Resources and Education for Adolescents and their CHildren (REACH) is a student-run service learning project started in August 2013 at Boston University School of Medicine that aims to work with and learn from homeless teenaged mothers and their young children at a shelter in Roxbury, MA. The mission of REACH has been to actively support these young families through educational workshops, constructive childcare and longitudinal multifaceted mentorship.

Our motivated group of students works to promote health and wellness through monthly interactive workshops for the mothers, on topics relevant to this specific population chosen by the residents themselves. The main goal of our workshops is to provide these teenagers with information and resources that will empower them to make educated medical decisions for themselves and their children.

Relationships fostered between medical students and families at the shelter help to increase student awareness about the unique struggles of homeless teenaged mothers and encourage these future physicians to be informed and compassionate patient advocates prepared to tackle important issues in healthcare that span far beyond the clinic.

REACH Leadership
Lauren Sweetser = Chair
Aliyah Sanders = Development Coordinator
Yara Hamade-Tohme = Playspace Coordinator
Anne-Sophie Touret = Logistics Coordinator
Rachel Vassar = Publicity Coordinator

For more information contact:
Lauren Sweetser
LaurensW@bu.edu