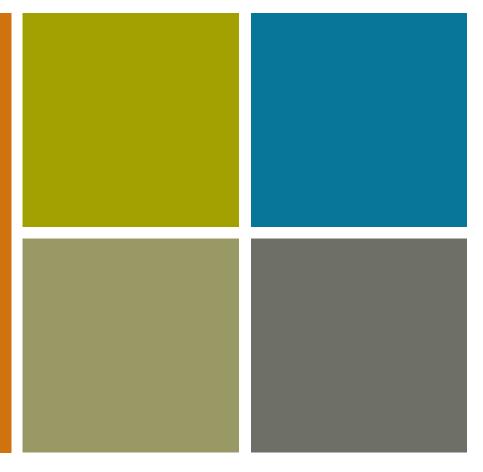
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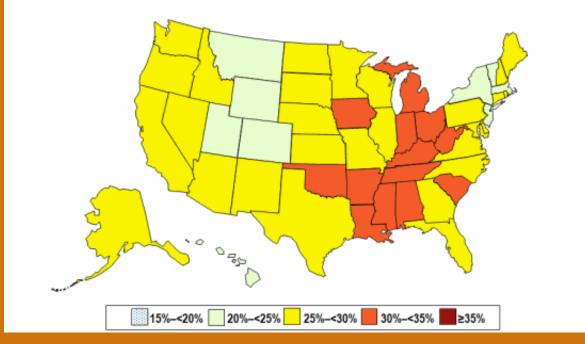
Is health literacy associated with attention given to food and beverage advertisements that use obesity prevention strategies?



Sara Champlin, MA, MEd The University of Texas at Austin

Prevalence* of Self-Reported Obesity Among U.S. Adults BRFSS, 2012

*Prevalence reflects BRFSS methodological changes in 2011, and these estimates should not be compared to those before 2011.





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The degree to which individuals can obtain, process, understand, and communicate about health-related information needed to make informed health decisions.







 Is health literacy associated with attention given to food and beverage advertisements that use obesity prevention strategies?

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Participants N = 47 Staff at UT-Austin Students at GED center

Newest Vital Sign Less than adequate (n = 16)

Adequate (n = 31)

Eye-tracking

Health claims Physical activity

Attention

Fixation duration Fixation count









Health Claim Physical Activity

Control

+ Results: Fixation Duration

	beta	SE	р
Health Claims	0.50	0.19	<.01
Physical Activity	0.39	0.16	<.05
Control	0.19	0.12	ns

Controlling for Covariates*					
	beta	SE	р		
Health Claims	0.58	0.28	< .05		
Physical Activity	0.62	0.24	<.05		

*race/ethnicity and education

+ Results: Fixation Count

Regression Model

	beta	SE	р
Health Claims	1.72	0.59	<.01
Physical Activity	1.32	0.48	<.01
Control	0.44	0.34	ns

Controlling for Covariates*

	beta	SE	р	
Health Claims	1.529	0.88	ns	
Physical Activity	1.72	0.72	<.05	

*race/ethnicity and education

Health Claim

Physical Activity



Adequate HL

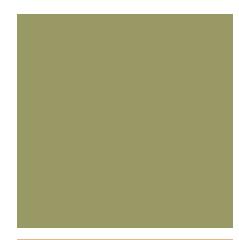


IES



Less Than Adequate HL Increases in health literacy are associated with more attention given to food and beverage advertisements with obesity claims

> When searching for products, those of lower health literacy may ignore health information presented in advertisements, packaging, or labels





+ Future Research:

How are obesity prevention strategies interpreted across health literacy levels?

Can advertisements and product packaging be designed for equal interpretation across health literacy levels?

+ Thank you.

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