

## About Lake Morey Resort



Set on a pristine lake surrounded by green hills, the Resort provides a beautiful natural setting yet still offers all the best features of any full-service resort. The list of activities starts with our 18 holes of championship golf on one side of the hotel, and a beautiful lake on the other. At night you'll hear the call of the loons across the lake and feel like you can reach out and touch the stars--all without having to "rough it." Other attractions include:

- Formal Gardens
- Indoor Pool
- Health Club
- Tennis Courts
- Basketball
- Waters Spa
- Horseshoes
- Putting Green
- Game Room
- Billiards Room
- Ping Pong
- Card Room
- Bikes
- Hiking Maps and Directions



### Directions to Lake Morey

From Boston: Take I-93 North to I-89 North (in Concord, NH) to I-91 North (in White River Jct, VT.). Take Exit 15. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Hartford and points South: Take I-91 North to Exit 15 in Vermont. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Burlington: Take I-89 South to Exit 7 (Berlin/Barre). Take Route 302 East through Barre to Orange. Take Route 25 South to Bradford. Take I-91 South to Exit 15 - Turn right off exit ramp. Take next right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

From Albany: Take I-87 North to Troy. Take Route 7 East to Route 9 East in Vermont. Take I-91 North in Brattleboro, Vermont. Take Exit 15. Turn left off exit ramp. Take first right (granite Lake Morey Resort sign on corner). Follow the golf course (on left) and take your first left onto Clubhouse Rd. Resort is on the right.

For additional information, please contact your local I & R Center (numbers at right)

## Conference Planning Committee

### Connecticut

Donna Diaz, RN, MS APDA I&R Center Coordinator  
ddiaz@srhs.org or 877-282-7328  
Gladys Tiedemann, Chapter President  
Steve Dewitte

### Maine

Lillian Scenna, MSW, APDA I&R Center Coordinator  
scennl@mainehealth.org or 800-832-4116  
Mary Sontz, Chapter President  
Dana Hodgkins

### Massachusetts

Cathi Thomas, MS, RN, APDA I&R Center Coordinator  
neurocat@bu.edu or 800-651-8466  
Volodymyr Lyczmanenko, Chapter President  
Allyson Gormley, LCSW  
Cindy Bittker

### New Hampshire

Diane Church, PhD, APDA I&R Center Coordinator  
Diane.L.Church@hitchcock.org or 603-650-5280  
Maureen Chamberlain, Chapter President

### Rhode Island

Mary Ellen Thibodeau, RN, APDA I&R Center Coordinator  
MThibodeau@KentRI.org or 401-737-7010x1745  
Athol Cochrane, Chapter President  
Elaine Belvin

### Vermont

Jean Baker, RN, APDA I&R Center Coordinator  
jeanette.baker@vtmednet.org or 888-763-3366  
Michael J. O'Connor, Chapter President  
Cassie Blanchard  
Bill Brawley

Lindsay McGrath is the Director of the Spirited Movement Foundation. She is an interfaith chaplain who has served in Boston and San Francisco Bay Area hospitals for more than a decade. Lindsay holds a Master of Divinity degree from Boston University School of Theology and is trained in pastoral counseling. She has lived with Cervical Dystonia since 1996.

Miriam Monahan is an Occupational Therapist and a certified driver rehabilitation instructor. She works at Fletcher Allen Health Care in Burlington.

American Parkinson  
Disease Association  
New England Chapters and  
I&R Centers Present

## New England Regional Young Onset Parkinson's Retreat



Sunday-Monday  
September 12-13, 2010  
Lake Morey Resort  
I Clubhouse Rd.  
Fairlee, VT 05045

# Conference schedule

## Sunday, September 12

11:00 am—5:00 pm	Arrival and recreation—Lobby, lakefront, lawn (see list of amenities on reverse)
5:30 pm	Dinner in the Morey room
6:30 pm	Welcome Comments/Opening Remarks
7:00 pm	Musical entertainment

## Monday, September 13:

	Track 1—Edgewater Room	Track 2—Terrace Ballroom	Card Room
7:30 am	Breakfast in the Lakeside Dining room		
8:30	Reiki Workshop— Bill Kelley	Deciphering the PD Rumor Mill— James Boyd, MD	
9:15	Moving with the Spirit— Lindsay McGrath	Sexual Wellness and Happiness and PD— Christine Hyde	
10:15	Break—Terrace Ballroom		
10:30	Open Forum, needs of YOPD— Steve DeWitte	Carepartner session—Diane Church, PhD, Fred Chamberlain	Crafting activity  tables  available 10:00-3:00
12:00 pm	Lunch in the Lakeside Dining Room		
1:15	The DBS experience— Bill Brawley	Driving and PD— Miriam Monahan, OTR	
2:15	Dance for PD—Rachel Balaban		
3:00	Wrap up—Terrace Ballroom		

### Craft displays in the Morey Room

Do you have a skill or craft you'd like to display?

Please contact one of the conference organizers if you would like to have a display at this event.

## SPEAKERS

Rachel Balaban is the Dance Coordinator for the Connecticut Parkinson's Working Group and teaches classes for people with Parkinson's at Connecticut College. Rachel is a certified instructor in Shake Your Soul/Kripalu Yoga Dance and leads movement for schools, faculty, foundations, and corporations.

James T. Boyd, MD—Dr. Boyd is an Assistant Professor of Neurology at the University of Vermont, and one of two movement disorder specialists at Fletcher Allen Health Care.

William Brawley is a former president of the Vermont Chapter of APDA, and leader of the PD support group at DHMC.

Fred Chamberlain is the "First Gentleman" of the New Hampshire Chapter of APDA. He is married to Chapter President Maureen Chamberlain

Diane Church is the Coordinator of the APDA Information and Referral Center at DHMC and the partner of a person with Parkinson's.

Steve DeWitte was diagnosed with PD in March 2005, and then pursued the traditional three opinions before acknowledging condition. "Acknowledging," but not yet "Accepting." "Parkinson's is what I have, not who I am." He is married, with 13 year old daughter, and a dog named Zoie.

Christine Hyde, PhD, is a Certified Sex Therapist and Diplomate of Sex Therapy and is a Licensed Clinical Social Worker in New Jersey. Dr. Hyde has ongoing involvement in a variety of continuing education programs directed at assisting other clinicians in assessing and addressing the sexuality issues of their clients.

William Kelley is the owner of the Pyramid Holistic Wellness Center in Rutland Vermont, and one of its practitioners and instructors. As a psychologist and nationally certified fitness instructor, he has been working in the wellness field for over fifteen years

(Continued on back)

## Registration form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Please specify number and type of attendees:

# \_\_\_ Overnight double occupancy @ \$170 each (adult) \*

# \_\_\_ Overnight at single occupancy \$215 each (adult) \*

# \_\_\_ Overnight child 3-12 @\$50 each \*

# \_\_\_ Overnight child 13-17 @ \$76 each \*

# \_\_\_ Day guests (9/13 only) @50 each †

# \_\_\_ Dinner on 9/12 (for non overnight guests)  
@ \$50 each

Prices include service charge and all taxes

\_\_\_\_\_ Total enclosed

Checks may be made payable to :

APDA Vermont Chapter  
1 South Prospect St.  
Burlington, VT 05401

REGISTRATION DEADLINE :  
Overnight Guests—August 13  
Day guests—September 1

\* Price includes dinner Sunday, breakfast, lunch and snack on Monday

† Price includes breakfast, lunch and snack on Monday

Please cut here and return this portion with your payment

