IT ENDS, BEGINS AND CONTINUES

We are pleased to bring you the fourth edition of the MHBM Insider. As the cycle of first year, second year, and alumni roles revolve, it is important to take time to reflect on the accomplishments of this program. It is our hope that this newsletter conveys the always shifting, yet always dynamic, cycles of professional and personal growth that this program experiences. Please take some time to review the exciting events happening in the lives of those in the MHBM community.

We look forward to bringing you our next issue Spring 2010!

- The Student Reps

THE DIRECTOR’S CHAIR

- I recently attended a ceremony where the clergy person spoke about life as a river that must be traveled in the direction of the current. Some folks spend all of their time trying to go against the current and exhaust themselves while others learn to go with the flow. I am learning to go with the flow! The flow this year includes a name change...we are now the Mental Health Counseling and Behavioral Medicine Program. The flow includes the incoming class (2011), the 1st year class (2010), the graduating class (2009) and our wonderful alumni of the past several years. At various times this year we have been inspired and perhaps exasperated with all of you and I hope you feel the same. The whole point of this endeavor is to be challenged. The flow includes so many classes taught (some hits... a few misses) as well as a teaching award! The flow includes just about everyone placed for Internship next year which is more difficult than you can imagine! It includes new studies beginning, studies ending, papers and presentations and grant submissions. Most importantly, the flow includes relationships and change.....new and older loved ones, friends and colleagues, babies seemingly everywhere, engagements, marriages, illnesses, other faculty and student changes, the search for jobs, applying to doctoral programs....life

- I hope everyone has a healthy and happy summer! Go with the flow!

Best Regards,

Dr. Brady