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# Financial Pearls for Medical Students

Building financial literacy as a medical student is an important skill for life and can contribute significantly to your wellness. It's never too late to start, so why not start with one financial pearl below.

## Learn to Take Control of Your Finances

Check out **Kindros**, an interactive financial knowledge center, to learn fundamental concepts, create a plan to save, budget, and more.

## Make a Budget and Stick to It

Creating a budget is a great way to stretch your dollars and avoid unnecessary spending. Creating a budget may seem daunting but it's manageable if you follow some basic steps in this **Monthly Budget Sheet**.

## Consult Dollar\$ and \$ense

**Dollar\$ and \$ense** is the monthly e-newsletter from Student Financial Services with your need-to-knows. Important information on presentations, deadlines, resources can be found there.

## Loan Repayment Strategies

Plan ahead and learn about smart strategies to repay your student loans with **Loan Repayment Strategies** and **Loan Repayment Programs**.

## Contact Student Financial Services

If you are not sure, just ask!  
**Contact Student Financial Services** via email, virtual drop-ins, walk-ins, telephone, or chat with BUzz 24/7.

