

Boston Medical Center

ENDOCRINOLOGY FELLOWSHIP

Overview

- ▶ First Year Rotation Schedule/Inpatient Consults
- ▶ First and Second Year Outpatient Clinics
- ▶ Lectures/Teaching
- ▶ Research
- ▶ Miscellaneous

First Year Rotation Schedule

- ▶ Rotations
 - ▶ Endocrine Service: 1 month blocks, total of 3 months
 - ▶ Diabetes Service: 1 month blocks, total of 3 months
 - ▶ Research:
 - ▶ BMC: 1 month blocks, total of 3 months (clinics at BMC)
 - ▶ VA: 1 month block, total of 3 months (clinics at VA)
- ▶ Vacation/Holidays/Weekends



Jamaica Plains VA Hospital

Endocrine Inpatient Consults

- ▶ Consults on all general endocrine questions
 - ▶ Common consults: Post-op thyroid replacement, thyroid management inpatient, calcium management, adrenal insufficiency, pituitary masses
 - ▶ Typical Census 3-10 patients
- ▶ 4 Outpatient Clinics (Bone, thyroid, diabetes, continuity)

Diabetes Inpatient Service

- ▶ Consults on DM management
 - ▶ Busier service typically 10-15 patients
 - ▶ Common consults: ICU DM management, complicated DM regimens (tube feeds, pumps, refractory/labile glycemic control, surgical patients)
 - ▶ Support from: NP service, pharmacy, floor nurses
 - ▶ Usually residents/med students rotating on service
- ▶ 3 Outpatient Clinics (Nutrition/weight management, thyroid, continuity)

Weekends/Holidays/Vacation

- ▶ Weekend coverage
 - ▶ Shared between 1st and 2nd year fellows
 - ▶ All weekends covered by 2nd years fellows until after boards
 - ▶ Coverage approximately every 4 weeks amongst 1st year fellows
- ▶ Holiday Coverage
 - ▶ Minor Holidays: Labor Day, MLK, President's Day, Memorial Day, July 4th
 - ▶ Major: Thanksgiving, Christmas, New Years
- ▶ Vacations
 - ▶ 4 weeks
 - ▶ Flexible!
 - ▶ Taken during research months-need to give clinic 2 months notice
 - ▶ Easy to coordinate/swap with co-fellows

First Year Outpatient Clinics

- ▶ Specialty/Attending Clinics
 - ▶ Bone, Thyroid, Nutrition, Diabetes
 - ▶ Early hands on experience with ultrasound, biopsy
 - ▶ CGM interpretation
- ▶ Fellow Continuity Clinic
 - ▶ Diverse cases
 - ▶ Longitudinal care
 - ▶ Staffed by 2-3 attendings



Second Year Outpatient Clinics

- ▶ Fellow continuity clinic
- ▶ Pituitary clinic
- ▶ Biopsy clinic
 - ▶ Dedicated clinic for thyroid FNA biopsies
 - ▶ Monthly rotation with different faculty members
- ▶ Pediatric Endocrine
- ▶ Reproductive Endocrine
- ▶ Diabetes and Pregnancy
- ▶ Thyroid
- ▶ Interdisciplinary endocrine surgery clinic

Teaching Schedule

- ▶ Dedicated Teaching
 - ▶ Attending Lectures
 - ▶ Fellow's Board Review
- ▶ Grand Rounds
 - ▶ Grand Rounds Speaker
 - ▶ Fellow's Case Presentation
- ▶ Teaching Opportunities
 - ▶ Rotating Students/Residents
 - ▶ Med Ed Opportunities



Lewis Braverman, MD

Research Opportunities

- ▶ Diabetes
- ▶ Epidemiology—thyroid
- ▶ Metabolic and obesity group
- ▶ Reproductive endocrine
- ▶ Thyroid cancer
- ▶ Vitamin D, bone health

Ongoing Fellow's Research

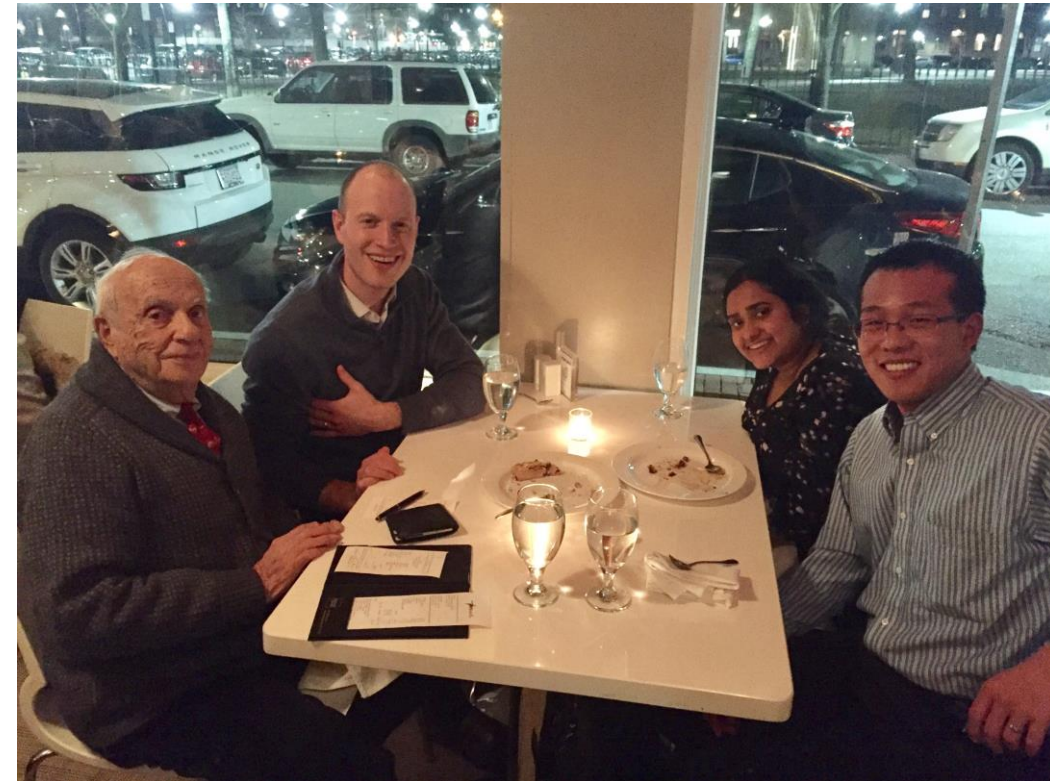
- ▶ Christopher Lee
 - ▶ Mobile health and diabetes
- ▶ Hannah Mathew
 - ▶ Integrative approach to PCOS management
- ▶ Dylan Thomas
 - ▶ Effect of medium chain triglycerides on metabolic syndrome

Where are recent fellows?

- ▶ BMC (general, diabetes and endocrine research)
- ▶ Lahey Clinic
- ▶ Mount Auburn Hospital
- ▶ Dimock Health Center
- ▶ Brigham and Women's Hospital
- ▶ Private Practice - South Shore, North Shore, Worcester

Miscellaneous

- ▶ Boston
 - ▶ Quality of Life
 - ▶ Cost of Living
 - ▶ Transportation
- ▶ BU/BMC/VA
 - ▶ Patient population – variety between BMC and VA
 - ▶ History within Endocrine Department
- ▶ Support from CIR/GME
 - ▶ Educational funds
 - ▶ Negotiating bodies
 - ▶ Meal benefits
 - ▶ Discounts on local attractions – gyms, museums, MBTA





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