

THE MONTHLY WRAP UP

WELLNESS AND RECOVERY AFTER PSYCHOSIS PROGRAM (WRAP) MONTHLY NEWSLETTER

MAY 2022 • ISSUE 17 • VOLUME 2

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WRAP Without
Walls Team!

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MEET THE WRAP WITHOUT WALLS TEAM!

The Wellness and Recovery After Psychosis (WRAP) Without Walls (WWW) Program is a new clinical program targeted towards adolescents and young adults with frequent substance use and psychosis symptoms. WWW is made up of a multidisciplinary team providing community-based services including individual therapy, family psychoeducation, medication management, peer support, advocacy, and patient navigation. Our model for WWW is an adaptation of Assertive Community Treatment (ACT) model. WRAP Without Walls is led by psychosis and substance use disorder experts who are leaders of specialized programs at BMC.

Hannah Brown, M.D. **WRAP Without Walls Co-Director**

Dr. Hannah Brown is an adult psychiatrist at Boston Medical Center and is the Director of the Wellness and Recovery After Psychosis (WRAP) program. She currently treats patients with psychosis and has both clinical and research interests in first episode care. In her spare time, she enjoys spending time with her family and running; she hopes to eventually train for a marathon again.

Amy Yule, M.D. **WRAP Without Walls Co-Director**

Dr. Amy Yule is the Director of Adolescent Addiction Psychiatry at Boston Medical Center. Her clinical work is focused on treating youth with co-occurring substance use disorders and psychiatric disorders.

Dr. Yule's research focuses on examining interventions to prevent substance use disorders in youth with psychiatric disorders and treatment for co-occurring disorders.

Emily Kline Ph.D **Director of Psychological Services**

Dr. Emily Kline is the WRAP Program's Director of Psychological Services. She treats WRAP patients and families and provides psychotherapy supervision to BMC trainees. Her treatment and supervision approach emphasizes CBT for psychosis, family communication, motivational interviewing, and spiritual and cultural humility. Dr. Kline's research focuses on early course psychosis, young adult mental health, and parent-focused interventions.

**Anne Berrigan, LICSW
Program Manager**

Anne is LICSW with experience working as an in-home family therapist and as a clinician in a residential treatment setting for individuals living with psychosis spectrum symptoms. A firm believer in the power of person-centered growth and change, Anne is interested in cognitive behavioral therapies that incorporate acceptance and mindfulness into behavioral health practice. In her free time, she enjoys painting, cooking, yoga, and tango.

**Ellie Reagan, BS
Clinic Coordinator**

Ellie Reagan is a clinic coordinator passionate about early and adaptable mental health interventions at the intersection of clinical work and research. She's excited for a career focused on helping young adults experiencing early psychosis and limiting barriers to early care. In her free time you can find her cooking, crafting, or spending time with her pet rabbit.

**Abi Martin, Ph.D.
Research Staff**

Dr. Abi Martin is a psychology postdoctoral fellow and member of the WRAP Without Walls research team. Her research focuses on increasing access to services for adolescents and youth with co-occurring substance use disorders and psychiatric disorders. She has a particular interest in how substance use might affect first episode psychosis patients. Her clinical work is also focused on treating co-occurring disorders.

**Jenny Lancet, CPS
Peer Specialist**

Jenny Lancet is a Peer Support Specialist with the BOAT Program at Boston Medical Center. She provides one-on-one support by assisting others in their own journeys of recovery through sharing her own experiences and promoting hope that recovery is possible. In her spare time she enjoys photographing the city.

**Christian Wulff, MSW
Therapist**

Christian Wulff is a therapist on the WWW team. He received his MSW from the Smith College School for Social Work in Northampton, Massachusetts. Previous to BMC, he worked in community mental health & substance-use in Seattle, Washington, and inpatient care in Brattleboro, Vermont. He practices from a foundation of psychodynamic psychotherapy and liberation health, strengthened by CBT, DBT, and motivational interviewing technique. He is proud to support BMC's housing-first policy and all policies that will us move beyond the realm of need. Outside of work he likes to swim, play soccer, and engage in local politics.

**Danny Chen, MSN
Psychiatric Mental-health Nurse
Practitioner (PMHNP)**

Danny Chen is a psychiatric nurse practitioner for the WRAP program. Prior to joining the WRAP team he spent ten years working at Arbour Hospital in various roles including as Charge Nurse on an inpatient unit treating primarily psychosis and mood disorders. He has experience working with psychotic symptoms of varying severity from first episode to chronic mental illness. He currently provides medication management for the WRAP program. In his spare time he enjoys exploring the green spaces and many parks around Boston.

WRAP'S COORDINATED SPECIALTY CARE MODEL

BY DR. HANNAH BROWN
DIRECTOR OF THE WRAP PROGRAM

In our Early Episode Psychosis clinic, we take a team-based approach to care, also known as Coordinated Specialty Care. Our team is comprised of individual therapists, family therapists, nurse practitioners, adult and child psychiatrists, research coordinators, peer specialists, a community psychiatry fellow, psychiatry residents, psychology interns and post-docs, and undergraduate students. The team meets weekly and works together to deliver optimal care to our patients. We think about patient care like a wheel; our patients are the hub, and each member of our team is a spoke on the wheel.

Our early episode program is part of a consortium of programs in Massachusetts, known as MAPNET. (<https://www.mapnet.online/>).

We are happy to answer any questions about the program. If you have questions, please email us at WRAP@bmc.org.

BOSTON MEDICAL CENTER INFORMATION

Follow BMC on Facebook!

Here is the link to the page:
https://www.facebook.com/BostonMedicalCenter/?ref=page_internal

This page contains great resources and articles curated by Boston Medical Center.

Recent articles include:

BMC's New Acute Care Program for Patients with Substance Use Disorders
<https://tinyurl.com/27afc7c3>

Medical Assistant Virtual Hiring Event
<https://tinyurl.com/2p8j5maa>

VOICES OF RECOVERY


HEARING THE STORIES OF THOSE RECOVERING FROM PSYCHOSIS

Click [here](#) for the videos.

These 24 brief video clips feature individuals telling their stories about who they are and what has been helpful in managing their psychotic disorder. You'll meet people who are single, married, in school, working, hanging out with old and new friends, and living healthy lives.



Follow us on Instagram at [wrapbmc](#)



June

IS PRIDE MONTH

Resources to check out:

Youth.gov - <https://youth.gov/feature-article/june-lgbt-pride-month>

Community Cares KS - <https://www.communitycareks.org/pride-month-2022-resources-for-members/>

BU Resources - <https://www.bu.edu/articles/2021/lgbtq-resources-tips-boston-university/>

American Writers Museum - <https://americanwritersmuseum.org/lgbtq-pride-month-resources/>

WRAP JUNE SCHEDULE

Tuesdays	Thursdays
<p>First Episode Group: 10-11 am</p> <p>Clozapine Clinic: 9:20-11 am</p> <p>Injection Clinic: 1-3 pm</p>	<p>Clozapine Clinic: 10-11 am</p> <p>Injection Clinic: 11-12 pm</p>

OUR TEAM

