



Greetings from [The Wellbeing Project!](#)

We're a newer campus initiative to support your health and wellness. We promote BU resources and events about wellbeing because *how you feel matters*.

We thought you might be interested in a new partnership with School name on a program we're calling *Virtual Hangouts*. These are conversations led by BU students on wellbeing topics that matter to you. Think burnout, technology fatigue, loneliness, redefining self-care, and more.

Are you interested in getting involved? We're seeking BU graduate students to co-facilitate these conversations next semester. Please fill out this interest form (https://docs.google.com/forms/d/e/1FAIpQLSfRVHD8xJr7aN_gsjVkmzbg-CegxrNastEvr9d0hvn05duNyA/viewform) if you'd like to learn more. Responses by January 8th are appreciated.

Wishing you a restful break,
The Wellbeing Project Team