

Our Community Cupboard

Vegetables (canned)

Black/red beans
Carrots
Corn
Green beans
Peas

Starches

Pasta
Pasta sauce (tomato)
Pasta sauce (alfredo)
Prepared pasta (i.e. macaroni & cheese)
Rice

Fruit (canned)

Pears
Pineapples

Other Necessities

Can opener
Toothbrush
Toothpaste (travel size)
Razor (disposable)
Maxi pads (box)
Tampons (box)
Pantiliners (box)
Deodorant
Soap

Meat/Fish (canned)

Chicken
Tuna

Breakfast Foods

Cheerios cereal
Honey nut/oat cereal
Jelly
Peanut butter
Almond/cashew butter
Oatmeal (instant)

Snacks

Granola bars (box)
Raisins (travel sized box)

Baby Necessities

Baby food (jar; veggies, fruit)
Infant cereal (rice, oatmeal)
Toddler food (jar; fruit, veggies)
Baby wipes (box)

Soup

Minestrone (canned)
Chicken noodle (canned)
Vegetable (canned)
Beef stew (canned)
Chili (canned)
Chicken (condensed)
Mushroom (condensed)