Teaching in a Small Group

Angela Jackson, MD
Vice Chair for Education
Director, Primary Care Training Program
Boston University School of Medicine

Goals of the session:

- Overview of the adult learning process
- Understand when and why Small Group Teaching is effective
- Strategies to use during teaching sessions
- Identify potential teaching challenges

The Adult Learning Process

Adult learners want:

- To help set the learning objectives
- To use what they learn right away
- To problem solve, not just learn facts
- Feedback, so they can evaluate their own progress

Adult Learning Process

Help set the

learning objectives _____

Collaborative

Use what

they learn right away

Clinically relevant

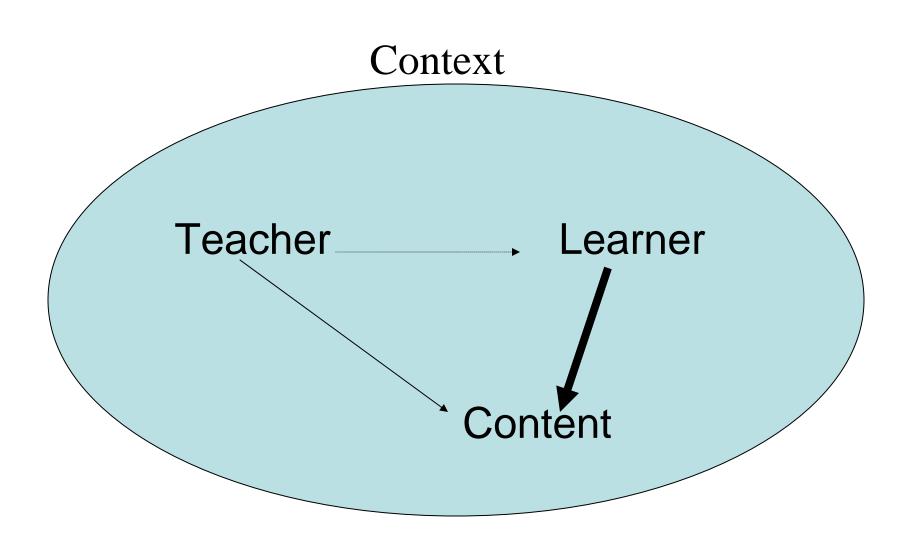
Problem solve

Practical

Includes feedback _____

Encourages self-assessment

Small Group Teaching:



Small Group Teaching

Shared responsibility for the learning process

Small Group Teaching:

Opportunities for the teacher-

- To assess the learner's needs and learning agenda
- To highlight misconceptions and individual knowledge gaps
- To observe learner's reasoning skills
- To encourage self-assessment (metacognition)

Small Group Teaching:

Examples of small group teaching

When is this format useful? Why?

Before you start...

Who? What? How?



"And so you just threw everything together? ... Mathews, a posse is something you have to organize."

- Who are your learners?
 - Motivation level?
 - Background knowledge?
 - What do they want to learn?

- What do you want to accomplish in the session?
 - "Need to know" vs "Nice to know"
 - What three points should they walk away with?

- How will you meet your teaching goals?
 - Techniques to use
 - Keep them involved
- How will you know that they are learning?

Small Group Session Work Sheet:

- Who are your learners?
- What do you want to accomplish in the session?
- What is challenges do you anticipate?
- How will you meet your teaching goals?
- How will you know that they are learning?

CRIT 2010

Small Group Session Work Sheet:

Who?

 Chief Residents, experienced teachers; tired from sitting and listening to talks

What?

-Provide some specific, useful techniques, likely to be used, encourage experimentation

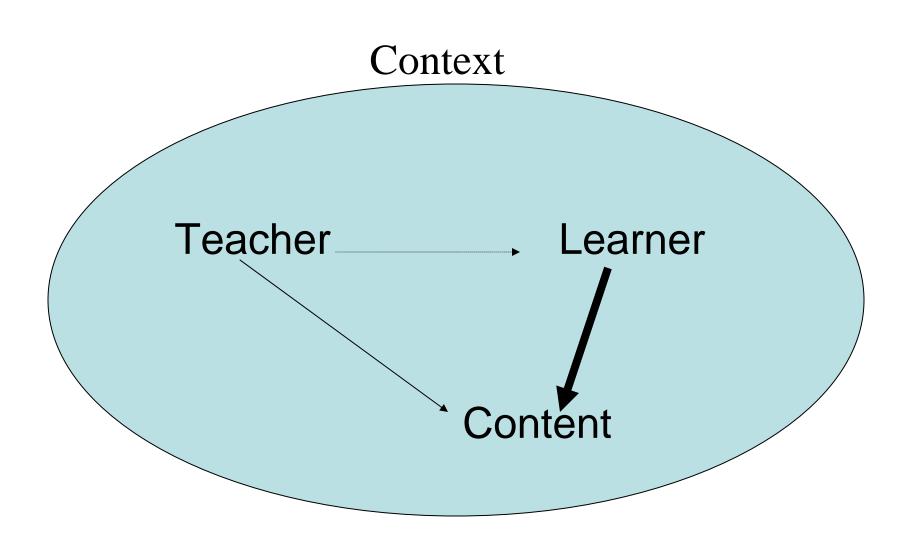
How ?

- Interactive didactic, modeling some of the tips during the session
- Take home points on the 3x5 card

Your role:

"facilitator" vs "the UPS guy"

Small Group Teaching:



Your role:

- prepare the general plan for the session
- set the tone for the session
- pay attention to the environment
- encourage participation
- keep the discussion on track
- time management

Adult Learning Process

- Collaborative
- Clinically relevant
- Practical
- Encourages self-assessment

Tips and Techniques

Tips and Techniques:

- Know their names- and use them
- Learners should talk to each other
- Count to 10
- The "Coffee Cup Technique"
- 3 x 5 cards
- Use summary statements for key points

Small Group Learning: Running the Session

Using Questions as Teaching Tools:

Small Group Learning: Using Questions as Teaching Tools

Ask about something that is worth knowing

Small Group Learning: By asking questions you can...

- Assess learners knowledge level (What do they NEED to know?)
- Elicit their learning agenda (What do they WANT to know?)
- Promote active thinking
- Assess their understanding of what is being discussed

(Links new concepts with "real life" scenarios)

Small Group Learning: Using Questions as Teaching Tools

Types of Questions:

- **Recall**: first level of interaction with the material (list, name, report, define, etc)
- Analysis/ Synthesis: demonstrate understanding

(compare, categorize, distinguish, design, etc.)

Application: apply new concepts to a specific clinical setting

(interpret, apply, demonstrate, choose, etc)

What challenges have you faced in small group teaching?

Small Group Teaching: Challenges

- Unpredictability of the session- requires creativity and a tolerance for the unknown
 - Learner's needs and interests may not be what you predicted
 - "Thinking on your feet" to refine or revise the learning objectives
 - Group dynamics

Small Group Learning: Challenges

- Group with learners with different knowledge levels
- The "Learner with Frontal Release"
- The "Know it All"
- The "Bored Learner"--"Sleeping Learner"
- The "Shy Learner"

Small Group Learning: Keys to success

- 1) Plan ahead
- 2) Pay attention to the **process**, not just the content
- Self-assessment: Learners AND teachers

*) Experiment

Now, the 3x5 card...