



## 18th Annual Chief Resident Immersion Training (CRIT) Program in

# ADDICTION MEDICINE

Improving Clinical and Teaching Skills  
for Generalists

**April 28 - May 1, 2019**

**Wylie Inn and Conference Center**  
Beverly, MA

### **A Program for:**

- **Incoming Chief Residents**  
*scholarships available*
- **Faculty Mentors**
- **Junior Faculty**



The program is funded by the National Institute on  
Drug Abuse (NIDA R25DA013582).

**CME Credits Provided**

**Application Deadline: January 25, 2019**

**Visit: [bumc.bu.edu/crit](http://bumc.bu.edu/crit)**

## Program Description & Target Audience

This is a four-day immersion training for incoming chief residents on state-of-the-art methods to diagnose, manage, and teach about addiction medicine. Additional spaces are available for faculty mentors of chief residents as well as junior faculty members.

### Curriculum

The curriculum covers major advances in the field of clinical addiction medicine presented through didactic presentations, case-based discussions, small group workshops, skills practice sessions, visits to a Narcotics Anonymous or Alcoholics Anonymous meeting, small group meetings with individuals in recovery, and one-on-one mentoring with course faculty.

**The curriculum includes the following:**

#### **Addiction Science**

- Epidemiology, neurobiology, and genetics
- Pharmacology of drugs and alcohol

#### **Clinical Practice**

- Screening, assessment, and brief intervention
- Motivational interviewing
- Treatment methods (e.g., pharmacotherapy)
- Relapse prevention
- Pain management in patients with a substance use disorder
- Safe opioid prescribing
- Overdose education and naloxone distribution

#### **Teaching Skills**

- Incorporating addiction medicine into residency curriculum
- Effective teaching techniques (e.g., teaching the reluctant learner)
- Giving feedback to learners

#### **Research Exposure**

- Review of clinically relevant addiction medicine research
- Exploration of career opportunities in addiction medicine research
- Critical appraisal of articles on addiction medicine

#### **Faculty Mentoring**

- Review goals and approaches for effective mentoring
- Practice mentoring techniques
- Support chief resident in their development of a Substance Use Teaching Project

## Objectives

- Understand the scientific foundation of addiction
- Improve clinical skills in addiction
- Integrate addiction issues into teaching
- Learn about career and research opportunities in addiction medicine
- Enhance faculty mentoring skills



## Other Training Components

### **Substance Use Teaching Project**

Participants will meet one-on-one with course faculty to develop a teaching project that can be implemented after the immersion training.

### **Educational Materials and Resources**

Participants will receive valuable resources, including slide presentations, up-to-date reference materials, access to immersion training faculty after the training, and a subscription to AODHealth.org, which contains summaries of the most current substance use research.

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# Program Directors

**Daniel P. Alford, MD, MPH (CME Course Director)**  
Professor of Medicine  
Director, Clinical Addiction Research and Education (CARE) Unit  
Section of General Internal Medicine  
Boston University School of Medicine

**Jeffrey H. Samet, MD, MA, MPH**  
Chief, Section of General Internal Medicine  
John Noble MD Professor in General Internal Medicine  
Professor of Community Health Sciences  
Boston University Schools of Medicine and Public Health



# Course Faculty

**Sarah Bagley, MD, MSc**  
Boston University School of Medicine

**Angela Jackson, MD**  
Boston University School of Medicine

**Richard Saitz, MD, MPH**  
Boston University Schools of Medicine and Public Health

**Jeanette Tetrault, MD**  
Yale School of Medicine

**Alexander Y. Walley, MD, MSc**  
Boston University School of Medicine

# Eligibility & Application Requirements

This training equips participants with essential skills to teach addiction medicine and will help faculty mentors assist their chief residents with incorporating addiction issues into residency and medical student curricula. **All participants must be able to attend the entire training from April 28 through May 1, 2019.**

## Chief Resident candidates must:

- Have accepted a chief resident position in Internal Medicine or Family Medicine for the next academic year.
- Expect to spend greater than 50% of their time teaching during their chief resident year.
- Apply with or without a faculty mentor.
- Complete the brief online chief resident application. This includes: 1) a CV; 2) a personal statement of motivation and goals; 3) a letter of nomination from your residency program director that includes a statement of the expected percentage of your time that will be spent teaching during your chief resident year; and 4) a letter of support from a faculty member (mentor) who will support the integration of addiction medicine into your institution's curriculum. *Note: if your residency director is also your mentor, only one letter is required.*

## Faculty Mentor candidates must:

- Be a program director or core residency program faculty.
- Apply in conjunction with a chief resident mentee. Note: faculty may qualify to attend as junior faculty if their chief resident is not accepted (see below).
- Be able to assist with the development and implementation of the chief resident's Substance Use Teaching Project.
- Complete the brief online faculty mentor application. This includes: 1) a CV; and 2) a personal statement indicating how attending the immersion training program with your chief resident will enhance their ability to incorporate addiction medicine into your residency program's curriculum.

## Junior Faculty candidates must:

- Be a physician faculty member responsible for training residents in Family Medicine or Internal Medicine, or medical students.
- Be an instructor or assistant professor with a minimum of 1 year and a maximum of 10 years on faculty.
- Complete the brief online junior faculty application. This includes: 1) a CV; 2) a personal statement that includes your motivation for participating in the program and your plans for disseminating addiction medicine knowledge to trainees at your institution; and 3) a letter of nomination from your division chief, department chair, or program director that emphasizes how the institution will facilitate dissemination and sustainability of the knowledge gained from the immersion training and states the expected percentage of your time that will be spent teaching after program completion.

# Tuition, Accommodations & Travel

**Tuition** for all attendees (chief residents and faculty) is fully covered by a grant from the National Institute on Drug Abuse (NIDA).

## Accommodations & Travel

### Chief Residents

The grant supports up to 15 full chief resident scholarships that cover travel and accommodations. Depending on available space, a limited number of chief residents will be accepted without a full scholarship, and can attend if able to secure their own funding for travel and accommodations. All participants must stay onsite at the Wylie Inn & Conference Center.

### Faculty Mentors and Junior Faculty

There is no grant support for faculty mentor and junior faculty travel and accommodations. Both are responsible for covering their travel and accommodations and must stay onsite at the Wylie Inn & Conference Center. CME credits are provided at no cost.



# Location

**Wylie Inn & Conference Center** is about 20 miles from Boston and situated on a picturesque stretch along Boston's scenic North Shore in Beverly, Massachusetts.

For more information, visit [wyliecenter.com](http://wyliecenter.com)

To request reasonable accommodation for a disability, please notify Marlene Lira upon receiving your acceptance.



# What Our Alumni are Saying:

*"Thank you so much for an incredible experience. I really enjoyed getting to meet such dynamic faculty, residents, and fellows from around the country who all feel passionately about addiction medicine. You made us all feel right at home and as if we were part of a small family."*

*"I now have a 'toolkit' of learning points and techniques from which to draw. The community of support sharing knowledge and skills to do this work better is inspiring for me."*



# Application & Additional Information

**Contact:**  
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\* Faculty mentors and junior faculty are eligible to receive *AMA PRA Category 1 Credit™*. Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for physicians.

This activity has been approved for *AMA PRA Category 1 Credit™*.

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