



Chronic Pain?

Diabetes?

High Blood
Pressure?

Obesity?

High
Cholesterol?

**Consider
Integrative
Medicine Group
Visits for your
health!**

If you have chronic pain, diabetes, high blood pressure, obesity or high cholesterol, Integrative Medicine Group Visits may be for you.



For more information:

Call 617-414-6795

Danielle Dresner

*Integrative Medicine Clinical
Services Coordinator*

[www.bumc.bu.edu/integrative
med](http://www.bumc.bu.edu/integrative_med)

Adults of all ages and backgrounds from Boston Medical Center are encouraged to call.

Integrative Medicine Group Visits



Family Medicine

At Boston Medical Center and Boston University

Do you have chronic pain?



Do you have diabetes, hypertension, high cholesterol, or another condition that might affect your heart health?



If you suffer from one of these conditions...

You may be able to participate in Integrative Medicine Group Visits for your health.



What is an Integrative Medicine Group Visit (IMGV)?

- IMGVs are group medical appointments where you meet with a doctor, other health professionals, and patients like you
- IMGVs teach you ways to care for yourself and let you meet and learn from other patients
- In a group visit session, you will have the chance to try integrative medicine therapies like meditation, yoga, massage, healthy cooking classes and acupuncture
- Integrative Medicine Group Visits treat your mind, body and spirit

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