Welcome to BMC! As part of the medical clearance process, all BMC employees, staff, visitors, and students are required to provide proof of the following:

### Requirements for Occupational Health Clearance

- **MMR (Measles, Mumps, Rubella)** *required*
  - Documentation of 2 MMR vaccines;
  - Or documentation of 2 Measles, 2 Mumps or 1 Rubella
  - Or positive titers

- **Varicella (Chicken Pox)** *required*
  - Documentation of 2 vaccines or positive titer

- **TB Test** *required*
  - Blood Test (T-Spot or Q-Gold) – completed within the past 3 months
  - Or 2-step TB skin test – one within the past 3 months and another within the past year
  - If positive or history of a positive, must provide a *negative chest x-ray report (dated after initial positive test)* and **TB symptom screening** form

- **Hepatitis B Vaccine** *recommended*
  - Documentation of completed series (either a 2 or 3 shot series) or positive titers

- **Tetanus (Td/Tdap) Vaccine** *recommended*
  - A single dose of Tdap recommended. After receiving one dose of Tdap, a dose of Td or Tdap every 10 years is recommended.

- **Covid-19 Vaccine** *(documentation of vaccination history, and signed BMC exemption form if declining most recent Covid vaccine)*

- **Flu vaccine**
  - *Required* during flu season (September 1 – April 1)

- **OSHA questionnaire and annual Respirator Fit Test** *(if role is patient facing)*

**For Healthcare Workers with patient contact and potential exposure to blood or bodily fluids ONLY (required):**

- **Hepatitis B**
  - Positive Hepatitis B Surface Antibody titer

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**How to obtain vaccination records:**

These documents can be found in your doctor’s office records, student health, previous employee health records, immigration documents, military service documents, travel vaccination records, and/or through the Massachusetts Immunization Information System (MIIS) or by scanning the MIIS QR Code. BMCHS Occupational Health will perform or administer any necessary tests and/or vaccinations. **For the health and safety of our patients and employees, you cannot be cleared to start until all of the health clearance requirements have been satisfied.**