Orientation to Lunch with Guests with Living Experience

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Learning Objectives

Describe new insights about addiction and the potential role of the physician or other healthcare provider in assisting people with alcohol or substance use disorders.

Examine the value of engaging people with alcohol or substance use disorders to teach about addiction.

Describe one format (group interview) for having patients with living experience participate in teaching sessions

Identify 2 considerations to make in orienting patients and learners to the teaching session.

Guidelines

- Guests will be at tables already

- Keep it personal

- Everyone should be able to ask questions

- One faculty/table- can help move along conversation

Possible Topics

- Effects on family, health, relationships

- Trajectory of use throughout life

- Physician involvement in recovery process (positive, negative, different)

- How physicians are currently involved

- What it was like to try to quit

- Treatment experiences

- Return to use

Guest preparation

- Keep it personal

- Not a testimonial

- Ok to say "I'd rather not discuss this"

- Guests eat lunch prior

Organizational Details: Guests

- Identifying Patients

- Explaining setting, learners, kinds of questions, time limits

- Answer questions/concerns

- Provide cell phone/reliable contact information

- Meet 30-60 minutes earlier to go over questions

- Be prepared for possible last minute cancellations

Organizational Details: Learners

- Create (or borrow) learning objectives

- Orientation/Debrief time

- Reminder about being respectful

- Guests have the option not to answer

- Ask specific questions (provide topic list if you want)

Other Considerations

- Speakers don't always talk about what you want them to

- Potential for cancellations

- Logistics – Compensation, Drive Time

- Choosing a patient in shorter term recovery or who is actively using