

Community Medicine Newsletter



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LATE BREAKING NEWS

Dr. Nahid Bhadelia to give Ebola present at Medicine Grand Rounds Oct 31st, 2014*

*location details below

Featured

Feature Community Medicine Physician:



[Timothy Naimi, MD, MPH](#)

Q. What is the best part about being an internist?

A. Apart from lots of nice patient interaction, which never gets old, being a diagnostician is always interesting -- taking a variety of pieces of information and putting them

Director's Notes

The Work-Around aka "Getting the Job Done"

Clinical providers, like most persons who have little time and lots to do, often develop alternative paths to getting the job done (aka: the Work-Around). I posit that clinicians, as highly motivated and creative individuals, are particularly adept at this because we have a clear goals, a strong sense of what is right and possess the authority to make things happen. The familiar refrains come to mind: "if you can't get trust someone else to do it then you do it yourself" and "the patient always comes first".

But can this rarefied form of professional ethos; the "don't take no for an answer", the "can-do" sensibility that we as professionals espouse, that is that we will let nothing get in the way, possibly be a critical weakness? I strongly believe the answer is a resounding: Yes!

I am convinced that every time I create a significant work-around and then quickly move on without recognizing and reporting it as an opportunity for system, I perpetuate the poor design, inefficiency and ineffectiveness our clinical and administrative health systems. For this reason I often remind myself, my peers, and those I supervise another old adage: "If you're not part of the solution, you're part of the problem".

Warm Regards,
Christopher W. Shanahan, MD MPH FACP
Director, Community Medicine Unit



[Christopher Shanahan, MD, MPH](#)

Network News

Ingelfinger Visiting Professor - Evans Day, Oct 16-17th

Please join us in welcoming this year's distinguished Ingelfinger Visiting Professor: Christine Sinsky, MD, MPH.

A frequent invited lecturer on practice innovation, redesign and the PCMH, Dr. Sinsky has presented to groups including the American College of Physicians, the Institute for Healthcare Improvement and the Patient Centered Primary Care Collaborative, as well as to private and

together in a rational way so one can understand what is going on with a patient, and what what might be causing it. If you get that part correct, the odds of successfully treating someone increase dramatically.

Also, I love the research I do about the effect of alcohol policies - being an internist in an academic place offers those opportunities as well.

Q. What drew you to working in community-based Primary Care?

A. I like a wide variety of people so I can keep learning and having fun.

Also, to me it's more satisfying taking care of folks who really need it and who don't have 12 doctors already. One day it would be fun to work in a swishy clinic that greet patients with a hot face towel -- nah.

Q. As an expert, what advice do you have for community-based physicians interested in getting involved with health policy?

A. Generalists are in a great position to think about health policy, since we already have the big picture in mind and deal often with the benefits and limitations of care systems. We also appreciate that being healthy is in large measure due to the broader environments in which we live. So there are many ways to be involved - through research, community projects, advocacy, etc.

But the more involved we are, the better for us

academic medical centers.

Dr. Sinsky will be giving the Department of Medicine Grand Rounds talk on Friday, Oct 17th

Joy in Practice: Innovations in Ambulatory Care
Oct 17th @ 12pm
72 E. Concord St, Keefer Auditorium



[Christine Sinsky, MD](#)

Writing for Wellness Workshops

Originally designed to provide a forum for clinicians to express themselves in writing, to interact with other caregivers outside the ward or clinic, and also to support writing for publication, the sessions are open to the entire BU/BMC community. Participants have been physicians, faculty, nurses, social workers, as well as researchers, administrators, and office staff including representatives from finance.

Sessions are two hours long, beginning at 5:15, and healthy snacks and beverages are served.

The format is designed to provide a safe place to write and to jolt the participants out of their "work" brain into a more creative mode of thinking. Each session opens with an art appreciation exercise designed to stimulate the right brain, the seat of creativity. The class theory is known as Visual Thinking Strategy (VTS). After short introductions, participants are shown a piece of art work-usually a painting with a detailed scene that can be interpreted in vastly different ways.

The next session is scheduled for:

Date: Tuesday, November 13 @ 5:15PM

Location: to be announced

A collection of staff and alumni stories is always welcome in the BU/BMC 2015 narrative publication which is published in the Spring and copies are delivered in May. Interested staff should contact [Susan DeCristofaro](#).

BUSM & GIM Updates

2nd annual Kathleen Bennett Memorial Grand Rounds

After the success of last year's inaugural Grand Rounds lecture, given by Dr. Geoffrey Modest, we are happy to announce this year's lecture will be given by Dr. Angela Jackson, with Drs. Peter Smith, Pamela Cattel, Jenny Siegel, Catherine Rich, Monica Bharel & Christopher Shanahan serving as her panelists.

Kathleen Bennett Memorial Lecture in Community Medicine: The State of Community-Based Medical Training and Education

Weds, Nov 5th @ 8AM

as professional and most importantly for our patients.

Q. What hobbies occupy your free time?

A. My wife Chetna and I have 2 daughters, ages 5 and 7, though they are not really hobbies and certainly not free! Anyhow, I guess my most unusual hobby is mushrooming - hiking and identifying (and sometimes eating) a variety of wild mushrooms. You know what they say: there are old mushroomers, and bold mushroomers, but no old, bold mushroomers! I also love fly fishing - love being in wild places surrounded by water. But I am pretty bad at it, so it's good for the fish - they don't have much to worry about from me.

Q. What is your favorite place to vacation [escape to]?

A. My parent's house in Cohasset, MA ... its been in the family for several generations and growing up, we spent summers there with my Grandparents...so many memories.

Solicitation for Interesting/Provocative Web-based Media

Want to share interesting media from the web? Please send us the link and we will post it in the next newsletter.

Scope of Pain Half-Day Meeting

801 Mass Ave, 2nd floor, Rm 2127

These annual CMU Grand Rounds is hosted in memorial of Kathleen Bennett, MD '84,



Kathleen Bennett, MD

Medical Center HealthNet Plan, and as chief medical officer at Senior Whole Health. She had a primary care practice at Upham's Corner Health Center, where she cared for patients since her residency years. Very highly regarded by her patients and colleagues, Dr. Bennett was an excellent clinician, a fierce patient advocate, and gifted teacher.

Please join us for what is sure to be an engaging presentation.

Sign up for Intro to Clinical Medicine Teaching!

In the second semester of Introduction to Clinical Medicine 1 (ICM-1) each first year student spends ten sessions shadowing a clinician-mentor in the ambulatory setting. The experience is meant to introduce the student to the practice of medicine (broadly defined) and allows the student to practice targeted parts of the medical interview and physical exam. In addition to the clinical sessions, students convene at the medical school for scheduled didactic seminars. Each lecture is followed by a 90-minute small-group workshop where students will learn and practice a focused part of the physical exam.

The course is scheduled from **1:30-4:30 pm on Thursdays**, but occasionally other days or times can be substituted. The ICM-1 clinical dates are as follows:

January 22, 29
February 5, 12, 26
March 19, 26
April 9, 16, 30

If you are interested in being a mentor please fill out the attached [application](#) and fax it to 617-638-5326. Or you may contact [Dr. Nanette Harvey](#) or [Ms. Ginny Potter](#) in the Office of Medical Education (ph: 617-414-7449).

New Preceptor at Upham's Corner Health Center

Please join us and Upham's in welcoming Dr. Jenny Siegel as their newest preceptor, working with Mass General residents.

New Medical Director at Commonwealth Care Alliance

Please join us in congratulating Dr.



[Angela Jackson, MD](#)

Assistant Professor of Medicine in the Section of General

Internal Medicine, who died November 2012, after a long battle with breast cancer. Dr. Bennett was a leader in health care administration at the Neighborhood Health Plan, Boston



In response to the FDA-mandated extended release/long-acting (ER/LA) opioid analgesics, the BUSM CME office is offering a 1/2 day comprehensive prescriber education course in the safe use of these medications.

When: Fri, Nov 14th
Time: 7:30-12pm
Where: Courtyard
Marriott Boston
Downtown
CME credit: **4 AMA PRA Category 1 Credits™**
CNE credit: 4 hours
AAFP: 3 Prescribed Credits
Tuition: \$25

For more information and to register, visit www.scopeofpain.com

Save the Date!
MASBIRT TTA Training



SBIRT:
Talking to patients about their alcohol and other drug use
December 5, 2014
Southbridge Hotel and Conference Center
Southbridge, MA

Overview:
Participants will gain a greater understanding of Screening, Brief Intervention, and Referral to Treatment (SBIRT) for unhealthy substance use, the importance of SBIRT in the current healthcare environment, and the skills needed to integrate

Thomas W. Barber in his new role as Medical Director at Commonwealth Care Alliance, effective August 2014. Congratulations, Dr. Barber!



Thomas Barber, MD

Education Corner

Upcoming GIM & DOM Grand Rounds and Ambulatory Rounds

GIM Grand Rounds (CME)

Weds, Oct 22th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Evaluating and Treating Upper Extremity Problems" - presented by [David T. Felson, MD, MPH](#)

Weds, Oct 29th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Diet and Health" - presented by [Jonathan Berz, MD, MSc](#)

Weds, Nov 5th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Kathleen Bennett Memorial Lecture in Community Medicine: The State of Community-Based Medical Training and Education" - presented by [Angela Jackson, MD](#), Peter Smith, MD, Pamela Cattel, MD, [Jenny Siegel, MD](#), [Catherine Rich, MD](#), Monica Bharel, MD & [Christopher Shanahan, MD](#)

Weds, Nov 12th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Palliative Care" - presented by [Sandhya Rao, MD](#)

Weds, Dec 3rd @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Challenging Patient Rounds" - presented by [Robert Sokolove, PhD](#)

GIM M & M Rounds (CME)

Weds, Oct 15th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Ambulatory M & M" - presented by [Lorraine Stanfield, MD](#), [Isidore Berenbaum, MD](#) & [Julie Crosson, MD](#)

Weds, Nov 19th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Ambulatory M & M" - presented by [Laura Wung, MD](#) & [Julie Crosson, MD](#)

Weds, Dec 17th @ 8AM-801 Mass Ave, 2nd flr, Rm 2127
"Ambulatory M & M" - presented by [Julie Crosson, MD](#)

DOM Grand Rounds (CME)

Fri, Oct 10th @12PM-72 E. Concord St, Keefer Auditor.
"An Epidemiologist's Musings. Two+ decades of studying atrial fibrillation: Failing, Surviving, and Occasionally Thriving" - presented by [Emelia J. Benjamin, MD, ScM](#)

Fri, Oct 17th @12PM-72 E. Concord St, Keefer Auditor.
"Joy in Practice: Innovations in Ambulatory Care" - presented by [Christine Sinsky, MD, FACP](#)

SBIRT into healthcare. Topics will focus on current trends and perspectives on SBIRT and on skill development and action planning for SBIRT implementation.

Register [here](#).

Accreditation:

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This activity has been approved for AMA PRA Category 1 Credit™ Continuing Nursing Education Provider Unit, Boston University School of Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Fri, Oct 24th @12PM-72 E. Concord St, Keefer Auditor. "Optimizing Patient Safety at Care Transitions: the I-PASS Handoff Bundle" - presented by [Christopher Landrigan, MD, MPH](#)

Fri, Oct 31st @12PM-72 E. Concord St, Keefer Auditor. "TBD - Infectious Disease" - presented by [Nahid Bhadelia, MD](#)

Fri, Nov 7th @12PM-72 E. Concord St, Keefer Auditor. "TBD" - presented by TBD

Fri, Nov 14th @12PM-72 E. Concord St, Keefer Auditor. "TBD" - presented by TBD

Fri, Nov 21st @12PM-72 E. Concord St, Keefer Auditor. "TBD" - TBD

Fri, Dec 5th @12PM-72 E. Concord St, Keefer Auditor. "TBD" - TBD

Fri, Dec 12th @12PM-72 E. Concord St, Keefer Auditor. "TBD" - presented by [Joe G.N. Garcia, MD](#)

Fri, Dec 19th @12PM-72 E. Concord St, Keefer Auditor. "TBD" - presented by TBD

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