# How to get the most out of the next few days: *Priming*

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- New content will be gained here important to have expertise to teach effectively
- **HOW** is the content being delivered? Pay attention to HOW the material is presented and make note of what you might want to borrow. Take notes about delivery style, examples, techniques

- To be an effective teacher:
  - WHAT? content to teach
  - HOW? strategies to actually DELIVER the content
  - WHO? your learners are ADULT LEARNERS

Principles of Adult Learning:

You can read Knowles OR you can think about how you learn

 Think about a memorable, POSITIVE learning experience that you have had as an adult

#### Adult learners want :

 Useful information that can be used right away, that is practical. They want to be involved in the creation of the agenda, with information tailored to their needs.

## Impress vs Inspire

- Impress vs Inspire
  - Impress: Does not promote action, it is about the teacher not the learner

• Inspire: Promotes learning=change in behavior or mindset, brings the topic into the realm of possibility, makes it seem possible, demystifies, breaks down into do-able steps, models the how, thinks out loud...

### Why are you here? Patients

 How many patients will you care for in your career?

• Do you do a good job?

 You will learn skills here that will allow you to provide better care to your patients

#### Why are you here? Learners

"He who can, does; he who cannot, teaches."

George Bernard Shaw

#### Why are you here? Learners

"He who can, does; he who cannot, teaches."

Sorry, George - Those who can, do and TEACH BEST

#### Why are you here? Learners

- How many patients will the people you teach care for?
- And the people you teach, also teach others....
- Pebble in a pond.
  - That's why you are here its your role as teacher that allows you to make a marked impact.

 So, in summary, you are here for your ability to INSPIRE your learners, and impact subsequent "generations" of learners



#### Logistics:

**CRIT:** How do I teach this?

Opioids:
Three ways to integrate this into teaching:
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-
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Key teaching points my residents/learners need:
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#### Part I - "Lifted" - 15 min

- Watch video
- Identify with one of the players- "little guy", "big guy"
- What was the little guy's agenda?
- Can you see the "impress" vs "inspire" playing out here?
- What did the big guy do well?
- What can YOU learn about YOUR teaching approach here?