

Care Family Care Benefits

Care family care benefits are here to support you as you're trying to manage it all while caring for those you love, including yourself.

BENEFITS WILL INCLUDE:

Care Membership

Post jobs, search, and reach out to local caregivers 24/7, to find care for children, adults, pets, housekeeping, tutors, and more.

Backup Care

Vetted and subsidized adult care and child care, when your regular care is not available, and reimbursement for child, adult and pet care through your personal network when in-network options are not available.

LifeMart Discounts

Members-only discount program offering nationwide offers and savings on major brands and everyday essentials.

**Enroll today to access
your family care benefits.**

YOUR BENEFIT YEAR:

01/01/22 to 12/31/22

YOUR BACKUP CARE BENEFIT DETAILS:

Up to 10 days per year

SUBSIDIZED RATES:

\$6/hour for in-home care
\$10/day for in-center care

**Boston University
Medical Group**



Frequently Asked Questions

What is Care?

Care is an employee benefit that helps manage your family care needs while balancing work. Enroll today to learn more.

How do I sign up?

Visit your company's Care website or download the Care app to enroll (available in the App Store on your iOS device, and on Google Play). Your HR department has selected your username, which could be your work email address, employee ID, or another unique employee identifier.

I have questions about my Care benefits.

Who should I contact?

You can talk to a member of your HR department or contact Care directly by calling 855.781.1303 or emailing careteam@care.com.

What kind of information do I need to provide about my dependents?

To ensure your care needs are met, we will ask for the following information during enrollment: name, age, gender, and details on any special needs.

How it Works:

- 1 Enroll and log in to your account through your company's Care.com website or the Care.com app to get started. You can also call 855.781.1303.
- 2 Identify the type of care you need on your company's Care.com website or the app. If you're calling in, press the number that corresponds to your care needs.
- 3 Follow the prompts to complete your search for care.

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