You observe one of your interns go in to interview and examine a patient. The patient complains of symptoms of heroin withdrawal. The intern seems to ignore the patient's concerns, and using lots of medical jargon, tells the patient that she will die unless she "kicks the habit". ALL parties are extremely frustrated after a few minutes – yourself included.

You follow him out of the room and:

a) Smack him on the head- that should knock some sense into him

 b) Tell him that he should rethink his career decision, as he clearly lacks people skills

c) Shrug and ignore the episode-he is really bright and technically excellent

d) Choose the appropriate time and offer some thoughtful and well directed feedback CRIT/FIT 2013

# **Effective Feedback**

#### Angela Jackson, MD

Associate Professor Associate Dean, Office of Student Affairs Boston University School of Medicine

# The process by which the teacher provides learners with information about their performance

The process by which the teacher provides learners with information about their performance <u>for the</u> <u>purpose of improving their</u> <u>performance</u>

#### **KNOWLEDGE**

#### SKILLS

#### ATTITUDES

#### Reinforce good behavior Correct mistakes

#### Improved performance



"Keep up the good work, whatever it is, whoever you are."

### 1) Specific

# Specific Frequent

Specific
Frequent
**3) Timely**

- 1) Specific
- 2) Frequent
- 3) Timely

## 4) Include learner selfassessment

#### Fostering self-assessment:

"Do <u>YOU</u> feel that <u>YOU</u> are able to identify alcohol withdrawal symptoms in a hospitalized patient?"

"Are <u>YOU</u> comfortable with <u>YOUR</u> skill at eliciting a substance use history?"

## 5) Focus on <u>observed</u> <u>behaviors</u> not the <u>person</u>

# 5) Focus on **observed behaviors** not the person

## 6) Focus on what is changeable

# 5) Focus on **observed behaviors** not the person

6) Focus on what is changeable

7) Motivate behavior change

- 5) Focused on <u>observed behaviors</u> not the <u>person</u>
- 6) Focused on what is changeable
- 7) Motivates behavior change
- 8) Offers concrete suggestions for improvement

WELL, YOU'VE BEEN A NO, STUPID, NOT PRETTY GOOD HOSS, I GUESS. HARDWORKIN! NOT THE FEED BACK. 1 SAID I WANTED FASTEST CRITTER 1 EVER A FEEDBAG. COME ACROST, BUT ... Mun MIIIIII allow 111 111 111 . 0 1,0 0 ,11 11 11, 1/, QINS strice 0 **CRIT/FIT 2013** 

"The Delivery"

- Choose the time and location
- Decide how much to "dole out"
- Acknowledge the learner's situation
- Give the learner the opportunity be involved in creating plans for improvement



#### "Feedback sandwich"



#### "Feedback on a cracker"

# "Catch them doing something right"