CSEF Milestones – Family Medicine Clerkship

This document illustrates the progression from 3^{rd} to 4^{th} year and the performance expectations of a 3^{rd} year versus a 4^{th} year student.

Oral Presentations

clear, well organized, focused, and patient information in real time family when presenting in concise for most patients into presentation the patient		get Behaviors for 4 th Year/ Inch Behaviors for 3 rd Year Reach Behaviors for a 4 th Year
exam, tests) patient and family when presentation to situation a □ Effectively engages audience in delivery of presenting in front of the receiver of information with	vers presentations that are accurate, it, well organized, focused, and sise for most patients patient data (history, in, tests) etively engages audience in delivery of entation (e.g., making frequent eye act, not reading directly from notes, ents pertinent positive and negative in a manner that enables listener cognize/prioritize the differential mosis and rule in/out diseases) ents clinical reasoning, including a mesis statement (i.e., "one-liner") with ding diagnosis, a prioritized rential diagnosis with justification,	□ Integrates/synthesizes new patient information in real time into presentation □ Proactively seeks to involve patient and family when presenting in front of the patient □ Able to tailor length and complexity of presentation to situation and receiver of information □ Presents clinical reasoning effectively, including a concise, well-organized synthesis statement with a leading diagnosis, a prioritized differential diagnosis with □ Can effectively involve patient and family when presenting in front of the patient □ Tailors length and complexity of presentation to situation and receiver of information with minimal advance warning

Documentation

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
 Writes notes that are complete, accurate, and well-organized Documents diagnostic reasoning, including a synthesis statement (i.e., "one-liner") with a leading diagnosis and a prioritized differential diagnosis, justifying it with epidemiology (e.g., prevalence) and positive and negative findings Creates a problem list that is appropriately prioritized and complete for major biopsychosocial problems Provides an appropriate rationale for the management plan for common conditions Includes healthcare maintenance and a follow up plan for each patient 	 Documents pertinent positive and negative findings in a manner that enables listener to recognize/prioritize the differential diagnosis and rule in/out diseases Documents diagnostic reasoning clearly, including a synthesis statement with a leading diagnosis and a prioritized differential diagnosis, justifying it with relevant epidemiology (e.g., prevalence), positive and negative findings, and pathophysiology Creates a problem list that is appropriately prioritized and complete for major and minor biopsychosocial problems Provides an appropriate rationale for the management plan for common conditions, citing relevant guidelines and evidence where applicable Defines follow up plan and next steps in management for uncomplicated patients 	 Provides an appropriate rationale for the management plan for common and less common conditions, citing relevant guidelines and evidence, where applicable Proactively updates discharge documentation (when relevant) in real time to facilitate transfer of care and handoffs Updates electronic handover tool with clear, relevant, and succinct documentation, when applicable Sometimes documents patient's values and goals of care which may include advanced care planning

Data Synthesis/Diagnostic Skills

Management Planning

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
Provides appropriate management suggestions for most common conditions Attempts to provide appropriate management suggestions for less common conditions Provides an appropriate rationale for the management of common conditions based on the severity, control and chronicity of the illness Accurately assesses health maintenance needs with each visit	 □ Provides appropriate management suggestions for common and less common conditions □ Provides an appropriate rationale for the management of common and less common conditions □ Provides specific, accurate suggestions and changes to plan, based on patient specific factors, acuity, current response to treatment and new data. □ Integrates/synthesizes new clinical data effectively in real time to modify diagnostic plans when appropriate □ Incorporates best available evidence-based data into management planning using point of care resources □ Begins to incorporate contingency planning into management plans 	 Develops and implements an initial management plan for patients with urgent or emergent conditions, when applicable Consistently incorporates contingency planning into management plans Able to modify management plans in real time with minimal guidance based on new information or a change in status Accurately defines discharge criteria/follow up plan for all patients Share best available evidence-based data/guidelines with their supervisor, peer, and/or team

Teamwork & Professionalism

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
□ Shows respect towards peers, supervisors and clinical staff through appropriate verbal and nonverbal communication □ Integrates effectively into team activities by recognizing distinct roles, responsibilities, and contributions of interprofessional team members' and demonstrates understanding and limitations of their role and where they can proactively participate in meeting needs of team □ Communicates with the interprofessional team, keeping members informed and up-to-date while maintaining clear and effective communication channels. □ Demonstrates trustworthiness and reliability including consistent punctuality, preparation, and commitment to assigned tasks, while maintaining confidentiality and ethical standards □ Identifies opportunities for growth in one's performance through self-reflection, being receptive to feedback and actively using it to improve behavior and performance	Shows respect towards peers, supervisors and clinical staff through appropriate verbal and nonverbal communication Actively integrates into the team by anticipating workflow and positively contributing to the team's efficiency Proactively communicates with interprofessional team members (e.g., Consults, referrals, PT, social work, VNA) to improve patient care Able to articulate an appropriate consult question prior to initiating a consult Incorporates recommendations from interprofessional team members into the care plan Demonstrates trustworthiness and reliability, appreciates the professional role and gravity of being the "doctor" by being fully engaged in patient care activities, while maintaining confidentiality and ethical standards Displays self-awareness of knowledge, skills, and limitations by engaging in appropriate help-seeking behaviors, and soliciting input from supervisors	Actively integrates into the team by anticipating workflow and positively contributing to the team's efficiency by mentoring students Leads coordination of care of patients in complex clinical situations, effectively utilizing the roles of interprofessional teams Anticipates consultative needs and incorporates recommendations Proactively develops strategies and plans to address limitations of knowledge, skills, and emotions whether self-identified or highlighted through feedback from others Demonstrates flexibility and maturity in adjusting to change and constructive feedback Displays self-awareness of knowledge, skills, and limitations by engaging in appropriate helpseeking behaviors, and soliciting input from supervisors in an efficient and timely way

Patient Centered Communication & Humanistic Care

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
 □ Provides accurate information to the patient □ Emphasizes key points of diagnosis and/or plan □ Encourages patient questions/perspectives/concerns □ Uses appropriate language based on patient's health literacy □ Avoids medical jargon for most patients □ Engages appropriately with interpreters when interpreters are needed □ Ensures that patient/family understands explanations/counseling using verbal and non-verbal techniques (reflective statements, summary statements, open body language, nodding, eye contact, etc.) □ Demonstrates humanism, empathy, compassion and cultural humility by acknowledging patients' emotional needs and responding with appropriate validation and support 	Communicates about diagnostic testing and how results will influence diagnosis, further evaluation, and future plans of care Addresses patient questions while communicating plan Communicates appropriately about discharge readiness in discussions with patient/family Demonstrates ability to navigate difficult patient conversations and encourage behavioral change Identifies appropriate opportunities for basic patient counseling, motivational interviewing, teach-back and provides patient centered education/resources when applicable Demonstrates cultural humility through active learning, seeking patient perspectives on their experiences with the healthcare system and adjusting approach accordingly.	 Identifies and attempts to mitigate barriers to effective communication Attempts to lead challenging conversations, i.e. family meetings, delivering bad news, and discussing goals of care with patients and families when applicable Engages in shared decision-making with consideration of patient values and psychosocial determinants Consistently demonstrates cultural humility and mentors students in developing these skills

Interviewing Technique

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
 Introduces self to patient and attempts to develops rapport Takes a chronologic history of present illness without interruption Attempts to use the differential diagnosis to gather data Follows an organized interview framework Uses summarization of history back to patient or checks for accuracy Actively listens using verbal and nonverbal techniques (reflective statements, summary statements, open body language, nodding, eye contact, etc.) Completes within appropriate time frame 	 Demonstrates patient-centered interview skills (e.g., attends to patients' verbal/nonverbal cues, culture, social determinants, need for interpretive/ adaptive services etc.) Probes for subtle pertinent details when gathering data necessary for differential diagnosis prioritization 	 □ Probes for relevant, subtle details □ Utilize agenda setting when relevant

Physical Exam

Target Behaviors for 3 rd Year	Target Behaviors for 4 th Year/ Reach Behaviors for 3 rd Year	Reach Behaviors for a 4 th Year
 Uses correct technique for routine physical exam in an organized fashion Uses the differential diagnosis to guide exam Performs examination in a patient-sensitive manner Identifies and interprets common and obvious pertinent findings 	□ Performs specific maneuvers to increase or decrease likelihood of diagnoses on the differential □ Demonstrates focused, efficient, and systematic exam on all relevant systems	 □ Identifies and interprets even subtle findings accurately □ Performs advanced specific physical exam maneuvers to increase or decrease likelihood of diagnoses on the differential