



Boston University  
Police Department



**RAD Program**

## **Rape Aggression Defense (R.A.D.) Program**

### **SELF DEFENSE FOR WOMEN ONLY**

#### **FALL TRAINING**

Monday, Nov 16th

Monday, Nov 23rd

Monday, Nov 30th

Monday, Dec 7th

*\*All four classes must be attended to receive certificate of completion\**

6:00 - 8:00pm

Hiebert Lounge, 14th Floor

72 E. Concord St.

BUMC

**\$10 per person for all four classes**

Register at <http://www.bu.edu/police/services/RAD/>

#### **What is R.A.D.?**

The R.A.D. system is not a martial arts class. It is a realistic self-defense program of defensive tactics, techniques and education. It is a comprehensive course for women that follow a progression from awareness, prevention, risk reduction and avoidance to basic self-defense participation. The R.A.D. system educates women about defensive strategies using simple and effective tactics and a unique teaching methodology.

**Sergeant Jefferey Burke**

*Supervisor RAD Program*

[www.bu.edu/police/services/RAD](http://www.bu.edu/police/services/RAD)