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Boston University School of Medicine
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INTEGRATIVE NURSING: THE ART OF HEALING

May 1, 2012
Boston University School of Medicine, Boston, MA

PLEASE POST



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

Scents, Energy and Laughter: An Exploration of the Mind-Body Connection

FEATURING:

- **KEYNOTE SPEAKER**
Peg Baim, MS, NP
*Clinical Director, Center for Training, Benson-Henry
Institute for Mind Body Medicine at Massachusetts
General Hospital*
- **Demonstrations with celebrated holistic leaders**



2nd Annual Integrative Nursing: The Art of Healing

May 1, 2012 ▪ 4:00pm - 7:15pm

Hiebert Lounge
Boston University School of Medicine

FACULTY

KEYNOTE SPEAKER

Peg Baim, MS, NP

Clinical Director, Center for Training, Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital (Boston, MA)

Peg Baim is the clinical director of the Center for Training in Mind/Body Medicine and a researcher at the Benson-Henry Institute at Massachusetts General Hospital. She is the director of two clinical programs at the Institute, director of two Harvard Continuing Medical Education Courses in mind body medicine and adjunct faculty at the Institute for Health Professionals at Massachusetts General Hospital where she teaches two courses in mind body practices. Ms. Baim is a 1974 graduate of the MGH School of Nursing and earned her graduate degrees in Nursing from Boston College. Additionally, she has clinical expertise in oncology and intensive care nursing. Ms. Baim joined the BHI in 1990 and her specialty areas include cognitive applications of positive psychology, empathy, weight loss, humor and contemplative meditation.

FACULTY

Anne H. Carr, RN, MSN, GNP-BC *

Clinical Service Manager, Palliative Care Service, Boston Medical Center (Boston, MA)

Pamela Corey, RN, MS

Education Department, Boston Medical Center (Boston, MA)*

Charlotte L. Cuneo, RN, MSN, RMT, CCAP, RPP *

Clinical Nurse Educator, Cardiology and Family Medicine, Boston Medical Center (Boston, MA)
Reiki Master Teacher, Certified Clinical Aromatherapy Practitioner, Registered Polarity Practitioner

Susan DeCristofaro, RN, MS, OCN, RM, LMC *

Professional Advancement Coordinator, Boston Medical Center (Boston, MA)

Maureen Johnston, BSN, MBA *

Nurse Manager, Primary Care Department, Boston Medical Center (Boston, MA)

Annie Massed, BSN, CNM, MPH, CCAP *

Clinical Instructor, Obstetrics and Gynecology, Boston University School of Medicine, Boston Medical Center (Boston, MA)
Certificate in Aromatherapy, Pending Certificate in Reflexology 6/1/2012

Christine Naoum-Heffernan, RN, MS, CPNP, RMT *

Pediatric Nurse, Reiki Master Teacher and Sound Energy Practitioner, Boston Medical Center (Boston, MA)

Donna Peltier-Saxe, MSN, RN, ACM

Massachusetts General Hospital Community Health Associates (Boston, MA)

Ramel "Rami" Rones

Mind-body consultant, Author of the best selling books: Sunrise and Sunset Tai Chi

Robert B. Saper, MD, MPH *

Director of Integrative Medicine and Associate Professor, Department of Family Medicine, Boston Medical Center (Boston, MA)

* Member of the conference planning committee

AGENDA

ACCREDITATION

REGISTRATION



- 3:30 - 4:00pm *Registration*
- 4:00 - 4:10pm **Welcoming Remarks**
- 4:10 - 4:30pm **Scents and Sensibility:
Inner Harmony Through Aromatherapy and Reflexology**
Annie Massed, BSN, CNM, MPH, CCAP
- 4:30 - 4:50pm **A Journey Into the Mind and Body**
Ramel "Rami" Rones
- 4:50 - 5:20pm **Invitation to Laughter Yoga**
Donna Peltier-Saxe, MSN, RN, ACM
- 5:20 - 6:00pm *Dinner*
- 6:00 - 7:00pm **Enhancing Resilience Through Mindfulness Practices**
Peg Baim, MS, NP
- 7:00 - 7:15pm **Closing Remarks and Program Evaluation**

The Division of Nursing in partnership with the Department of Family Medicine at Boston Medical Center is pleased to present the **2nd Annual Integrative Nursing Conference, "Integrative Nursing: The Art of Healing"**. This evening presentation is designed for nurses of all specialties who are interested in integrative therapies. This year's conference will explore self-care and its connection to improved patient care. Attendees will have the opportunity to experience healing modalities through interactive demonstrations and a didactic session.

TARGET AUDIENCE

RNs, APNs, and LPNs. Open to all health care professionals and those who are interested in integrative therapies.

EDUCATIONAL NEEDS ADDRESSED

The purpose of this conference is to provide nurses with an overview of specific integrative therapies and how the therapies can be incorporated into nursing practice and self-care.

EDUCATIONAL OBJECTIVES

- At the conclusion of this conference, participants will be able to:
- Describe integrative therapies and how they can be incorporated into nursing practice
 - Identify at least two methods of integrative therapies which support self-care

ACCREDITATION

Boston Medical Center grants 2.92 continuing education hours to nurses who complete this program. You must sign in and attend the entire program and complete an evaluation form.

Boston Medical Center (OH-236, 050114) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This program is sponsored by Boston Medical Center's Department of Family Medicine. Approved provider status does not imply endorsement by the provider, ANCC, OBN, or ONA of any products displayed in conjunction with this activity. Faculty and planners have no vested interests and no conflicts of interest. There will be no discussion of off-label uses of drugs.

LOCATION

Boston University School of Medicine (Hiebert Lounge - 14th floor)
72 East Concord Street, Boston, MA 02118

Maps and directions available online at <http://www.bu.edu/maps/?campus=medical>
Parking is available at the 710 Albany Street Garage for \$10 for up to 5 hours.

POLICIES

Disclosure Policy

It is the policy of Boston Medical Center, that faculty disclose to program participants any real or apparent conflict of interest. In addition, the faculty is asked to disclose any discussion pertaining to the unapproved use of pharmaceuticals and devices. Complete disclosure information will be available on site in the printed course materials.

Substitution/Cancellation Policy

Substitutions may be made at any time without an additional charge. Refunds will be issued for all cancellations received two weeks prior to the start of the conference. Should cancellation occur within the two-week window, a credit will be issued, not a refund. A \$25 administrative fee will be charged for all refunds and credits. "No shows" are subject to the full course fee. Cancellation/substitution(s) must be made in writing. Refunds or credits will not be issued once the conference has started. This course is subject to change or cancellation.

Special Services and Dietary Needs

To request reasonable accommodations for disabilities, please notify the CME office, in writing, at least two weeks prior to the start of the conference. The CME office will work to accommodate dietary requests (including, but not limited to: kosher, vegetarian, low-cholesterol, and low-sodium meals) received, in writing, at least two weeks prior to the start of the conference.

2ND ANNUAL INTEGRATIVE NURSING: THE ART OF HEALING
You can register online at <http://www.bu.edu/cme>



Name: _____
 Degree: _____ Specialty: _____
 Address: _____
 City: _____
 State: _____ Zip Code: _____
 Phone: _____ Fax: _____
 E-mail: _____
 Emergency Contact Name: _____
 Emergency Contact Phone: _____

Check here if you do NOT want to be added to the BUSM CME e-mail list.

Check here if you do NOT want your name to be included on the conference participant list

REGISTER EARLY!

Last year's program reached capacity and we did not accept on-site registrations.

- \$50 for all attendees (please note we are not offering BU and BMC staff discounts for this program)
- \$65 at the door. Please note we were sold out and were unable to accommodate on-site registrations last year.

Make checks payable to **Boston University School of Medicine**.
We accept MasterCard, Visa, and Discover. We do **not** accept American Express.

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View the online brochure and register:

