Afternoon and evening workshops are offered on the Medical Campus

Fall Workshops

- **Military Scholarships & Loan Repayment Programs (Army, Air Force & Navy)**
  - **Thursday, August 13**
  - **Locations:** L210 (afternoon and evening)
  - Learn about military scholarships and loan repayment programs.

- **National Health Service Corps (NHSC) Scholarship and Loan Repayment Programs with Heather Stevens**
  - **Wednesday, September 2**
  - **Locations:** L210 (afternoon) and R103 (evening)
  - Learn about the scholarship opportunities and loan repayment programs offered by NHSC
  - **Topics discussed:**
    - Eligibility requirements, when and how to apply, funding levels
    - Site information, service requirements

- **Financial Planning with Richard Sentnor, Advisory Resource Group**
  - **Wednesday, September 16**
  - **Location:** L212 (afternoon) and R103 (evening)
  - Learn how to build a strong financial foundation for your future
  - **Topics discussed:**
    - Risk management and debt, Identifying your goals
    - Preparing your budget and protecting your credit

- **Understanding Public Service Loan Forgiveness (PSLF) with Scott Harrison, Student Financial Services**
  - **Wednesday, October 14**
  - **Location:** L214 (afternoon) and L303 (evening)
  - Learn more about PSLF and your career as a health professional
  - **Topics discussed:**
    - Eligible federal student loans
    - Borrower eligibility requirements
    - Specific loan repayment requirements
    - Qualifying public service jobs
Everyday Scams and Identity Theft with Nicholas Synowiec, Graham Rogers and Joe Duquette, Consumer Protection Bureau

- Thursday, November 12
- Location: L201 (afternoon and evening)
- Learn more about what victims must do to limit the damage of identity theft and avoid scams, how to create an Identity Theft Report, how to request a credit freeze and how to dispute fraudulent charges on existing accounts.

National Institutes of Health Research Opportunities and Loan Repayment Programs with Ericka Boone

- Wednesday, November 18
- Location: L214 (afternoon) and L203 (evening)
- Learn more about Loan Repayment Programs (LRP’s) and Training and Fellowship Programs.
- Topics discussed:
  - General Overview of LRP’s
  - Eligibility and Qualifying Research
  - Programs and Application Components
  - Peer Review Criteria
  - Tips for Writing a Competitive Application
  - Common Mistakes

Traveling on a Shoestring Budget with Deirdre Couture, BCD Travel

- Thursday, December 10
- Location: L206 (afternoon)
- Learn some helpful tips on how to make the most of your budget when traveling.
- Topics discussed:
  - Low cost air carriers
  - Social media and its advantages
  - Factors to consider when traveling by rail, bus and car
  - Sleeper cars
  - How to spend less on gas and parking
  - Hostels vs. Hotels
  - Purchasing food
o **Going Green and Saving Green with Dean MaCartney, Citizens Bank**  
  o **Wednesday, January 20**  
  o Location: L210 (afternoon) and L209 (evening)  
  o Learn about the steps you can take in your daily life that can help you live a greener lifestyle while saving you some green.  
  o Topics discussed:  
    - Ways to cut household expenses  
    - Implementing lifestyle changes that help sustain the planet  
    - How to choose organic foods more selectively  
    - Benefits of buying foods from local producers in bulk  
    - Approaches to reducing your water bill  
    - Going paperless  
    - Ways to reduce energy consumption around your home and office  
    - How to get your family involved with sustainability  

o **U.S. Army Dental Corps Benefits with Sergeant Sotith Sim**  
  o **Wednesday, January 27**  
  o Location: L206 (afternoon and evening)  
  o Target Audience: GSDM Advanced Standing Students (already DMD)  
  o Learn more about the U.S. Army Dental Corps Benefits Package  
  o Topics discussed:  
    - Competitive Salary  
    - Sign-on Bonus  
    - Housing Allowance  
    - Paid Vacation  
    - Health Professions Scholarship Program  
    - Health Professions Loan Repayment Program  
    - Specialty, Variable Special and Board Certification Pay Options  
    - Low-cost or no-cost medical, dental and life insurance  
    - Retirement Plans  

o **Student Loan Repayment Programs with Dennis Murphy and Sarah Qin, Student Financial Services**  
  o **Wednesday, February 10**  
  o Location: L206 (afternoon and evening)  
  o Learn more about Federal Loan Repayment Options:  
    - Standard Repayment Plan  
    - Extended Fixed Repayment Plan  
    - Income Driven Plans
Home Financing for Doctors / Physician Loans with Tal Frank, VP of physicianloans.com
- Thursday, February 18
- Location: L206
- Learn more about physician loan home financing.
- Topics discussed:
  - What obstacles will you face during the home purchasing process?
  - What mortgage products are available?
  - What loan meets your needs?
  - Understanding the timeline
  - Understanding the 3 C’s (Credit, Capacity and Collateral)
  - Checklist of documents required
  - Preparing your closing budget
  - Buy vs. Rent decision

Understanding Public Service Loan Forgiveness (PSLF) with Scott Harrison, Student Financial Services
- Wednesday, March 16
- Location: L206
- Learn more about:
  - Eligible federal student loans
  - Borrower eligibility requirements
  - Specific loan repayment requirements
  - Qualifying public service jobs

Loan Repayment Strategies with Julie Fresne, AAMC
- Friday, April 8
- Location: L110 (Morning Session Only)
- Learn how to manage your student loans post-graduation.
- Topics discussed:
  - How to find your Loan Servicer
  - Loan Deferment & Forbearance
  - Loan Consolidation
  - Pay As You Earn (PAYE) and Revised Pay As You Earn (REPAYE)
  - Public Service Loan Forgiveness
2015 – 2016
Financial Literacy Program

- **Improving Your Credit Score with Dean Macartney, Citizens Bank**
  - **Wednesday, May 4**
  - **Location: L210**
  - Learn about the importance of credit scores, what impacts your score and what actions you can take to raise it.
  - **Topics discussed:**
    - What is a credit report?
    - Understanding the information on your credit report
    - How your credit score is determined
    - Benefits of good credit and impact of bad credit
    - How to get a copy of your credit report
    - Managing your credit and dealing with debt

- **Real World Finances with Ann Durandetta, Access Group**
  - **Wednesday, June 1**
  - **Location: L206**
  - Learn how to manage your post-graduation financial matters.
  - **Topics discussed:**
    - Comparing job offers
    - Evaluating a paycheck
    - Retirement options
    - Insurance types
    - Investment/Savings Choices