

Care@Work benefits to help new parents.



Adjusting to a new bundle of joy, and the sleepless schedule that comes with them, is never easy. Especially when you go back to work. That's why your company provides Care@Work benefits—to make it easy to find a little help, and manage and pay for it, too.

Use your Care.com Membership.

Need a babysitter? Nanny? Housekeeper? Pet sitter? You have unlimited access to all of Care.com, so you can post jobs, search local caregivers, and message with candidates as often as you'd like.

Hire, chat and even pay from anywhere.

Use your desktop or the app to connect with any of the caregivers on Care.com. You can access background check options and reviews, and set up phone interviews or video chats. Once you hire, it's easy to pay through Care.com, too.

Get help when you're in a pinch.

You have Backup Care benefits for children. That means you can quickly get vetted care for any of your children, from newborns to teens, 24/7 for work-related issues.

Your company provides new parents with:

Care.com Membership

Find local caregivers whenever you need help, 24/7/365.

Backup Care for children

You get 10 days of subsidized Backup Care per year, from January 1–December 31.

- \$6.00/hour for in-home care
- \$10.00/child/day at child care centers.

Activate your benefits now.
Register at bumg.care.com

care@work
BY CARE.COM

Boston University
Medical Group

