Career Development Awards: 5 *Tips for Success in CDA and beyond*

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Relevant Disclosures

Pulmonary and critical care physician and health services researcher at BUSM

Just started year 5 of my NCI K07 award

I am also a VA employee -Considered applying for a VA HSR&D CDA

5 Tips for a success in CDA and beyond

- 1. Choose the right CDA mechanism
- 2. <u>Call</u> the program officer before applying
- 3. Build the right mentorship team
- 4. Tell a coherent story for career development what you've done and where you're going
- 5. Hang in there! importance of persistence

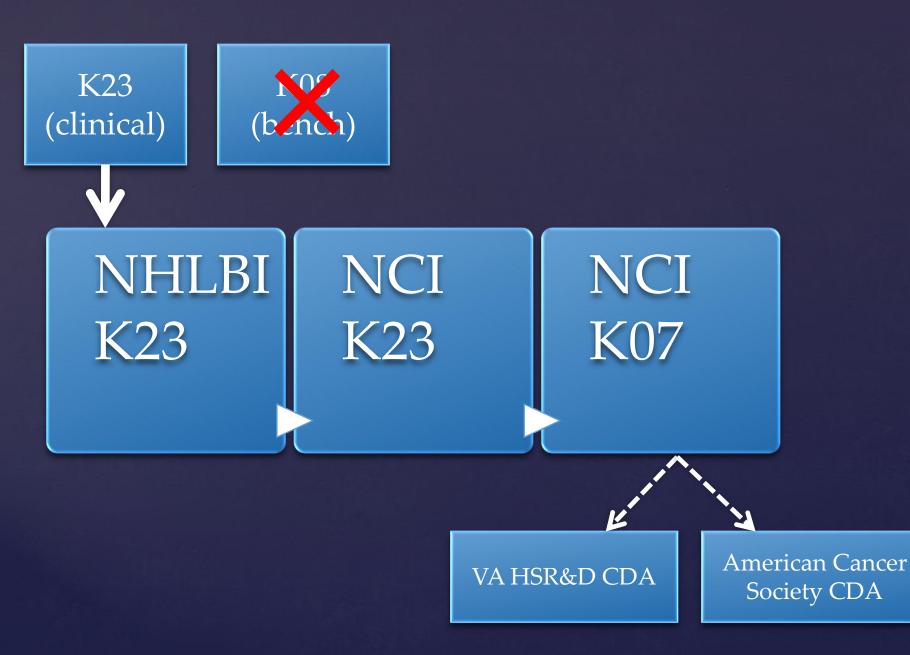
1. Choose the right CDA mechanism

NIH/AHRQ K award	VA CDA	Foundation CDA -e.g. American Cancer Society, Robert Wood Johnson, Doris Duke	
-requires ≥75% effort committed to research	-requires ≥75% effort committed to research	-details vary.	
-\$75-100K salary support for 3-5 years -\$25-30K per year for research expenses	-pays for 100% of your salary for 3-5 years	-BU Foundation Relations: Chris Bonner & David Gillerman <u>http://www.bu.edu/foundatio</u> ns/	
Success rate of Kamplications, 1007	-must be a VA		
Success rate of K applications, 1997-2012 ployee at time of			
100% 75% 50% 25% 0% 1997 2000 2003 2006 2009 20 Year			
	12		

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	-must be a VA employee at time of award	
NIH/AHRQ K12 or KL2 award	VA VISN1 CDA	Foundation CDA -e.g. RWJ Clinical Scholars; American Heart Association
-2-4 year CDA awarded by individual institution	-2 year CDA	-2 year awards

CDA CDA



2. Call the program officer before applying

- Can help you choose the right mechanism
- Can help you tailor your proposal to meet institutional priorities and advise you on what needs work

3. Build the right mentorship team

Mentors should provide complementary perspectives: research and career, different backgrounds

Don't be afraid to reach out to senior investigators doing related work in the field

• Use professional societies to your advantage

Mentors should be invested in <u>your</u> success – for CDA and beyond



CHEST

DIAGNOSIS AND MANAGEMENT OF LUNG CANCER, 3RD ED: ACCP GUIDELINES

Evaluation of Individuals With Pulmonary Nodules: When Is It Lung Cancer?

Diagnosis and Management of Lung Cancer, 3rd ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines

Michael K. Gould, MD, FCCP; Jessica Donington, MD; William R. Lynch, MD; Peter J. Mazzone, MD, MPH, FCCP; David E. Midthun, MD, FCCP; David P. Naidich, MD, FCCP; and Renda Soylemez Wiener, MD, MPH

BMJ

BMJ 2013;347:f3368 doi: 10.1136/bmj.f3368 (Published 2 July 2013)

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ANALYSIS

TOO MUCH MEDICINE

When a test is too good: how CT pulmonary angiograms find pulmonary emboli that do not need to be found

Renda Soylemez Wiener assistant professor¹², Lisa M Schwartz professor³⁴, Steven Woloshin

4. Tell a coherent story for career development plan – where you've been and where you're going

This will pay off for CDA and far beyond!

plan

- My K07 goal: to understand and improve medical decision-making surrounding lung nodule evaluation to promote patient-centered care
- 4 seemingly unrelated prior publications





Effect of Nucleic Acid Amplification for *Mycobacterium tuberculosis* on Clinical Decision Making in Suspected Extrapulmonary Tuberculosis*

Renda Soylemez Wiener, MD; Phyllis Della-Latta, PhD; and Neil W. Schluger, MD, FCCP

Trends in the Use of the Pulmonary Artery Catheter in the United States, 1993-2004

Renda Soylemez Wiener, MD

H. Gilbert Welch, MD, MPH

JAMA[®]

Benefits and Risks of Tight Glucose Control in Critically III Adults

A Meta-analysis

Renda Soylemez Wiener, MD, MPH

Daniel C. Wiener, MD

Robin J. Larson, MD, MPH



Making

- How doctors translate evidence into practice
- How doctors and patients discuss and make medical decisions
- How to improve decision-making to minimize harms to patients

Used this theme for my K application ... and subsequent grant applications

- Creating decision support to promote patient-centered care during pulmonary nodule evaluation
- Informing implementation of patient-centered lung cancer screening programs in VA

Making

- How doctors translate evidence into practice
- How doctors and patients discuss and make medical decisions
- How to improve decision-making to minimize harms to patients

Used this theme for a series of research

Population-Based Risk for Complications After Transthoracic Needle Lung Biopsy of a Pulmonary Nodule: An Analysis of Discharge Records

What Do You Mean, a Spot?

A Qualitative Analysis of Patients' Reactions to Discussions With Their Physicians About Pulmonary Nodules Augmenting Communication and Decision Making in the Intensive Care Unit with a Cardiopulmonary Resuscitation Video Decision Support Tool:

Utilization patterns and patient outcomes associated with use of rescue therapies in acute lung injury*

Use of Noninvasive Ventilation in Patients with Acute Respiratory Failure, 2000–2009

Making

- How doctors translate evidence into practice
- How doctors and patients discuss and make medical decisions
- How to improve decision-making to minimize harms to patients

Used this theme to help choose other activities

- ATS Documents development & implementation committee
- Co-Chair of ATS/ACCP taskforce to create p top 5 list for Choosing Wisely campaign



5. Be persistent

Applies throughout career (grants, manuscripts)

- K07 funded ... but my first K07 application was not scored
- Complications of CT guided lung biopsy published in Annals IM... but first rejected by JAMA

Batting 300 is good!

DeCastro et al. *Acad Med.* 2013;88:497-504. Stefan M. *Nature.* 2010;468:7322.

Questions???

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