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Examining Differential Item Functioning (DIF) by Educational Attainment on Measures of Depression

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Background

- Depression commonly occurs and is a public health concern
 - 29.9% lifetime risk for US adults (Kessler et al., 2012)
- Individuals with lower levels of education face, on average, more social and economic challenges
- Individuals with lower educational attainment and depression education are vulnerable on multiple levels
- Effective treatment for this population begins with accurate and appropriate assessment tools

Differential Item Functioning (DIF)

DIF exists when there is a difference in the strength of the relationship between a questionnaire item and a concept across groups

Previous Research on DIF by Education

- Most DIF by education studies have been done on the Mini-Mental State Exam and have found significant DIF on 4-5 items
 - Mini-Mental State Exam shows DIF by education
 - (Murden et al., 1991; Ramirez et al., 2006; Jones & Gallo, 2002; Crane et al., 2006)
- Little to no DIF by education found on Mattis Dementia Rating Scale
 - 4 items problematic, only 1 showed any large effect (digit span backwards)
 - (Teresi et al., 2000)
- PROMIS Depression scale showed DIF on 3 items
 - DIF by gender, age, and education
 - Small effect overall, large effect for some individuals
 - (Teresi et al., 2009)

Study Method

- Secondary data analysis of data from a study linking PROMIS to legacy measures of depression
- 3 internet panel samples (for details see Choi et al., 2014)
 - **PROMIS 1 Wave 1**: recruited by Polimetrix online
 - **NIH Toolbox calibration**: recruited by Greenfield Online
 - **PROsetta Stone**: recruited by Op4G

Participants

- NIH Toolbox (N = 748)
 - Age: 18 92 years, *mean* = 47
 - 56% female
 - 78% White, 9% Black
- PROMIS 1 Wave 1 (*N* = 744)
 - Age: 18 88 years, *mean* = 51
 - 52% female
 - 80% White, 10% Black
- PROsetta Stone (N = 1104)
 - Age: 18 88 years, *mean* = 46
 - 52% female
 - 72% White, 11% Black

| | NIH Toolbox | PROMIS 1 Wave 1 | PROsetta Stone |
|-------------------------------------|-------------|-----------------|----------------|
| | N = 748 | N = 744 | N = 1104 |
| Age, Mean (SD) | 47.2 (15.2) | 51.0 (18.8) | 46.3 (17.5) |
| Gender, N (%) | | | |
| Male | 328 (44) | 357 (48) | 528 (48) |
| Female | 420 (56) | 386 (52) | 576 (52) |
| Missing | 0 (0) | 1 (<1) | 0 (0) |
| Education, N (%) | | | |
| High school or less | 205 (27) | 171 (23) | 465 (42) |
| Some college or technical school | 326 (44) | 334 (45) | 305 (28) |
| College graduate or above | 217 (29) | 239 (32) | 334 (30) |
| Missing | 0 (0) | 0 (0) | 0 (0) |
| Ethnicity, N (%) | | | |
| Non-Hispanic or Non-Latinx | 634 (85) | 670 (90) | 929 (84) |
| Hispanic or Latinx | 114 (15) | 70 (9) | 175 (16) |
| Missing | 0 (0) | 4 (1) | 0 (0) |
| Race, N (%) | | | |
| White or Caucasian | 585 (78) | 592 (80) | 793 (72) |
| Black or African American | 67 (9) | 72 (10) | 124 (11) |
| Asian | 16 (2) | 3 (<1) | 58 (5) |
| American Indian or Alaska Native | 13 (2) | 6 (<1) | 7 (1) |
| Native Hawaiian or Pacific Islander | 5 (1) | 0 (0) | 7 (1) |
| Biracial or Multiracial | 16 (2) | 71 (10) | 33 (3) |
| Other | 46 (6) | N/A | 82 (7) |
| Missing | 0 (0) | 0 (0) | 0 (0) |

Measures

| | PROMIS Depression (Cella et al., 2010) | | PHQ-9 (Kroenke et al., 2001) | CES-D (Radloff, 1977) |
|----------------------------|--|---|---------------------------------|--------------------------|
| NIH Toolbox Calibration | ✓ (20 items) | | \checkmark | ✓ |
| PROMIS 1 Wave 1 | ✓ (28 items) | | | √ |
| PROsetta Stone | ✓ (15 items) | ✓ | | |

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Hypothesis

DIF will be observed across levels of educational attainment for complex items on legacy measures of depression (BDI-II, CES-D, PHQ-9)

Analytical Strategy

- Educational attainment 3 groups provided most accurate information
 - High school or less, some college or technical school, college graduate or above
- McFadden's pseudo R² as cutoff for flagging items for DIF
 - Different cutoffs chosen for each sample and measure
 - Effect size of DIF

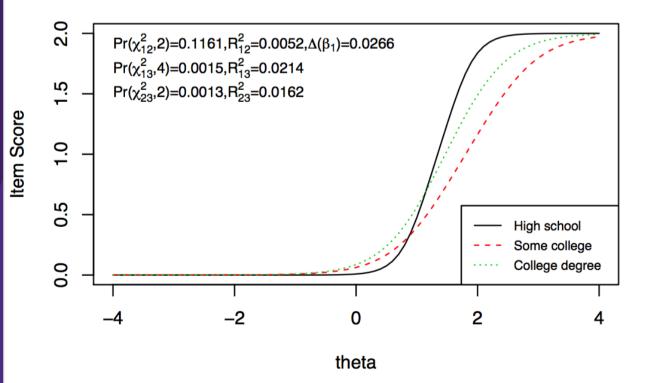
DIF Cutoffs

- NIH Toolbox
 - CES-D: R² = .01
 - PHQ-9: R² = .004
 - PROMIS Depression (20 items): $R^2 = .009$
- PROMIS 1 Wave 1
 - CES-D: R² = .008
 - PROMIS Depression (28 items): $R^2 = .007$
- PROsetta Stone
 - BDI: R² = .01
 - PROMIS Depression (15 items): $R^2 = .008$

DIF Results

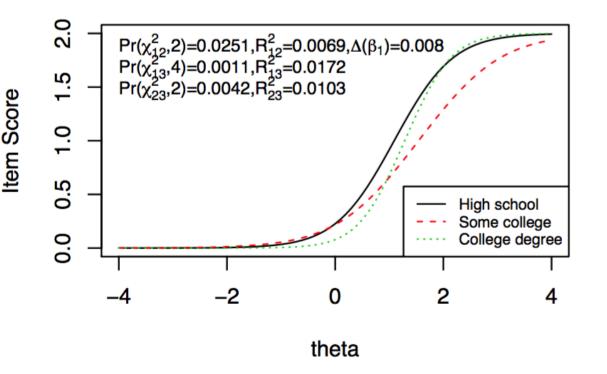
| | PROMIS Depression | BDI-II | PHQ-9 | CES-D |
|----------------------------|--------------------------------------|------------------|------------------------|--|
| NIH Toolbox Calibration | 1 .01 | | 2 .005, .007 | 1 .017 |
| PROMIS 1 Wave 1 | 4 .009, .008, .009, .01 | | | 5 .011, .013, . <mark>022</mark> , .011, .013 |
| PROsetta Stone | 4 .02, .011, .013, .008 | 1 .012 | | |

Item True Score Functions – Item 10



CESD Item 10: I felt fearful

Item True Score Functions – Item 17



CESD Item 17: I had crying spells

Readability Statistics

• Flesch Kincaid

= (0.39 * Average Words/Sentence) + (11.8 * Average Syllables/Word)

• Gunning Fog Index

= 0.4 (Average Words/Sentence + Percentage of 'Hard' Words)

• Coleman Liau

= 0.0588* Letters/100words - sentences/100 words

• SMOG

= 3 + sqrt(# of polysyllabic words)

- Automated Readability Index = 4.71(Characters/Word) + 0.5 (Words/Sentences) – 21.43
- Average Grade Level
 - = average of the above scores

Readability Findings

| Measure | Flesch Kincaid | Gunning Fog Index | Coleman Liau | SMOG | Automated Readability Index | Average Grade Level |
|----------------------|-------------------|-------------------------|-----------------|------|-----------------------------------|---------------------------|
| BDI-II | 3.8 | 7.0 | 3.2 | 8.2 | 0 | 4.4 |
| CES-D | 2.0 | 4.7 | 2.5 | 6.4 | 0 | 3.1 |
| PHQ-9 | 5.6 | 7.4 | 8.8 | 8.4 | 5 | 7.0 |
| PROMIS Depression 15 | 1.5 | 4.5 | 3.1 | 6.0 | 0 | 3.0 |
| PROMIS Depression 20 | 2.0 | 4.9 | 3.9 | 6.4 | 1 | 3.6 |
| PROMIS Depression 28 | 1.9 | 4.8 | 3.2 | 6.1 | 0 | 3.2 |

Conclusions

- All measures displayed DIF by education for at least one item
 - Hypothesis partially correct
 - PROMIS items also flagged for DIF
 - Overall, found *higher* item slopes for people with high school education or below
- Level of education needs to be considered during development and administration of instruments measuring depression
- DIF is a useful tool to indicate which items may be more difficult for individuals with lower educational attainment

Clinical Implications

- Measures studied are widely used in clinical settings
- Inaccurate assessment of depressive symptoms in patients with lower educational attainment
 - \rightarrow clinical interview \rightarrow diagnosis \rightarrow treatment

Limitations and Future Directions

- Limitations:
 - Internet based samples
 - Number of PROMIS items not consistent across samples
- Going forward closely examine IRT parameters for each item among items flagged
- Explore other methods for analyzing DIF

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