

# BUMC INTERNAL MEDICINE ALUMNI TESTIMONIALS 2 0 2 0



## Yaw Poku '12

Cardiac Electrophysiologist at New Mexico  
Heart Institute

I work in a large integrated health system called Lovelace Health System. Our group provides multi-specialty cardiac care for all of New Mexico. In addition to my clinical responsibilities I also rotate at the University of New Mexico Hospital and provide electrophysiology services there including caring for patients and working with fellows. I have several administrative responsibilities including being the medical director of our cardiac device clinic.

BMC prepares you to become an excellent physician with the breadth of cases you will see on your clinical rotations. Even though I knew I wanted to go into cardiology the experience I gained in other disciplines was invaluable. In addition to the clinical training BMC affords you excellent mentors not the least of which being Dr. Yadavalli. The research mentors I was able to work with such as Dr. Benjamin augmented my clinical training and allowed me to think critically and consider research questions as I progressed through my clinical training. This training environment, experience, and research allowed me to match to my top fellowship training choice in addition to many strong interviews.

**The leader:** I cannot say enough about Dr. Yadavalli. He pushes residents to become the best version of themselves as physicians. You will never tire of his sense of humor. Your training experience is very acutely associated with your PD as they often see you at your best and worst.

**Faculty:** It doesn't take long to realize the faculty at BMC ranks amongst the best in the country and even internationally. Despite these accolades you would never realize if you spend a few moments with them because they are extremely down to earth. **People:** The training program selects a very diverse intern class from all walks of life. These are people you will be working with closely for the next three years. You will learn from them as much as they learn from you.

**Location:** BMC sits in the heart of Boston. the city itself provides so many opportunities to explore, from culture to food to sports to history. **Patients:** I have worked in hospitals in various roles for over 20 years, and the patients you see at BMC have the most interesting pathologies that you will see anywhere. You do also get a lot of the bread and butter in medicine but it is the interesting cases that stay with you the most through your medical career.

Without a doubt I would not be the physician that I am without BMC. As a clinical fellow and also as an attending, my interaction with medical students, interns and residents from teaching to mentorship has been shaped by how my mentors helped me through my residency training. The administrative work I did during my chief medical resident year has helped immensely in my current position. These are skills that I would not have otherwise received at any point during my medical career.

They say college is the best time of your life and to enjoy it. For physicians' intern year, even though it may not feel that way at times, is the best year of your life. You will form friendships that will last for many years to come. Savor the moment. Take advantage of all the experiences available to you. Carpe diem!