

TIPS FOR YOUR ERAS MEDICINE APPLICATION

2021 APPLICATION CYCLE

Sonia Ananthakrishnan, MD

Craig Noronha, MD



Objectives

- We are excited to support you as you finalize your application in Medicine
 - *Introductions*
- ERAS tips for 2021
 - *<https://www.bumc.bu.edu/im-student-education/applying-in-internal-medicine/>*

Applying in Medicine

- **Categorical track**

- Traditional 36-month training program that balances inpatient and outpatient **medicine** across all of the specialties within internal **medicine** and prepares trainees for careers in general internal **medicine** practice, hospital **medicine**, or subspecialty fellowships

- **Primary Care track**

- Highlights ambulatory care setting, program curriculum provides training that includes more outpatient time
- If interested, touch base in Catherine Rich, MD in the residency program office

Reminder for IM applicants

- Meet with your FSA to review ERAS, PS and program lists
- LORs- How to ask for LORs? Start of the rotation, End of rotation?
- Send Dr. Ananthakrishnan and Fatima Chaudhry by Friday August 20th:
 - *Eras letter request form*
 - *CV, Draft PS and ERAS*
- ERAS deadline on Wednesday September 29, 2021 (Sept 19th for the supplemental application)
- Expect interviews Nov 2021- Jan 2022, Virtual recommended
- More on interviews:
 - ***September 2021*** The BMC Internal Medicine Residency program will run their annual session for BUSM students applying in Internal Medicine on tips for approaching this interview season.

Student checklist for applying in IM

	Details/Goals
CV	Don't do much editing, ERAS CV is different
Personal Statement	Workshops w SAO July/August
LOR#1	Subl
LOR#2	Clinical vs. ?Research, extracurricular
LOR#3 (only some programs)	Prefer 4 th year, but accept 3 rd year, prefer IM
Dean's letter- MSPE	Meet with your SAO dean
Meeting with Chair/CD	DOM Departmental letter Meet w Dr. Ananthakrishnan Meet w Dr. Coleman
ERAS Application & Supplement	DOM Review session in August
Interview Coaching	DOM Meeting in Sept/Oct on interview tips
Program List	Finalize by early September

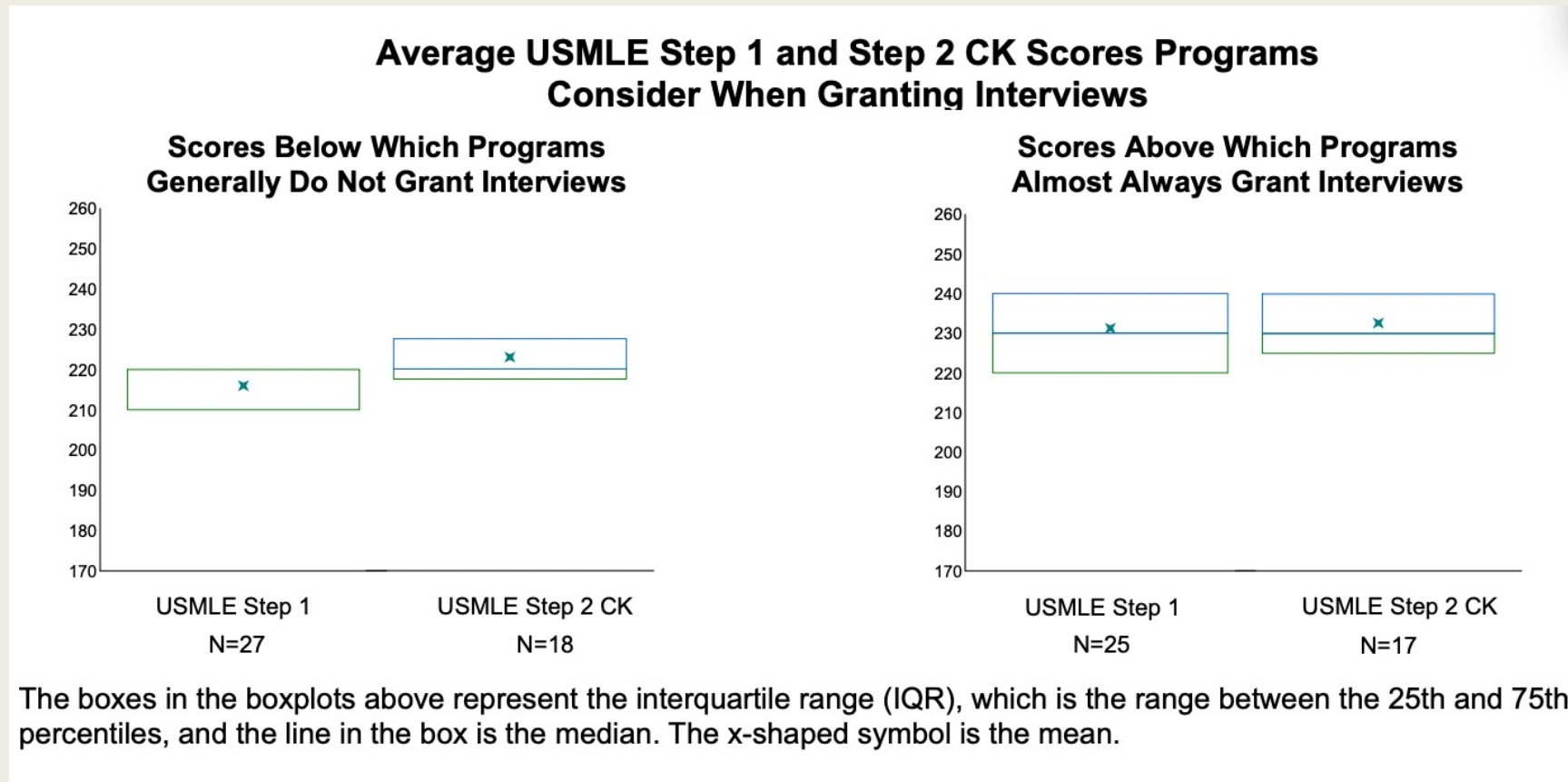
**Table
IM-1****Summary Statistics on U.S. Allopathic Seniors
*Internal Medicine***

Measure	Matched (n=3,070)	Unmatched (n=59)
1. Mean number of contiguous ranks	12.6	3.6
2. Mean number of distinct specialties ranked	1.0	1.3
3. Mean USMLE Step 1 score	233	207
4. Mean USMLE Step 2 score	246	223
5. Mean number of research experiences	3.1	2.1
6. Mean number of abstracts, presentations, and publications	5.1	2.9
7. Mean number of work experiences	2.9	3.4
8. Mean number of volunteer experiences	6.8	5.5
9. Percentage who are AOA members	16.7	1.7
10. Percentage who graduated from one of the 40 U.S. medical schools with the highest NIH funding	33.6	15.3
11. Percentage who have Ph.D. degree	4.9	1.8
12. Percentage who have another graduate degree	17.6	35.7

Note: Only U.S. allopathic seniors who gave consent to use their information in research are included.

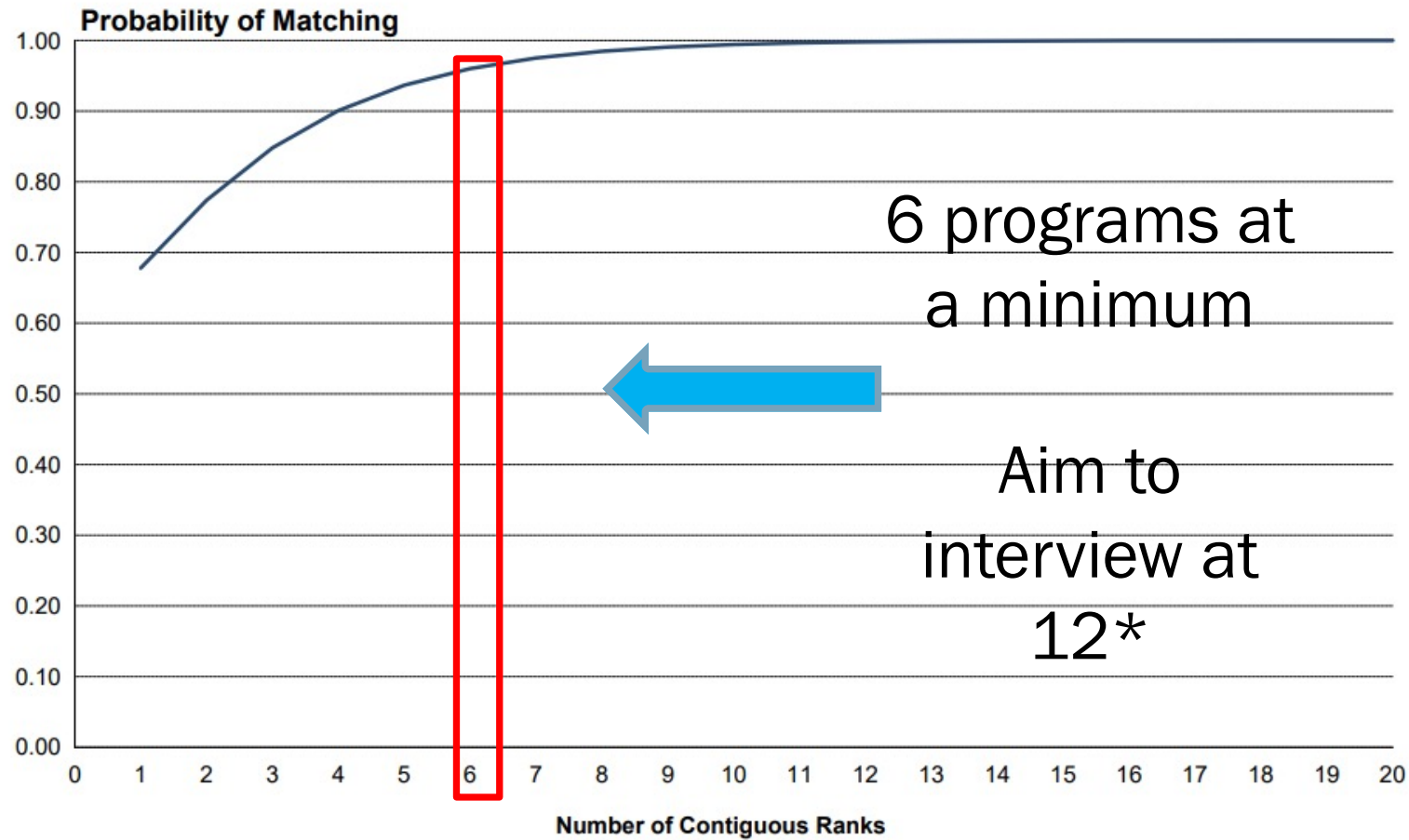
Sources: NRMP Data Warehouse; Top 40 U.S. medical schools with the highest NIH funding in measure 10 is from the NIH website (<http://report.nih.gov/award/index.cfm>).

Internal Medicine Step 1 and Step 2 scores



**Graph
IM-1**

**Probability of U.S. Allopathic Seniors Matching to Preferred Specialty by Number of
Contiguous Ranks**
Internal Medicine



Source: NRMP Data Warehouse. Note: Probabilities calculated based on 2016-2018 applicants

ERAS Tips

- <https://www.medschool.umaryland.edu/media/SOM/Offices-of-the-Dean/Student-Affairs/documents/ERAS-Sample-Application.pdf>
- Start with a good picture
 - *If possible, professional pictures (try pharmacy photo booth)*

MyERAS Application

General Information

Name: *Robert, Dorcas*
Previous Last Name:
Preferred Name:
Most Recent Medical School: *University of Maryland School of Medicine*

Email: *drobert@som.umaryland.edu*
Gender: *Female*
Birth Date: *06/16/1902*
Authorized to Work in the U.S.: *Yes*
Current Work Authorization: *Citizen, Legal Permanent Resident, Refugee, Asylee*

Applicant ID: *2020178395*
AAMC ID: *14726279*

USMLE ID:
NRMP ID:
Participating in the NRMP Match: *Yes*
Participating as a Couple in NRMP: *No*

Self Identification:

Present Mailing Address:
*685 W. Baltimore Street
Baltimore, MD 21201*
Preferred Phone #: *410-706-3649*
Alternate Phone #:
Mobile #:
Pager #:
Fax #:

Permanent Mailing Address:
*685 W. Baltimore Street
Baltimore, MD 21201*
Phone: *410-706-3649*

Military Service Obligation/Deferment? *No*
Other Service Obligation? *No*

Misdemeanor Conviction in the United States?

Limitations?

Medical Licensure

ACLS:
PALS:
BLS:
DEA Reg. #: *None*
Board Certification:
Medical Licensure Suspended/Revoked/Voluntarily Terminated?
Ever Named in a Malpractice Suit?
Past History?

State Medical Licenses

Type	Number	State	Exp. Date
<i>None</i>			

Hometown
option

MyERAS Application

Medical Education

Institution & Location	Dates Attended	Degree	Date of Degree
University of Maryland School of Medicine United States of America	08/2016 - 05/2020	Yes, M.D./Ph.D.	05/2020
Medical Education/Training Extended or Interrupted?			

Medical School Honors/Awards

Department of Neurology Clinical Student Award (2018)

Membership in Honorary/Professional Societies

Alpha Omega Alpha (Member of AOA)
Gold Humanism Honor Society (Member of GHHS)
First Place - Medical Student Research Day (2017)

Honors-, AOA, Gold humanism, but additional honors as well!

Education

Education	Institution & Location	Dates Attended	Degree	Degree Date	Field of Study
Undergraduate	University of Maryland 685 W. Baltimore Street	08/2012 - 05/2016	Yes, B.M.	05/2016	Neurology

Current/Prior Training

Institution, Location, & Training Type	Program Director	Program Supervisor	Dates Attended	Month(s)	Discipline
None					

Experience

Experience	Organization & Location	Position	Dates	Supervisor	Average Hours/Week
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MyERAS Application

Experience

Experience	Organization & Location	Position	Dates	Supervisor	Average Hours/Week
Work Experience	Cisco, Baltimore, MD, United States of America	Technical Support Rep	01/2014 - 06/2014		40
Description: <div>Provided technical support for cloud networking equipment deployed nationwide</div> Reason for Leaving: <div></div>					
Work Experience	University of Maryland, Baltimore, MD, United States of America	Research Associate	06/2013 - 12/2013		45
Description: <div> <ul style="list-style-type: none"> - Conducted a meta-analysis of past studies on chemosensitivity testing - Performed cell culture on human cancer cell lines to be used for preliminary drug response assays </div> Reason for Leaving: <div></div>					
Volunteer Experience	University of Maryland School of Medicine, Baltimore, MD, United States of America	USMLE Step 1 student panel participant	03/2016 - 03/2016		
Description: <div>Discussed Step 1 study strategies, answered questions regarding exam, and provided reassurance to nervous underclassmen</div> Reason for Leaving: <div></div>					

Include pre-med school:
jobs, research, significant
volunteer experiences

From med school: include
all activities- THIS IS
WHERE WE SEE
STUDENTS UNDERSELL
THEMSELVES!

Anything in your app is
fair game for interview
conversation

MyERAS Application

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Use this as an opportunity to paint a picture of YOU!

Ex: Multiple volunteer experiences around SDH

Leadership roles

Research positions

For students with extenuating circumstances that limited extracurricular participation, make sure to highlight the circumstances in your PS, or other places in app

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Hours of commitment

- Part time job → 20hr/wk
- One time event, IG → blank
- Less critical for clubs

Longitudinal or intense involvement in 1-2 experiences DOES equate to multiple short experiences

2-3 sentences to describe your role and experience, if not evident. Explain the experience to a non-BUSM reader

- Highlight leadership roles

MyERAS Application

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Experience	Organization & Location	Position	Dates	Supervisor	Average Hours/Week
Research Experience	Dept of Ophthalmology, University of Maryland, Baltimore, MD, United States of America	Research Student	05/2017 - 12/2017	Gabrielle Ofomade, MD	15

Description:

Contributed to several research projects, including one case report and one abstract submission to the American Academy of Ophthalmology Conference 2017

Reason for Leaving:

Publications**Peer Reviewed Book Chapter**

Robert, Dorcas. (2011). The Brain and the Environment. In In DD Medicine Inc. (Ed.), *The Brain and Baltimore City: The Long-term Effects of Urban Living* (pp. 25-68). Baltimore: New York Harper.

Oral Presentation

Robert, Dorcas & King, David. (June, 2018). Attention Deficit-Hyperactivity Disorder and the Long-term Affect of Methamphetamine Oral Presentation presented at: Neurology Association National Annual Meetings; Paris, FRA.

Language Fluency

Language	Language Proficiency	Proficiency Description
French	Native/functionally native	I converse easily and accurately in all types of situations. Native speakers, including the highly educated, may think that I am a native speaker, too.

Hobbies & Interests

None

Hometown(s)

None

Other Awards/Accomplishments

None

Mention all scholarship. Include works published/presented and those accepted or submitted

Case reports should go in as Posters/Presentations, not clinical research

Again, anything you list here is fair game for an interview question (i.e make sure you review details and can converse about this!)

MyERAS Application

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Hobbies & Interests

None

Hometown(s)

None

Other Awards/Accomplishments

None

Most common are
“reading, hiking, travel,
cooking, running”

Make yourself stand out here
and show us how you take
care of yourself (eg what
recipe is your favorite?, do
you spend time with
family/pets? What’s your fave
binge watch?)

Use the hobbies to
highlight your geography
of preference! Ex: “I
enjoy hiking the hills of
San Francisco with my
family”

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Hobbies & Interests

None

Hometown(s)

None

Other Awards/Accomplishments

None

Here is a chance to shout-out your geography of preference. Its optional, but if you are aiming for your hometown- here is your chance to sell that.

Eagle scout? Marathoner? Certification in IHI?

Supplemental Application New to IM in 2021

- Available September 1st 2021, <60 minutes, complete once or piece-meal
 - *Outside ERAS- separate system*
- There are **two** deadlines for students to submit their supplemental information:
- Students who submit by **September 19th** will have their information available when ERAS opens to programs on September 29th.
- Students who submit **after September 19th** will have their information available on **October 6th**.

Supplemental Application New to IM in 2021

- Structured questions
 - Geographic Preferences
 - Prior meaningful experiences
 - Program signaling (5 signals)
-
- AAMC webinar for students on 8/5

Supplemental Application

New to IM in 2021

- Geographic preferences
 - Students can signal up to 3 (of 8) US census geographic regions as preferences, they can signal no preference, or they can decline the question entirely.
 - 250 characters to describe justification of preference or if there is no preference
-
- Programs only receive a geographic signal info if:
 - 1. They are in the chosen region
 - 2. Applicant signals no preference.

Supplemental Application New to IM in 2021

- Meaningful experiences
 - Enter 3-5 experiences that are most important
 - Work, volunteer, service based
 - *For each of the 3-5 experiences- follow-up questions*
- Top 3 experiences
 - *Describe why each was among the most meaningful (300 characters)*

Supplemental Application New to IM in 2021

- Program signals
- Students are allowed to send individual program preference signals (think "token") to up to 5 programs (current number, may change if more than 120 programs participate)
 - *Sending two signals to one program will still only be received as one signal-- students shouldn't do that.*
 - *Don't signal home programs, or in-person away rotations/subls*
- Programs are prohibited from asking if applicants are participating in signaling, disclosing if specific applicants sent them a signal, and disclosing total number of signals they received.

Personal Statement

- Personal statement- no more than 1 page on ERAS
- Attend the PS workshop by SAO, bring a draft
- For Internal Medicine- remember- do not rehash your CV
- For IM, not as imperative to justify why you selected IM

Questions?

Objectives

- We are excited to support you as you finalize your decision on applying in Medicine
 - *Stay in touch with us*
- Point you in the right direction as we start application season
 - *Best advice we can give is stay on top of all the “tasks”*