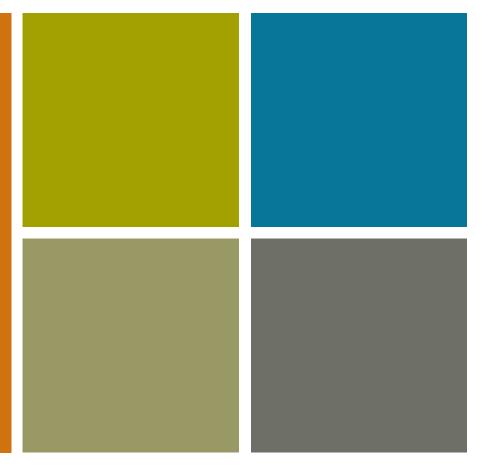
## +

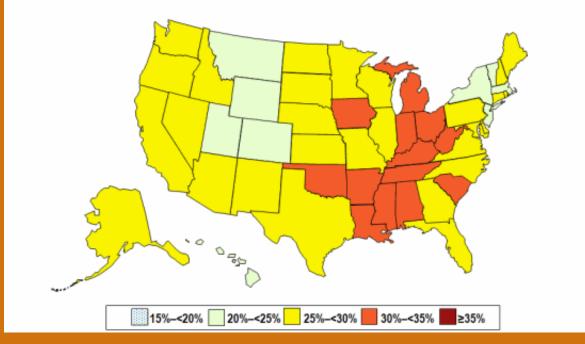
Is health literacy associated with attention given to food and beverage advertisements that use obesity prevention strategies?



Sara Champlin, MA, MEd The University of Texas at Austin

#### Prevalence\* of Self-Reported Obesity Among U.S. Adults BRFSS, 2012

\*Prevalence reflects BRFSS methodological changes in 2011, and these estimates should not be compared to those before 2011.





## ÷

The degree to which individuals can obtain, process, understand, and communicate about health-related information needed to make informed health decisions.







 Is health literacy associated with attention given to food and beverage advertisements that use obesity prevention strategies?

## +

#### Participants N = 47 Staff at UT-Austin Students at GED center

#### Newest Vital Sign Less than adequate (n = 16)

Adequate (n = 31)

## **Eye-tracking**

Health claims Physical activity

## Attention

Fixation duration Fixation count









### Health Claim Physical Activity

#### Control

#### + Results: Fixation Duration

	beta	SE	р
Health Claims	0.50	0.19	<.01
Physical Activity	0.39	0.16	<.05
Control	0.19	0.12	ns

Controlling for Covariates*					
	beta	SE	р		
Health Claims	0.58	0.28	< .05		
Physical Activity	0.62	0.24	<.05		

\*race/ethnicity and education

# + Results: Fixation Count

#### **Regression Model**

	beta	SE	р
Health Claims	1.72	0.59	<.01
Physical Activity	1.32	0.48	<.01
Control	0.44	0.34	ns

#### Controlling for Covariates\*

	beta	SE	р	
Health Claims	1.529	0.88	ns	
Physical Activity	1.72	0.72	<.05	

\*race/ethnicity and education

#### **Health Claim**

#### **Physical Activity**



#### Adequate HL

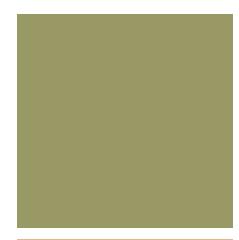


IES



Less Than Adequate HL Increases in health literacy are associated with more attention given to food and beverage advertisements with obesity claims

> When searching for products, those of lower health literacy may ignore health information presented in advertisements, packaging, or labels





#### + Future Research:

How are obesity prevention strategies interpreted across health literacy levels?

Can advertisements and product packaging be designed for equal interpretation across health literacy levels?

## + Thank you.

#### sara champlin sara.champlin@gmail.com



