

Meet the BUMG Board of Trustees: Meghan Dierks, MD, Independent Trustee



What drew you to serve as a trustee on the BUMG Board?

My professional journey has been a unique blend of hands-on clinical practice and venturing into the world of healthcare technology entrepreneurship. The opportunity to serve as a trustee for the BUMG appealed to my dual interests in clinical excellence and systems-level change

What do you enjoy most about serving on the board?

What I enjoy most about serving on the board is the shared optimism, collaboration, and mutual respect among members.

If there's one thing, as a board member, you'd want to communicate with BUMG clinicians, what would that be?

The Board recognizes the obstacles clinicians face in providing exceptional care. Our focus is to help BUMG achieve operational excellence while upholding its core mission. We welcome frontline input.

What do you see as the biggest challenges facing BMC and BUMG?

BMC (like other health systems) and individual BUMG practitioners face substantial challenges like rising costs, adapting to value-based payment models, reducing burnout from administrative burdens, and keeping up with technological and patient expectation changes.

What is an interesting fact about you that no one would guess?

A long time ago, I ran cross country in college and was co-captain of my team. When I teach medical students, I often use this experience with cross-country competition scoring as an example of how a team will often win based not on the performance of the team's first and fastest runner but on the performance of the team's seventh and final runner.

Do you enjoy reading books? If so, what have you read lately that you enjoyed?

I love reading non-fiction, and I wish that I had more time! Right now, I am reading "Working" by Robert Caro, a fascinating first-hand explanation of his research, analytic, and writing processes.

What are you watching on Netflix?

I'm rewatching last season's "Alone," the program where survivalists compete to outlast each other in the Canadian wilderness. I'm taking notes ...

Do you have any hobbies?

I play violin and mandolin, and I love to take long walks with my dogs

Is there anything else you would like to share with the BUMG clinicians?

I have deep respect for all of the clinicians who continue to deliver exceptional care in this city.