



## Children and Family focused Community based Fellowship

**Fellowship Overview:** This fellowship is being supported through the Behavioral Health Workforce Education and Training Program offered through the Health Resources and Services Administration (HRSA). This fellowship offers training in integrated pediatric primary care at the Boston-area community healthcare centers.

The fellowship is part of CMTP (Center for Multicultural Training in Psychology) at the Boston Medical Center (BMC). Boston Medical Center (BMC) is the largest safety-net hospital in New England and treats a diverse patient group with regards to country of origin, language, race, ethnicity, and insurance status. Boston Medical Center is the primary teaching hospital of Boston University School of Medicine. The fellow will receive a Boston University academic appointment as a fellow within the School of Medicine, Department of Psychiatry.

This fellowship emphasizes relationships with community-based partners to increase access to quality behavioral health services for populations across the lifespan in high need and high demand areas. A special focus is placed on demonstrating knowledge and understanding of the specific concerns for children, adolescents, and transitional-aged youth who are at risk for behavioral health disorders. Additionally, it emphasizes interdisciplinary collaboration by utilizing team-based care in integrated behavioral health and primary care settings and recruiting a workforce that reflects participation in the institutions' programs of individuals and groups from different racial, ethnic, cultural, geographic, religious, linguistic, and class backgrounds, and different genders and sexual orientations, interested in serving high need and high demand areas.

The purpose of proposed training program, Building the Pipeline of Multicultural Child and Adolescent Behavioral Health Professionals (Multicultural CAP, or M-CAP) is to prepare a new generation of interdisciplinary, trauma-informed, and culturally attuned Behavioral Health professionals to undertake careers serving diverse children, adolescents and transitional-age youth (TAY) ages 3 to 25 years in mental health professional shortage areas (HPSAs). Concurrently, we intend to fill the gaps in pediatric BH services in six partnering community health centers (CHCs) with trainees whose identities and backgrounds reflect the diversity of the CHCs. Our target population consists of more than 39,000 children, adolescents, and TAY served by the six CHCs.

BMC is affiliated with 14 Section 330-funded Community Health Centers (CHCs) throughout Boston and Eastern Massachusetts. BMC has partnered with six of these affiliates to serve as experiential training sites for trainees interested in pursuing Behavioral Health careers on integrated pediatric primary care teams in high need, high demand areas.

Build on longstanding community partnerships with six BMC-affiliated CHCs—Brockton Neighborhood Health Center, Codman Square Health Center, Dimock Health Center, DotHouse Health, Greater New Bedford Community Health Center, and South Boston Community Health Center—where fellows will substantially increase access to Behavioral Health services in low-income, minority and

underserved communities. The CHC's are reviewed on the yearly basis and sites are subject to possible change based on the needs of the sites and/or the trainees.

This fellowship is 85% clinical and 15% scholarly activity.

### **Fellowship Timeline**

This is a one-year Fellowship. The Fellowship will initiate September 1<sup>st</sup> and conclude August 31<sup>st</sup> of each year.

### **Qualifications**

1. A PhD or PsyD in psychology
2. Completion of a full-time APA/CPA accredited clinical internship
3. Completion and defense of dissertation prior to start date of September 1<sup>st</sup>.

### **Didactic Training and Team Training Activity Plan (15%) (Approximately 5-6 hours per week)**

1. The fellow will meet with their clinical supervisors (Site Supervisor and CMTP Supervisor) to ensure that the fellow is developing competence in providing clinical services within the community-based setting. (2 hours per week)
2. The fellow will participate in the post-doctoral seminars through the Department of Psychiatry (Thursday afternoons):  
-Advanced Therapeutic Interventions & Professional Development Series: Bridging Knowledge and Practice, inclusive of lectures, grand rounds, workshops etc.
3. Weekly team huddles and/or team meetings held at the Community Health Centers.

### **Supervision and Evaluation**

All trainees will be mentored and supervised by BMC faculty and also have on-site supervision. Clinical supervision will be provided in the form of one-hour weekly face-to-face individual supervision with licensed clinicians on site (minimum of 1 hour individual, face-to-face supervision weekly at each site). An additional hourly block of individual, face-to-face supervision will be offered through the CMTP Program faculty member. The Fellow will also have access to indirect supervision through participation in ongoing team meetings.

The Fellow and supervisors will develop fellowship goals and learning objectives early on in the year. At the midpoint and conclusion of the Fellowship, the Fellow and supervisors will provide formal performance evaluations of one another. At each point in time, the Fellow will also provide an evaluation of the program relative to the goals and learning objectives of the Fellowship.