

# THE POWER OF REFLECTION



---

Self reflection is a skill that allows you to grow as an individual, student, peer and professional.

**Join, be introspective, build community**

*\*sharing is voluntary, listening is always encouraged*

---

**Tuesdays 5:00 - 6:00pm**

Scan the QR Code or click [here](#) to learn more!



For more information please  
email [c3center@bu.edu](mailto:c3center@bu.edu)

