





Case-Based Addiction Medicine Teaching-I

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Overview

Medical Complications Case Scenarios:

- 1. The Febrile ED Patient
- 2. Painful Cellulitis and IDU



Case Presentation 1 (morning report)

A 31 year old man presents to the ED "feeling sick"

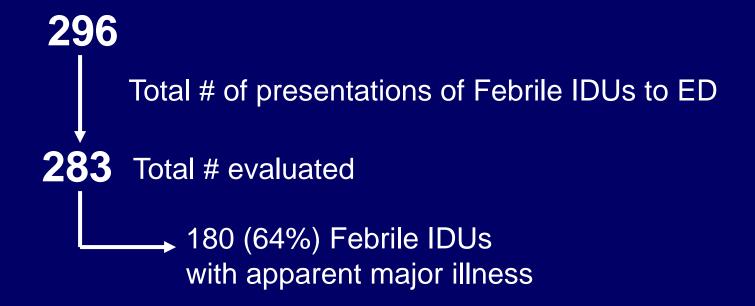
- Recent injection heroin use
- Symptoms myalgias, weakness, cough
- No history of TB or HIV
- PE T: 101.2° F
- No cardiac murmur, non-tender abdomen
- Labs WBC 12,000 with normal differential
- Urine-trace protein

Case Presentation 1

What is your next step after sending blood cultures?

- A. Discharge with antibiotics
- B. Discharge without antibiotics
- C. Hospitalize and treat with antibiotics
- D. Hospitalize but do not initiate antibiotics

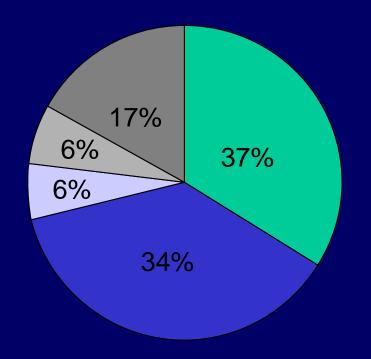
Febrile IDUs-Presentation to Boston City Hospital ED 1/88-1/89



Major Illness at Presentation

n=180

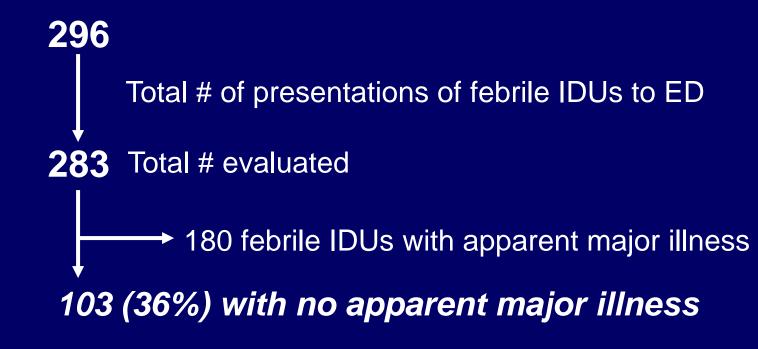
Cellulitis (37%)



- Pneumonia (34%)
- Infective Endocarditis (6%)
- Abscess (6%)
- Other apparent major illness (17%)

Samet JH, Shevitz A, Fowle J, Singer DE. *Am J Med.* 1990;89:53-57 Marantz PR, Linzer M, Feiner CJ, et al. *Annals Intern Med.* 1987;106:823-828.

Febrile IDUs-Presentation to Boston City Hospital ED 1/88-1/89



Febrile IDUs-Presentation to Boston City Hospital ED 1/88-1/89

103 (36%) with no apparent major illness



11 (11%) major illness 92 (89%) minor illness

Diagnosis of Patients with Occult Major Illness

Patient	Diagnosis	Bacteremia
1	Infective Endocarditis	Group G β-hemolytic streptococcus
2	Infective Endocarditis	Staphylococcus aureus
3	Infective Endocarditis	Staphylococcus aureus
4	Infective Endocarditis	Staphylococcus aureus
5	Infective Endocarditis	Staphylococcus aureus
6	Infective Endocarditis	Staphylococcus aureus
7	Infective Endocarditis	Staphylococcus viridans
8	Pneumonia	None
9	Pneumonia	None
10	Disseminated intravascular coagulation	None
11	Deep venous thrombosis	None



Case Presentation 1 Outcome

- -- Recent injection heroin use
- Myalgias,
 weakness, cough
- PE T: 101.2° F
- No cardiac murmur
- non-tender abdomen
- WBC 12,000 with normal differential
- Urine-trace protein

- Tests
 - Chest x-ray-normal
 - Blood cultures negative after 24-hrs.
- Assessment/Plan
 - Diagnosis-Viral Syndrome
 - Patient discharged home
 - Referred for addiction counseling

Febrile IDUs-Recommendations

- No combination of clinical characteristics effectively identified the febrile IDU with inapparent major illness.
- The hospitalization decision in febrile IDUs rests primarily on the need for patient followup after blood culture results are known.
- If follow-up is not possible, the patient should be hospitalized.