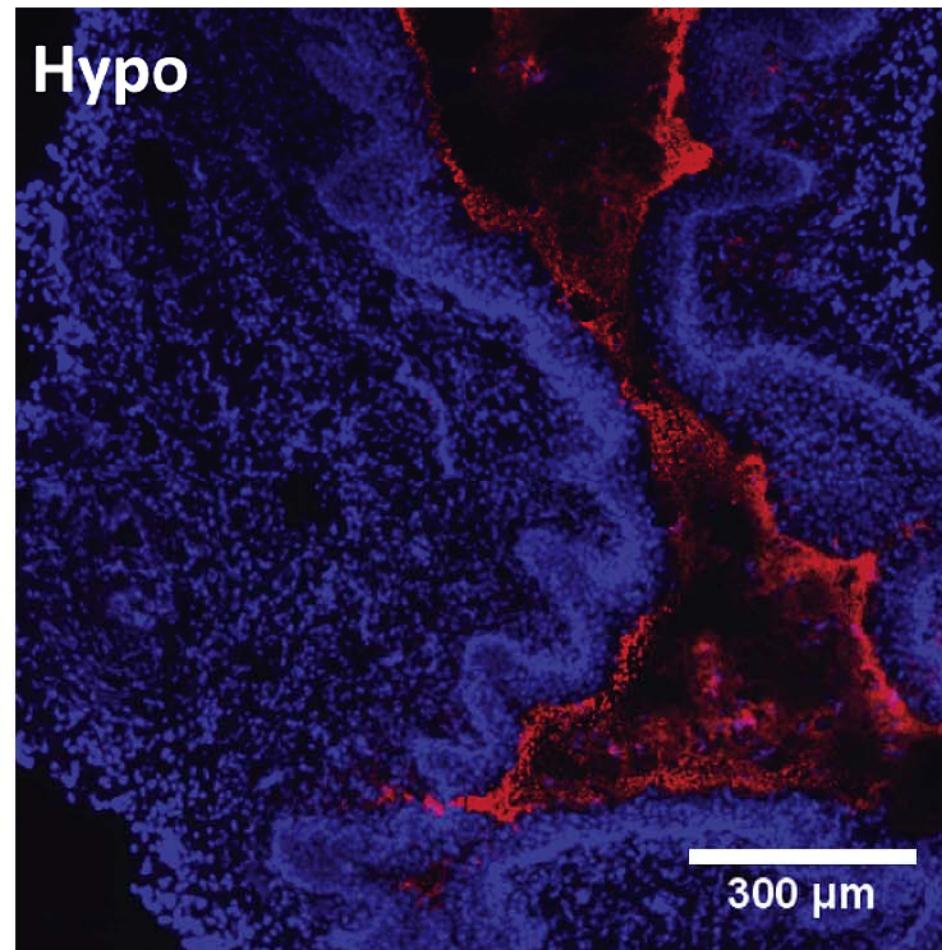
Ensign, Hoen, Maisel, Cone, and Hanes

Biomaterials 2013

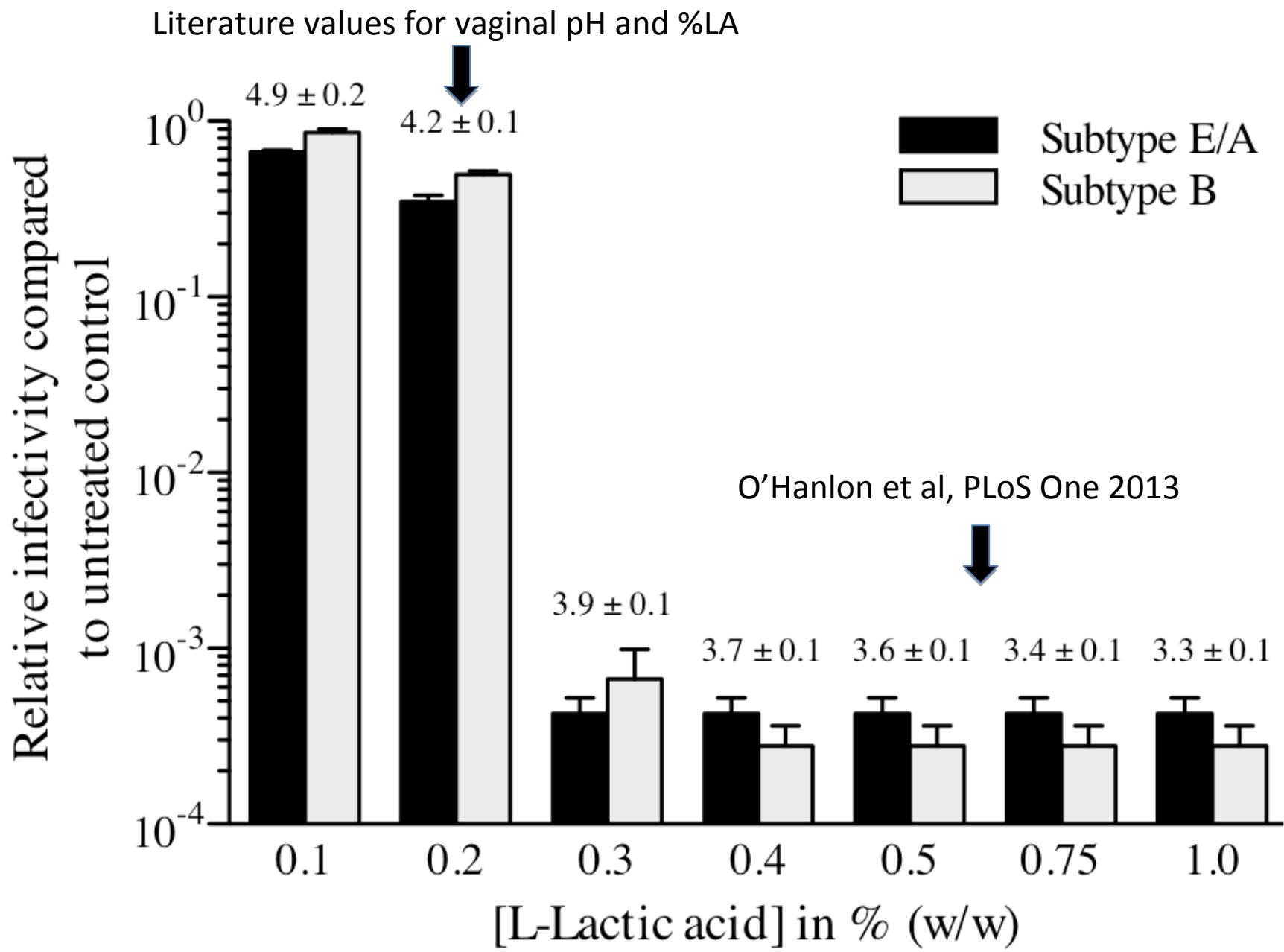
Iso



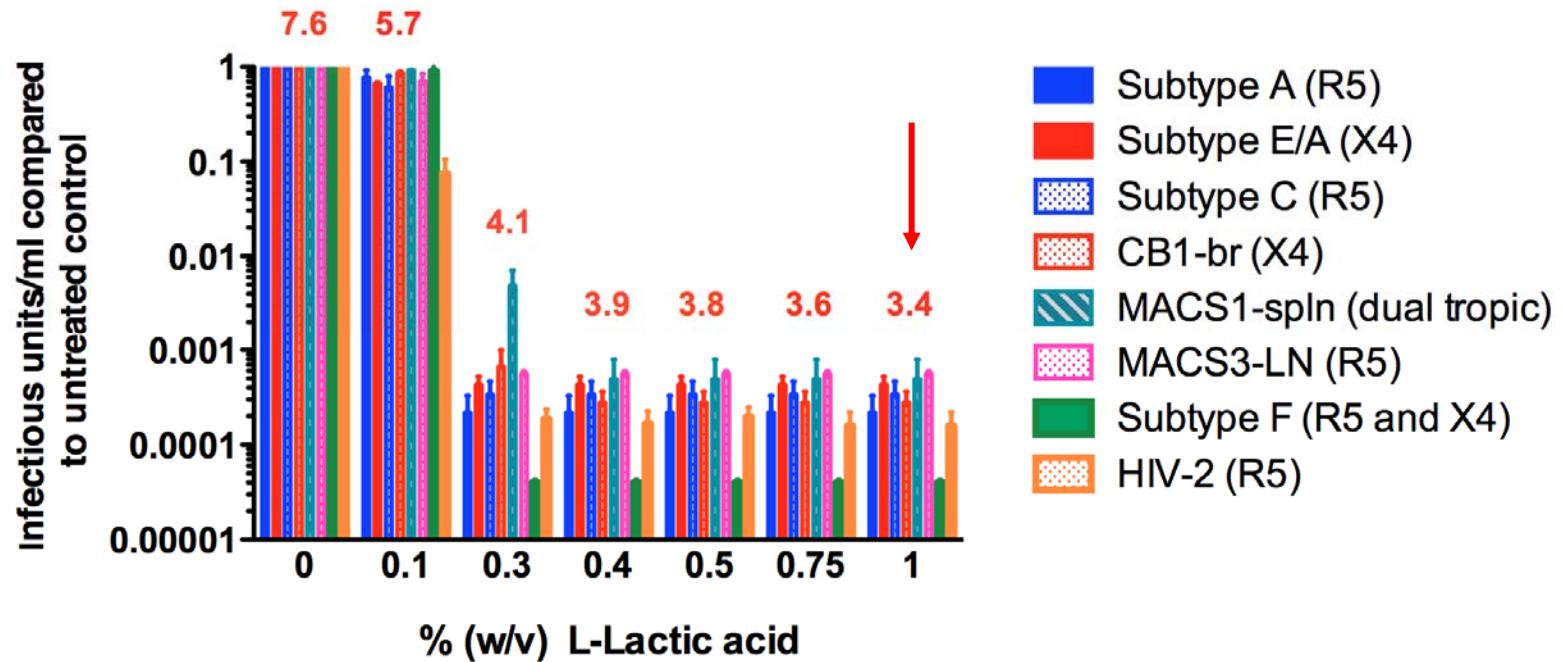
Hypo



Mucus penetrating particles 100 nm in diameter delivered acyclovir more effectively than free drug for preventing HSV infections in the mouse vagina.  
“Advection” transport caused by osmotically driven absorption of water from the lumen.



# L-LA inactivates different HIV-1 subtypes, X4 and R5 strains, patient isolates and HIV-2



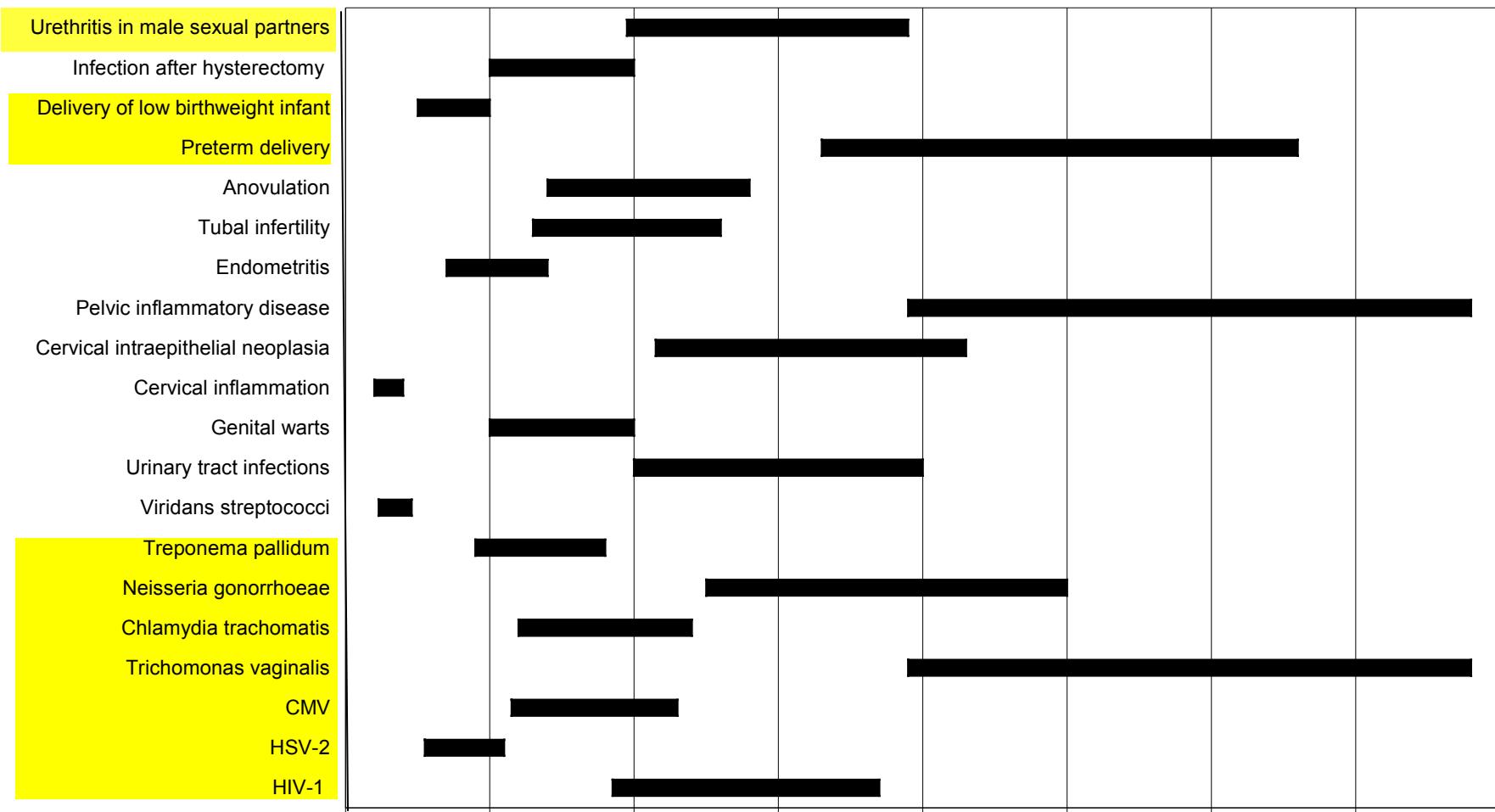
Inactivation by LA is pH dependent  
and appears irreversible

37°C/30 min, dilute and neutralize, infectious virus TZM-bl

Vaginal concentrations of lactic acid potently inactivate HIV

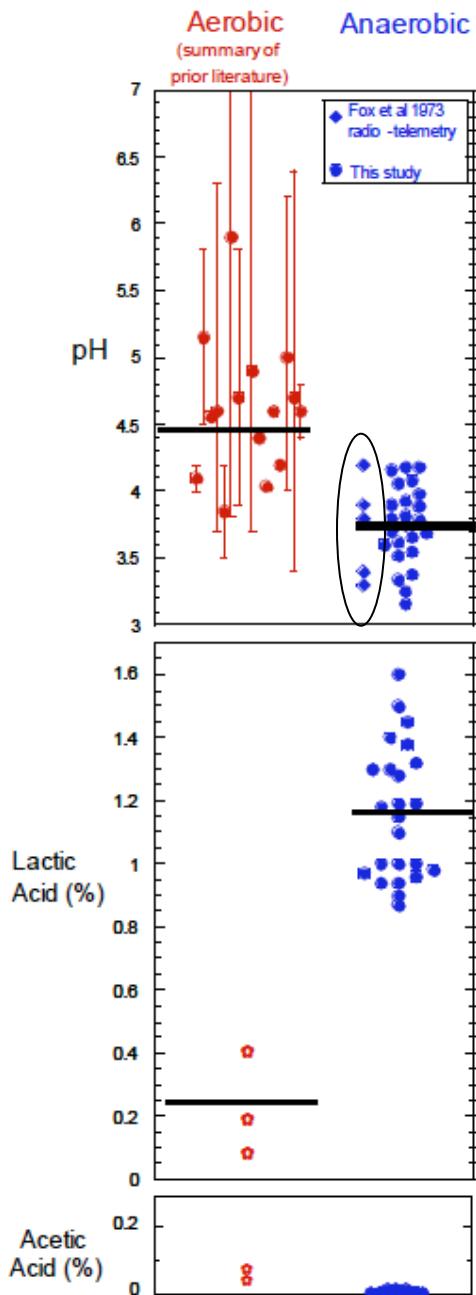
Aldunate, Tyssen, Johnson, Zakir, Sonza, Moench, Cone, Tachedjian, , J. Antimicrob Chemother 2013

## Protective effect if 'healthy' or 'intermediate flora' present at day of trial entry



Protective effect    50%    70%    80%    90%    94%  
of no BV on day 1

## Summary of Aerobic versus Anaerobic observations:



Microbicide production by vaginal lactobacilli:vaginal acidity (pH) and lactic acid are more potent than previously reported.

Deirdre E. O'Hanlon\*, Thomas R. Moench, MD†, Suzanne Harrold\*, Richard A. Cone, PhD\*†  
•Thomas C. Jenkins Department of Biophysics, Johns Hopkins University; †ReProtect Inc., Baltimore MD

Microbicides 2008, New Delhi, Poster TA-23

## Only a minority of women have a ‘normal’ vaginal microbiota

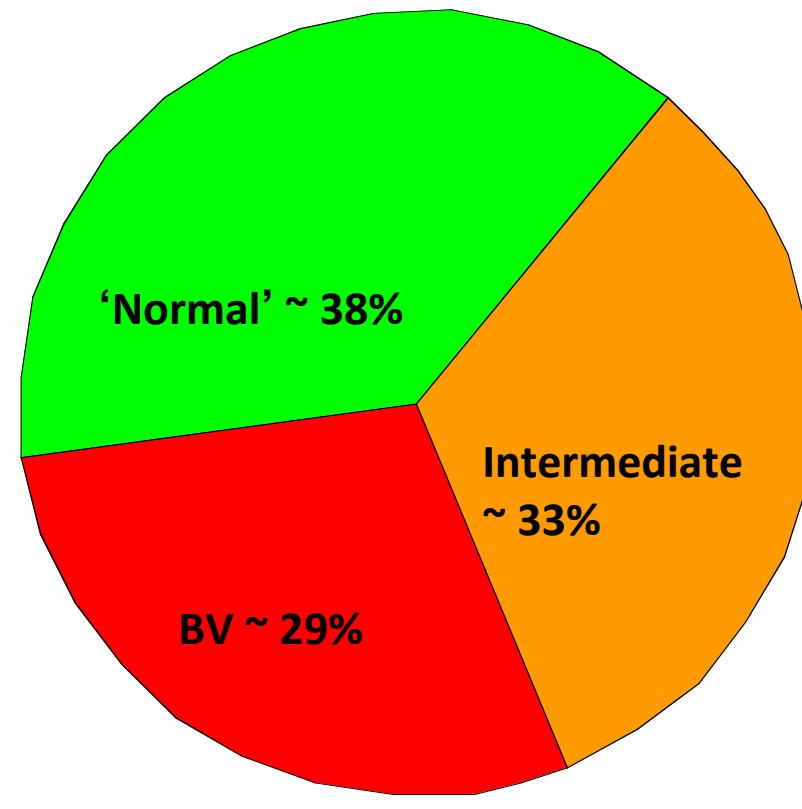
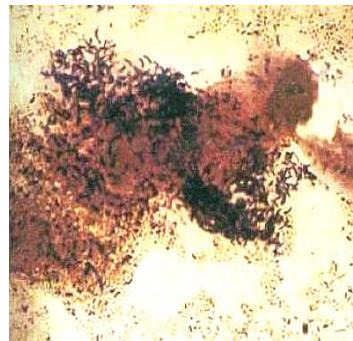
### ‘Normal’:

Viscoelastic Mucus  
Light gram positive  
monoculture  
pH 3.5  
1% Lactic acid



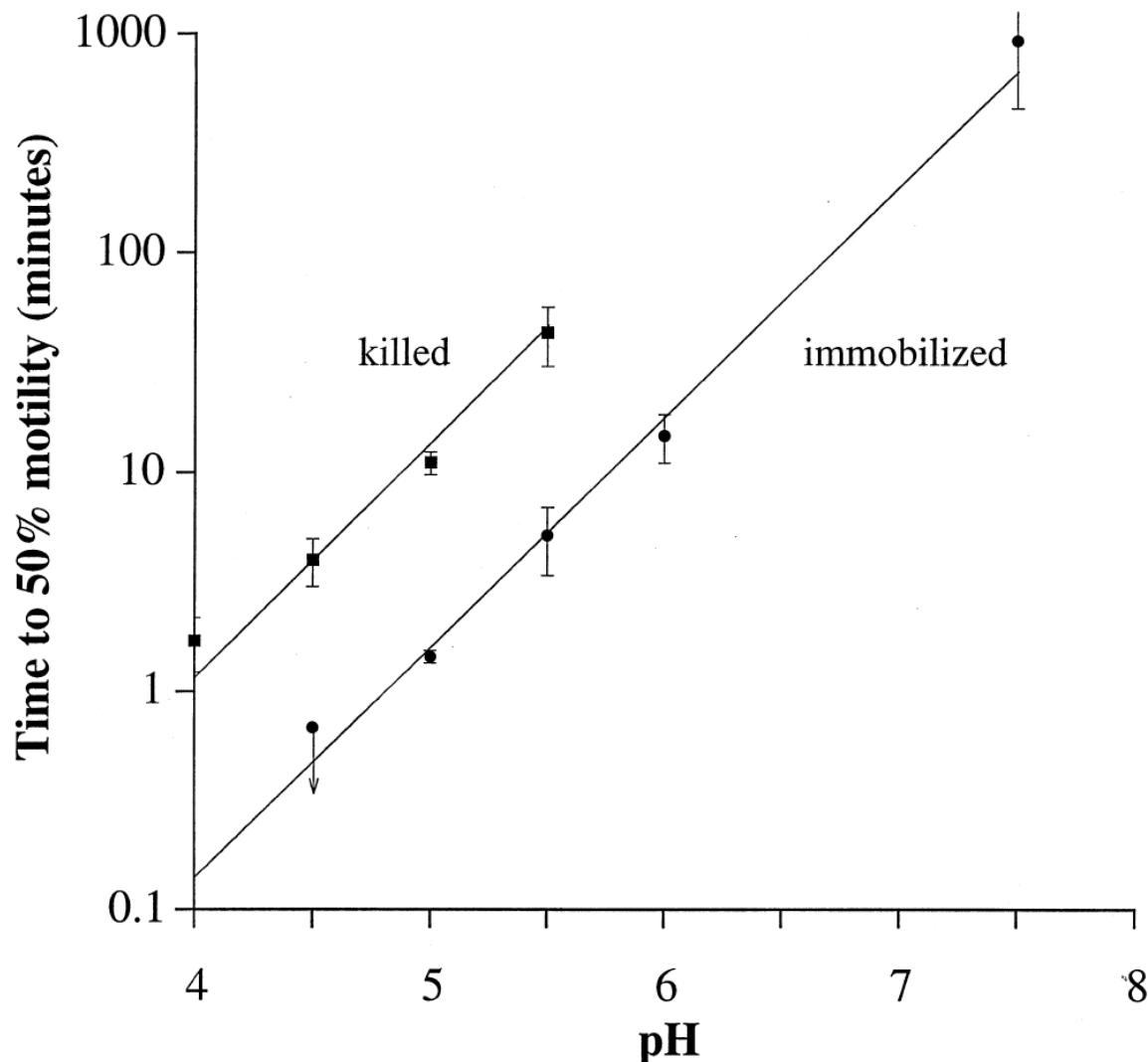
### BV:

Variable discharge  
Heavy polyculture  
pH  $\geq 4.5$   
Succinic acid  
Acetic acid  
Butyric acid  
Putrescine  
Cadaverine  
Tyramine  
(fishy odor)



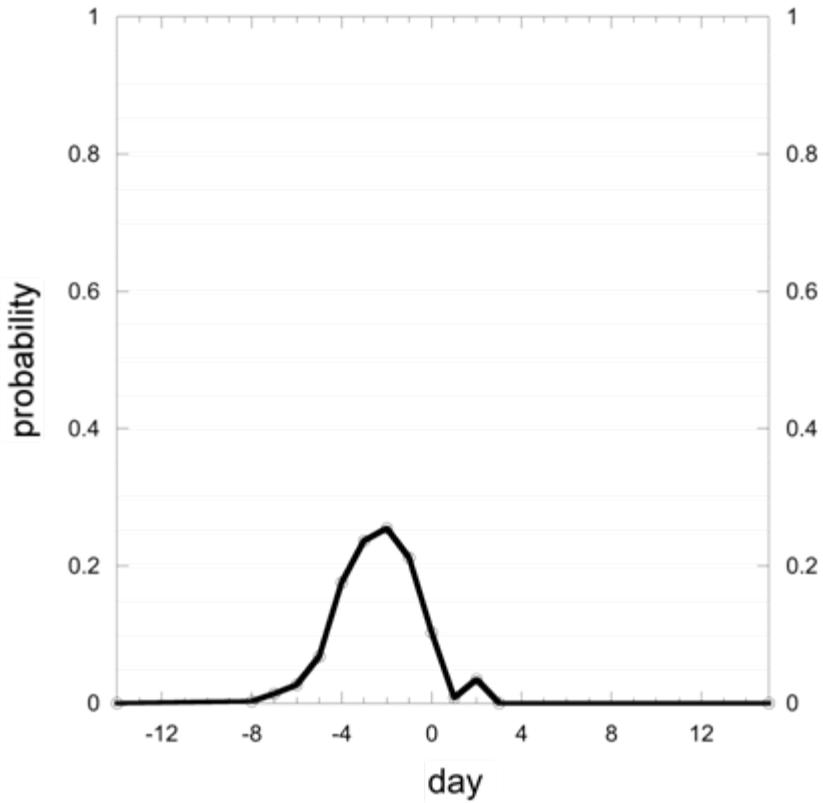
% of U.S. women  
on any given day

Allsworth JE, Peipert JF Prevalence of bacterial vaginosis: 2001-2004 National Health and Nutrition Examination Survey data. Obstet Gynecol. 2007 Jan;109(1):114-20. (3,727 women)



The rate at which human sperm are immobilized and killed by mild acidity  
Olmsted, Dubin, Cone and Moench  
Fertil Steril 2000

Probability of conception vs day in cycle

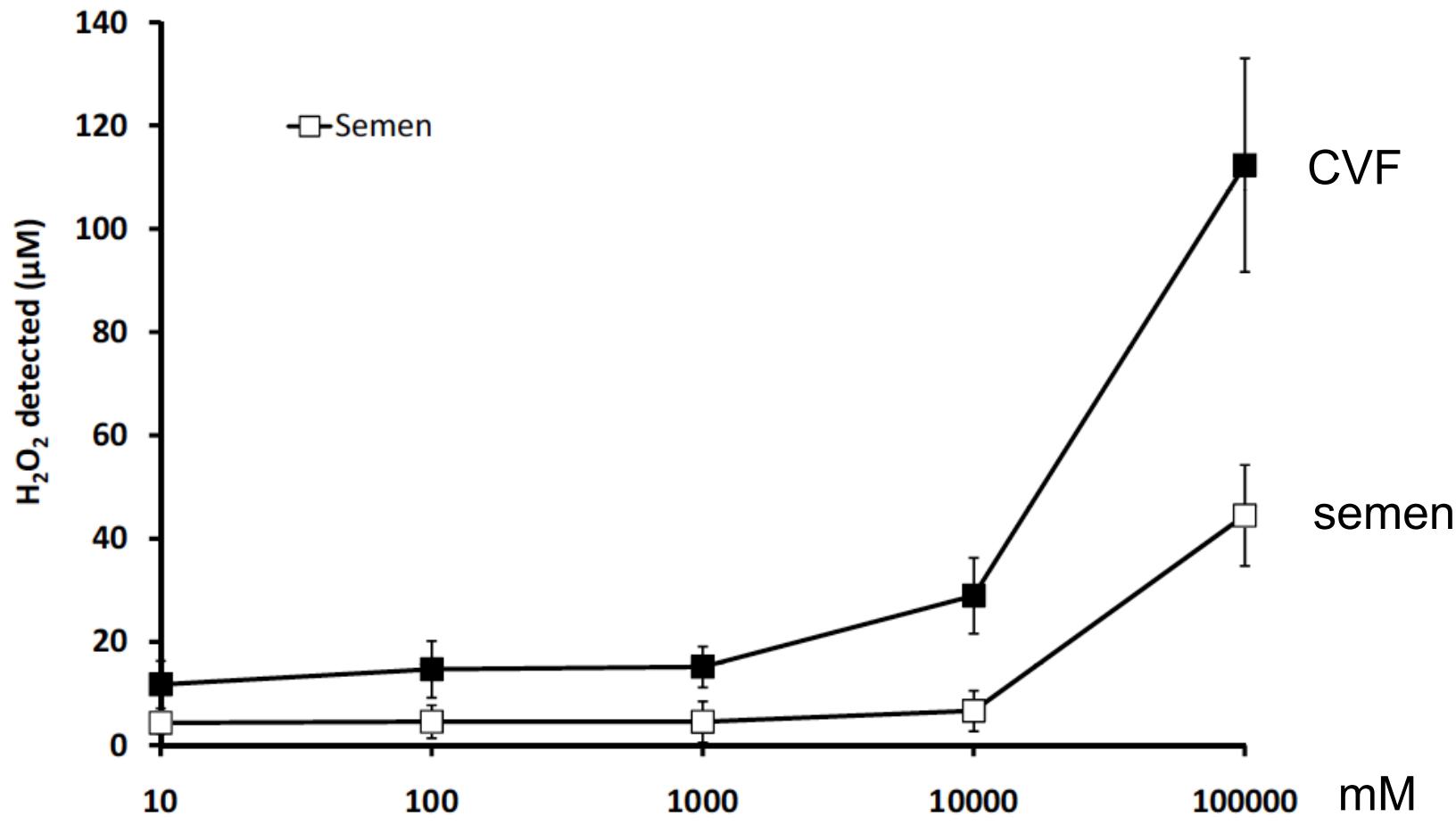


Probability per intercourse: ~1.4%

**Cervicovaginal fluid (CVF) and semen block the microbicidal activity of (the virtually undetectable) hydrogen peroxide produced by vaginal lactobacilli**

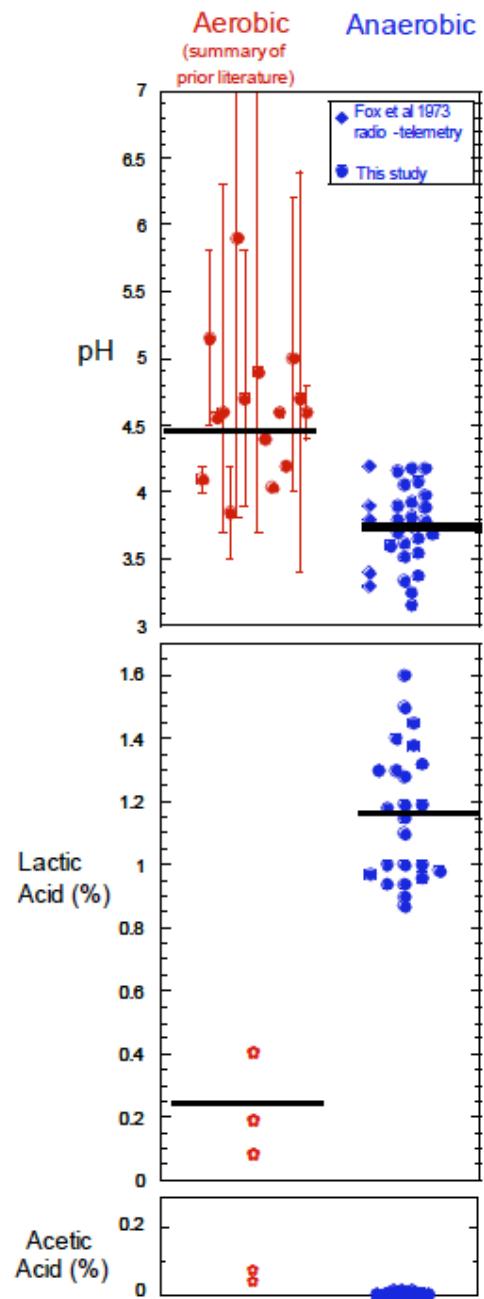
O'Hanlon, Lanier, Moench and Cone

BMC Infect Dis 2010



$\mu\text{M}$  concentration of  $\text{H}_2\text{O}_2$  detected by Amplex Red<sup>®</sup> assay in CVF ( $n = 8$ ) and semen ( $n = 6$ ) samples, versus the  $\text{mM}$  concentration of exogenous  $\text{H}_2\text{O}_2$  added to the samples.

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Microbicides 2008, New Delhi, Poster TA-237