

Orientation to Lunch with Guests in Recovery

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Learning Objectives

1. Understand the addiction experience from the guests' perspective.
2. Understand the treatment experience from the guests' perspective.
3. Understand way the physician (or other health care provider) can be pivotal in screening, motivating, referring and supporting the patient with a drug or alcohol use disorder.

Guidelines

- Go directly to lunch after last Skills Practice Session
- Guests will be at tables already
- Keep it personal
- Everyone should be able to ask questions
- One faculty/table- can help move along conversation

Possible Topics

- .Effects on family, health, relationships
- .Trajectory of use throughout life
- .Physician involvement in recovery process
(positive, negative, different)
- .How physicians are currently involved in their
recovery
- .What is was like to try to quit
- .Treatment experiences

Guest preparation

- Keep it personal
- Not a testimonial
- Ok to say “I’d rather not discuss this”
- Setting

Organizational Details: Guests

- Identifying Patients
- Explaining setting, learners, kinds of questions, time limits
- Answer questions/concerns
- Provide cell phone/reliable contact information
- Meet 30-60 minutes earlier to go over last minute questions
- Be prepared for possible last minute cancellations

Organizational Details: Learners

- Create (or borrow) learning objectives
- Orientation/Debrief time
- Reminder about being respectful
- Guests have the option not to answer
- Ask specific questions (provide topic list if you want)

Challenges

- Speakers don't always talk about what you want them to
- Potential for cancellations
- Logistics
- Choosing a patient in shorter term recovery or who is actively using