Mentoring Chief Residents in Project Development

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Qualities of a good mentor:

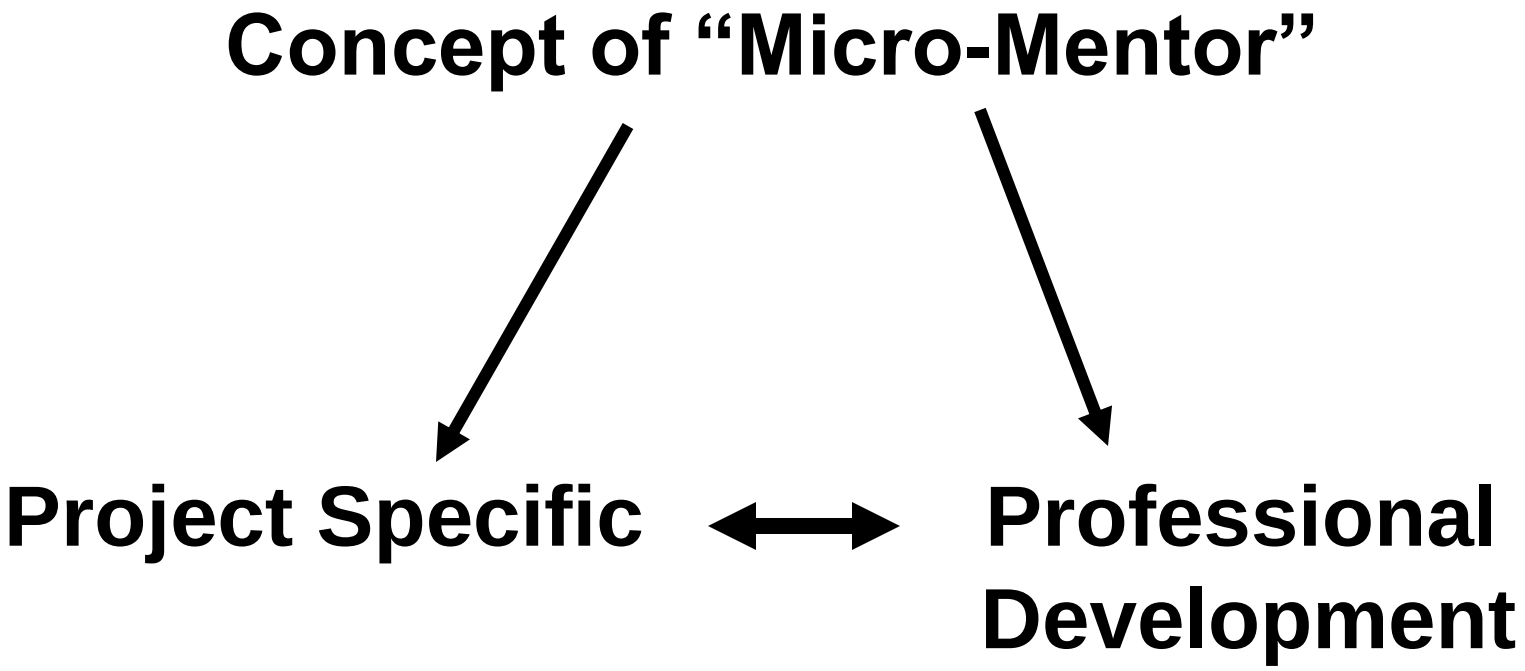
- Listening Skills
- Help with new skill development
- Help with realistic goal setting
- Introductions: Other resources, other mentors, etc
- Monitor progress towards goals

Role of Mentee

- Showing up for appointments
- Preparing in advance, completing tasks
- Identifying needs

RULE #1:

Set clear and explicit expectations up front for both mentor and mentee


Concept of “Micro-Mentor”
Project Specific
Professional Development

Guide for project development

1- Goal Setting: Where do I want to go and what do I need?

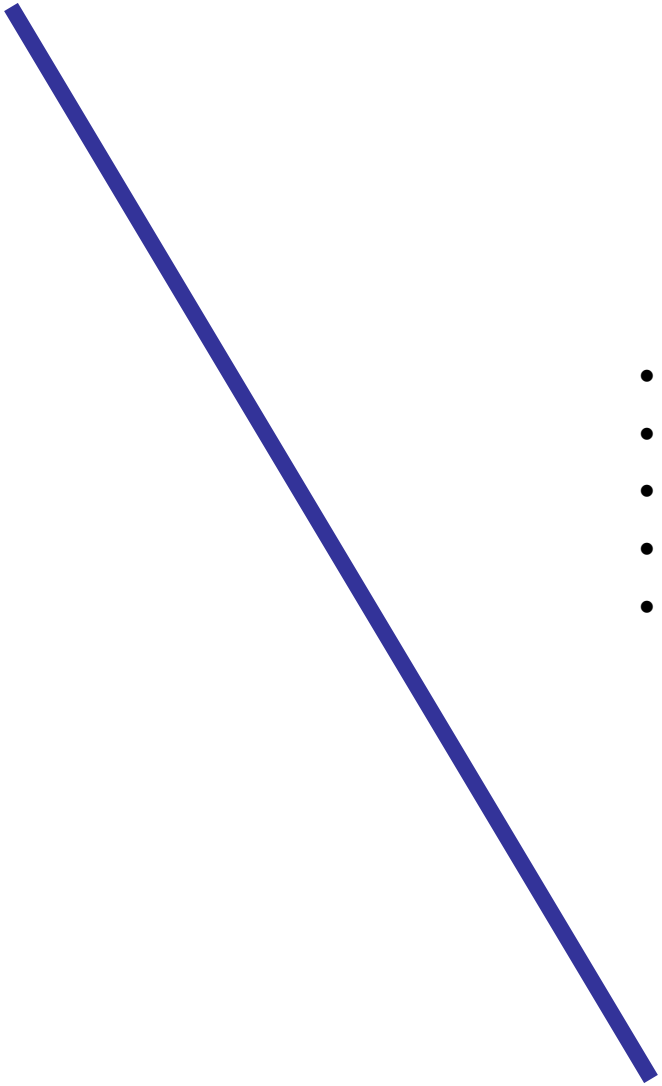
2- Planning: How do I get there?

3- Benchmarking: How will I know when I have arrived?

4- Reflection and Context: Where does this fit in the “big picture”?

- Reflection - We learn by doing and realizing what we did
- Structured autonomy: Self assessment followed by feedback for the “reality check”, to compare and validate

Project completion



- Action Items
- Barriers
- Milestones
- Resources
- Allies

Today's Date