Welcome Students!

WELCOME STUDENTS!

GMS Orientation
August 31, 2020

Karen Antman, MD
Provost, Boston University Medical Campus
Dean, School of Medicine
WELCOME STUDENTS!

GMS Orientation
August 31, 2020

Deborah Stearns-Kurosawa, PhD
Associate Provost and Associate Dean *ad interim*
You’re from 21 Countries
And 42 States
You’re from diverse ethnic backgrounds

- **White**: 50.9%
- **Asian**: 23.1%
- **Hispanic/Latino**: 12.5%
- **African American or Black**: 7.6%
- **Two or More Races**: 5.2%
- **American Indian or Alaska Native**: 0.5%
- **Native Hawaiian or Pacific Islander**: 0.2%
And 260 undergraduate institutions
GMS Leadership and Staff

Room L-317
3rd floor,
School of Medicine
Instructional
Building (L bldg)

Our staff will be remote for the fall semester: email during business hours.
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00</td>
<td>Welcome from Dean/Provost</td>
<td>Karen Antman, MD</td>
<td>Provost, BU Medical Campus Dean, School of Medicine</td>
</tr>
<tr>
<td>10:05</td>
<td>Welcome &amp; Introductions</td>
<td>Deborah Stearns-Kurosawa, PhD</td>
<td>Associate Provost and Associate Dean <em>ad interim</em></td>
</tr>
<tr>
<td>10:15</td>
<td>Welcome from Diversity, Equity &amp; Inclusion</td>
<td>Farrah Belizaire, MS</td>
<td>Associate Director, Diversity and Inclusion</td>
</tr>
<tr>
<td>10:25</td>
<td>COVID-19 Safety</td>
<td>Gregory Viglianti, PhD</td>
<td>Assistant Dean, Operations</td>
</tr>
<tr>
<td>10:35</td>
<td>Public Safety</td>
<td>Eric Anderson</td>
<td>Senior Operations Manager, BU Public Safety</td>
</tr>
<tr>
<td>10:55</td>
<td>Professional Comportment</td>
<td>James McKnight, PhD</td>
<td>Chair, GMS Committee on Academic Conduct Associate Professor, Physiology &amp; Biophysics</td>
</tr>
<tr>
<td>11:05</td>
<td>Managing Stress in Graduate School</td>
<td>Stephen Brady, PhD</td>
<td>Director, Mental Health Counseling &amp; Behavioral Medicine Program Associate Professor, Psychiatry</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rachel Levy-Bell, PsyD</td>
<td>Associate Program Director and Director of Clinical Training, Mental Health Counseling &amp; Behavioral Medicine</td>
</tr>
<tr>
<td>11:20</td>
<td>Next Steps</td>
<td>Theresa Davies, PhD</td>
<td>Assistant Dean, Masters Programs</td>
</tr>
</tbody>
</table>
The new Center for Antiracist Research will convene researchers and practitioners from various disciplines to figure out novel and practical ways to understand, explain, and solve seemingly intractable problems of racial inequity and injustice.

The Center for Gender, Sexuality, and Activism (CGSA) is a resource center that gives a voice to institutionally marginalized groups through an intersectional approach to activism and education.

We’re home to the Howard Thurman Center for Common Ground (HTC)—where students of all races, religions, orientations, and ethnicities come together to engage in courageous intercultural dialogues.
BUSM began as the New England Female Medical College in 1848. It was the first institution in the world to offer medical education to women.

In 1864, the New England Female Medical College graduated the first African-American female physician in the United States, Dr. Rebecca Lee Crumpler.

BUSM became the first coeducational medical school in the nation when the New England Female Medical College merged with Boston University in 1873.

The country’s first African-American psychiatrist and the namesake of BU’s Mental Health Center, Dr. Solomon Carter Fuller, graduated from BUSM in 1897 and became a pioneer in the study of a subset of dementia eventually known as Alzheimer’s Disease.

Dr. Louis Sullivan graduated from BUSM in 1958 and went on to become the nation’s first African-American Secretary of the U.S. Department of Health and Human Services. He also founded the Morehouse School of Medicine, one of just four Historically Black College/University (HBCU) medical schools.
Diversity Programs & Events at GMS
Outreach Initiatives

Boston Area Health Education Center (BAHEC)

High school mentoring programs
BAHEC/BEAMS
Outreach Initiatives

Summer Training as Research Scholars
Pipeline programming for URM students
STaRS, BU PREP

BU PREP
Outreach Initiatives

MD vs PhD Panel Discussion 2020, BU CRC

ABRCMS 2019, Anaheim, California
Activities for Current Students

Professional Development
BEST Office
DEI Networking Events

[Images of a presentation and a group of students posing for a picture]
Activities for Current Students

Minority & International Students Organization (MISO)

Under-represented Graduate Student Organization (UGSO)

Student Growth & Learning
Groups such as MISO & UGSO
BUSM PRIDE
Diversity Dialogues

BUSM PRIDE
Thank you!

(617) 358-9517

Farrahab@bu.edu
gmsdei@bu.edu

www.bu.edu/gms

Suite L-317
COVID-19 Safety

Gregory Viglianti, PhD
Assistant Dean, Operations
COVID-19 and Campus

All students who plan to be on-campus in any capacity this semester must be tested immediately upon arrival to campus (and Boston).

If you have not yet been notified to schedule a test, please indicate your status as **IN-PERSON** via the Student Link LfA tab ASAP to begin testing.

If you have opted to be remote for the semester you should indicate **REMOTE** via the student link and then you will **not** be notified for testing.
COVID-19 Testing Frequency

**Subject to change, published August 12, 2020**

**Boston University Students:**

COVID-19 Requirements for Arrival on BU Campuses

Combined Massachusetts & Boston University COVID-19 mandatory actions prior to arrival and while attending and/or living on BU campuses.

Are you coming from a lower- or higher-risk state? To find out, visit mass.gov/info-details/covid-19-travel-order#lower-risk-states

**Coming from a lower-risk state?**

- No test required prior to arrival.
  
  You still must follow Massachusetts & BU COVID-19 precautions!

- Is your roommate(s) coming from a higher-risk state?
  
  You need to quarantine until your roommate(s) has #1 negative test, either 72 hours prior to arrival or upon arrival to campus, per Massachusetts travel order.

- Schedule your first campus test
  
  bu.edu/healthway

- #1 negative test
  
  Upon arrival on campus

- BU strongly advises you stay-in-place in your BU residence or your own off-campus housing

**Coming from a higher-risk state?**

- No test within 72 hours prior to arrival?
  
  You must quarantine per Massachusetts travel order.

- Negative test within 72 hours prior to arrival?
  
  Stay-in-place in your BU residence or your own off-campus housing per BU advisory.

- Schedule your first campus test
  
  bu.edu/healthway

  For undergraduates, the series of 3 tests will take place over 7 to 6 days.
  
  For graduate students, the series of 2 tests will take place over 7 to 8 days.

**A positive COVID-19 test, at any time:**

- You must go into isolation—in designated campus housing (if you are a residential student) or your own off-campus housing (for nonresidential students) — until OK’d by a healthcare provider from Healthway, bu.edu/healthway

**Close contact exposure:**

- You must go into close contact quarantine.
  
  If you have been contacted by a contact tracer because you have been within six feet of someone for 15 minutes or more who has tested positive, you must close contact quarantine for 14 days in either a special quarantine room (if you are a residential student) or your own off-campus housing (for nonresidential students).

  In accordance with MA DPH and CDC recommendations, negative test results will not release students from quarantine before 14 days because the incubation period for the virus could be as long as 14 days.

**Back2BU**

ME, NH, VT, NY, MA, CT, NJ
COVID-19 and Testing

• Rajen Kilachand Center for Integrated Life Sciences & Engineering, 610 Commonwealth Avenue, 7 am–8 pm

• 808 Gallery, 808 Commonwealth Avenue, 8 am–9 pm

• Agganis Arena Lobby, 925 Commonwealth Avenue, 8 am–9 pm

• 925 Commonwealth Avenue Rear, Health Services Annex, in the back of Agganis Arena; this site is exclusively for those who report symptoms of coronavirus. 8 am–9 pm

• BU Medical Campus, Room R107, 72 East Concord Street, 7 am–8 pm
COVID-19 and Testing

Housman (R) Building (McNary Center) Room 107

- Testing site on MED located in R107 (Enter the school through Instructional building and go to the right of the guard's desk and follow signs past elevators)
  - COVID-19 testing categories
    - Category 1 tested most frequently – Category 4 rarely tested
  - Webportal – Healthway
    - Daily health monitoring
    - Prompted when due to be tested; you schedule appointment using the app
    - Results received confidentially, through Student Health Services via app
  - If positive
    - Repeat testing and further instructions and contact tracing provided
## COVID-19 Testing Frequency

### Graduate/PhD Testing Frequency
Charles River and Medical Campus

<table>
<thead>
<tr>
<th>LfA Status</th>
<th>I am attending Class</th>
<th>Testing Frequency</th>
<th>Symptom Checker</th>
</tr>
</thead>
<tbody>
<tr>
<td>I live in</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>University Housing</td>
<td>In person or remotely (LfA status is ignored for people living in University Housing)</td>
<td>Twice a Week</td>
<td>Daily</td>
</tr>
<tr>
<td>In the Boston Area</td>
<td>Taking classes in person or on campus <strong>more</strong> than once/week</td>
<td>Once a Week</td>
<td>Daily</td>
</tr>
<tr>
<td>In the Boston Area or Not Local</td>
<td>Taking classes in person or on campus <strong>no more</strong> than once/week</td>
<td>One test (schedule the first time on campus)</td>
<td>Daily (from the date of the LfA indicator update)</td>
</tr>
<tr>
<td>In the Boston Area or Not Local</td>
<td>Remotely</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>LfA blank</td>
<td>LfA blank</td>
<td>Once a Week</td>
<td>Daily</td>
</tr>
</tbody>
</table>

*90 St. Mary’s Street, 183 Bay State Road, 850 Beacon Street, and 210 Riverway (Peabody Hall)
WHAT DOES THAT MEAN FOR YOU?

- **Wear masks** all the time
- **Physical distancing** on campus and off campus
- Practice good hand **hygiene**
- **Monitor your health daily**
- **Get tested** when prompted
- **Stay home if you feel sick**, particularly if you have a fever, cough
- Don’t gather in groups of **10 people** on (or off campus)
COVID-19 On Campus

BUILDING-SPECIFIC MODIFICATIONS

• Signs
• One-way stairway designation
• Elevator occupancy limits
• De-densification of common area furniture
• Facilities will frequently clean high-touch areas throughout the day
• All HVAC systems regularly maintained with new filters

CLASSROOM MODIFICATIONS

• Classroom occupancy plans on each door indicating reduced room capacity
• Furniture has been removed, stacked, or marked for non-use
• Cleaning materials for use upon entering class space for faculty & student use
• Technology installation to provide support for LfA
ESSENTIALS for Fall 2020 Compliance

Does BU have current contact information and a cell phone number?
Review/update your personal information on Student Link

Are you compliant with COVID-19 requirements?
Get confirmation for campus access and schedule tests at www.bu.edu/healthway

Review your compliance status for Fall 2020
Complete your University requirements on Student Link

Update your Learn from Anywhere location status
Tell us your plan for attending classes on Student Link

Visit Back2BU (www.bu.edu/back2bu) for helpful resources and the latest information.
COVID-19 Resources

- **GMS Coronavirus Information**
- **SHS COVID-19 Information**
- **Great tips from SHS**
- **Graduate Student Guide**

** healthwayhelp@bu.edu general questions **

Healthway Line: phone 617-353-0550

Students will need to sign an agreement stating their commitment to these expectations
• Pay attention to your surroundings, stay alert to those around you, as well as remain aware of what is happening around you at all times

• Become familiar with Campus escort service schedules and how to access the service
  – BU Bus Shuttle offers service between the Charles River Campus and the Medical Campus (BU Bus Tracker App - Google Play Store / App Store, Website www.bu.edu)
  – Public Safety Escort Services / Medical Campus (617-358-4444 / Off-Hours Service)
  – Garage Shuttles

• There is always safety in numbers; use the Buddy System when walking at night

• Walk along well-lit, populated areas; avoid unfamiliar shortcuts and remain alert
Become familiar with the locations of the Blue Light Emergency Call Boxes around the medical campus. These provide communication with Public Safety personnel 24x7. They are strategically placed in all public areas around the campus, including garages.
Avoid using devices (cell phones, iPods, headphones, etc.) that distract you from recognizing danger signs or reduce your level of awareness to your surroundings. Being distracted can make you an easy target.

When assisting strangers with directions or engaging in conversation, always keep a safe distance.

Be aware of strangers using distracting techniques, which may give them the opportunity to take your belongings.

Be conscious not to publicly display cash or expensive electronic devices.

Have your car or home key in your hand before you reach the door.

When approaching your vehicle, always look into your rear seat area before getting in.

Keep valuables and other items such as packages, briefcases and backpacks out of view when leaving them in your vehicle unattended.
• Wear your Boston University Identification Badge at all times.

• Never compromise safety or security for the sake of convenience. Please do not prop doors that are intended to be locked.

• Secure your office or work area when you leave for any period of time.

• Avoid granting access to anyone you’re not familiar with, when entering “Card Access” areas. This is called “piggy-backing” and can allow unauthorized persons access to restricted areas.

• Avoid leaving personal electronic devices and laptop computers unattended.
Safety Tips On Campus

• Keep your purse, wallet, keys and other valuables with you at all times or secured in a locked drawer or cabinet.

• Carry only a minimal amount of cash while at school or in the workplace.

• Avoid carrying important personal documents such as passports, visa, or social security cards unless absolutely necessary.

• Immediately report any suspicious activity or persons to Public Safety at (617) 358-4444 (Medical Campus), BUPD at 617-353-2121 (Charles River Campus)
Cyclist should use U-locks when securing their bicycles. Please remove any attachments (lights, phone holders) prior to securing your bike.
• If You See Something, Say Something...

• Safety in general is a shared responsibility among all members of our community, if you see something suspicious, please call:
  – Public Safety at (617) 358-4444 (Medical Campus)
  – BUPD at 617-353-2121 (Charles River Campus)
  – For off-campus emergencies call 911

• Program these numbers in your cell phone.
• **Send-Word-Now Alerts**
  ➢ Boston University Police and / or Public Safety Department will provide information related to any major incidents, which would impact the daily operations, to all faculty, students and staff. Please follow the directions provided within these messages and updates.

• **Twitter / Facebook**
  ➢ Boston University Police Department
• Twitter / Facebook
  ➢ Boston Police Department
  ➢ Transit Police Department
  ➢ MA State Police
Professional Comportment & Academic Standards

C. James McKnight, PhD
Chair, GMS Committee on Academic Conduct
Associate Professor, Physiology & Biophysics
Comportment?

“Personal bearing, carriage, demeanour, deportment; behaviour, outward conduct, course of action”.
comport  verb
com­port  |  \kəmˈpɔrt\
comported; comporting; comports

Definition of comport (Entry 1 of 2)

intransitive verb
: to be fitting: ACCORD
// actions that comport with policy

transitive verb
: BEHAVE
especially: to behave in a manner conformable to what is right, proper, or expected
// comported himself well in the crisis
How to comport yourself at Boston University School of Medicine:

• Do unto others as you would have them do unto you.

• Know your rights and your responsibilities.

• Treat ALL members of the community in a professional manner and with respect, in person and online!

  Faculty,
  Students,
  Administrators,
  Staff,
  Patients,
  Visitors
How to comport yourself at Boston University School of Medicine:

Some Specifics:

• Read your email and respond, if asked, and save it.

• Be on time

• Be prepared

• Be considerate

• Be compassionate

• Be enthusiastic

• Be YOU!

• Be kind
## GMS Committee on Academic Conduct Roster 2020-2021 academic year

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>C. James McKnight, Chair</td>
<td>Physiology &amp; Biophysics</td>
</tr>
<tr>
<td>Amy Brodeur</td>
<td>Anatomy &amp; Neurobiology</td>
</tr>
<tr>
<td>Matt Jones</td>
<td>Molecular Medicine</td>
</tr>
<tr>
<td>Rachel Levy-Bell</td>
<td>Mental Health Counseling &amp; Behavioral Medicine</td>
</tr>
<tr>
<td>Valentina Perissi</td>
<td>Biochemistry</td>
</tr>
<tr>
<td>Kiloni Quiles-Franco</td>
<td>Student</td>
</tr>
<tr>
<td>Anna Smith</td>
<td>Student</td>
</tr>
<tr>
<td>Kathleen Swenson</td>
<td>Genetic Counseling</td>
</tr>
<tr>
<td>Susan White</td>
<td>Physician Assistant Program</td>
</tr>
<tr>
<td>Ben Wolozin</td>
<td>Pharmacology</td>
</tr>
</tbody>
</table>

*Ex officio* members:

Assistant Dean for GMS Gregory Viglianti  
Associate Provost/Dean of GMS, *ad interim*, Deborah Stearns-Kurosawa
From the website plagiarism.org:

ALL OF THE FOLLOWING ARE CONSIDERED PLAGIARISM...

• Turning in someone else’s work as your own
• Copying words or ideas from someone else without giving credit
• Failing to put a quotation in quotation marks
• Giving incorrect information about the source of a quotation
• Changing words, but copying the sentence structure of a source without giving credit
• Copying so many words or ideas from a source that it makes up the majority of your work
AVOIDING PLAGIARISM:

• Avoid cutting and pasting from the internet.

• Instead, read and then write in your own words.

• But take the citation information from the source and cite it!

• Run your work through Turnitin or another similar resource.
  • Especially if you are doing group work!
How to avoid and check for plagiarism

PLAGIARISM CHECK ACCESS FOR STUDENTS

Turnitin is an online plagiarism checking tool that compares your work with what is published. It checks for similarity with the internet as well as text journals and books.

• Students will be able to upload their own papers to Blackboard Learn (Bb) and then check back for similarity index in a few hours.
• Students may resubmit multiple versions and rewrite text as needed.
• This can be used for papers, take home assignments, theses or dissertations.
• To gain access:
  • Students should request access to the Plagiarism-Check Bb site. This is on the thesis/dissertation/research resources page. Access to this site will be continuous throughout your time in GMS:
    • http://www.bumc.bu.edu/gms/students/request-to-be-added-to-blackboard-plagiarism-site
Managing Stress in Graduate School

Stephen Brady, PhD
Associate Professor of Psychiatry
Director, Mental Health Counseling and Behavioral Medicine (MHCBM)

Rachel Levy-Bell, PsyD
Associate Program Director and Director of Clinical Training, MHCBM
What is Stress?

There is no definition of stress that everyone agrees on, what is stressful for one person may be pleasurable or have little effect on others. We all react to stress differently.
“What are you stressed about?”
Some Current Stressors?

- Doing well in school
- LfA Remote and/or In Person Classes
- Moving to a new City
- Being away from friends and family
- Making friends
- Fears of COVID contagion: How much is too much?
- Black Lives Matter and Racism
- Financial Concerns
- Family Challenges
- Lack of Exercise
- Sleep Deprivation
- Food, Drink /Other Substances
COVID-19 Challenges

• It's important to acknowledge feelings of stress and perhaps grief related to COVID-19 and Black Lives Matter
• It may be very difficult to process these experiences in the middle of the immediate crisis
• Some of what we know about PTSD may help....first stop the spinning and then begin the process
• For HIV survivors a feeling of weary déjà vu (NYT, April 8, 2020)
An Invitation to “Unmask” & Build Community

"THE GREATNESS OF A COMMUNITY IS MOST ACCURATELY MEASURED BY THE COMPASSIONATE ACTIONS OF ITS MEMBERS."

CORETTA SCOTT KING
COVID-19 (coronavirus)

6 Tips for Coping with the Stress

It's normal to feel sad, stressed, confused, scared or angry during a crisis. Talking to people you trust can help. Get in touch with your loved ones and connect with them.

Be aware that not everything being said about COVID-19 is accurate. Go to trusted sources like your state or local health department, the CDC or the World Health Organization.

Limit your stress and fear by reducing how much time you spend watching or reading the news or scrolling through social media, especially when you feel it's upsetting information.

Do things you've done in the past to help manage challenges and stress. Know that you've developed skills to manage your emotions and use them during this time, too.

If you're staying home, stay healthy by eating well, getting plenty of sleep, exercising regularly and having good social contact with loved ones by phone or video chat.

Deal with your emotions in a healthy way. Have a plan ready in case you do start to feel overwhelmed, and don’t hesitate to talk to a counselor or therapist if you need to.

*Created for Mission Health by Jarred Phillips Gate & Hancock, Inc.
**Adapted from the International Federation of Red Cross; data from the World Health Organization
### Warning Signs for Burnout

<table>
<thead>
<tr>
<th>Stress</th>
<th>Burnout</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hyper-engagement</td>
<td>Disengagement</td>
</tr>
<tr>
<td>Emotions are Overreactive</td>
<td>Emotions are Blunted</td>
</tr>
<tr>
<td>Urgency and Hyperactivity</td>
<td>Helplessness and Hopelessness</td>
</tr>
<tr>
<td>Loss of Energy</td>
<td>Loss of Motivation, Ideals, and Hope</td>
</tr>
<tr>
<td>Anxiety and Anger</td>
<td>Leads to Detachment and Depression</td>
</tr>
<tr>
<td>Physical Damage</td>
<td>Emotional Damage</td>
</tr>
</tbody>
</table>
The Impact of Burnout

Physical

Behavioral

Emotional
Feeling fatigued and drained most of the time

Lowered immunity

Frequent headaches, back pain, muscle aches

Changes in sleep habits and appetite

Sense of Failure and Self-Doubt

Decreased satisfaction and accomplishment

Feeling helpless, trapped, and defeated

Loss of motivation

Cynicism, negativity, and irritability

Detachment

Physical & Emotional Signs of Burnout
Withdraw symptoms and interpersonal relationships

Isolation

Procrastination

Using food, nicotine, alcohol, and prescribed and non-prescribed drugs

Missing Work

Behavioral Problems & Burnout
Dealing with Burnout - The “Three R” Approach

• **Recognize** – Watch for the warning signs of burnout

• **Reverse** – Undo the damage by managing stress and seeking support

• **Resilience** – Build your resilience to stress by taking care of your physical and emotional health
Whole Health begins with Mental Health
Wellness Strategies

• Develop Effective Study and Test taking Skills
• Seeking Solace thru Spiritual and religious practices
• Focus on social justice and mobilization re Black Lives Matter virtual and other protests
• Volunteer
• Meditation and Mindfulness
• Moving toward rather than away or against people
• Friends and Family Support
• Consider Counseling/medication as needed
Wellness Strategies

- Regular cardiovascular exercise
- Mindfulness Eating
- Practicing Sleep Hygiene
- Managing work schedule
- Doing Pleasurable hobbies

![Woman doing a yoga pose](image)
• Create and Maintain pre-routines
• Take breaks – even when you think you shouldn’t!
• Stress Management Tools
• Unplug from media and news outlets
• Lean on others and accept support
• Use Apps to stay connected

• Stay connected with loved ones – “Family toolkit” keep small photos, cards, symbols of home
• Hug/Affirmation Jars
• Journal
• Utilize Creative outlets
• Aromatherapy
• Celebrate joyous occasions and successes!

https://www.bucme.org/node/1219
Seeking Balance

- Therapy
- Spa
- Music
- Exercise
- Hobby
- Time management
- Nature
- Yoga
- Meditation

Stress Management
Next Steps

Theresa A. Davies, PhD
Assistant Dean of Masters Programs
Director, MS in Oral Health Sciences Program
Final Notes

Reminders - Paperwork & Trainings

- BU Email
- Update your LfA Status on Student Link
- Onboarding Materials on Blackboard
  - Due September 9th
  - Mandatory Student Training on Sexual Misconduct
    - Look for the email from everfi.net (sent last week)
- International Students
  - First Class
- BU ID:
  - Uploaded photo – ready for pick-up 710 Albany Street
  - Other – stop by ID office to have your picture taken (7am-3pm)
# Next Steps

## ORIENTATION EVENTS FOR ALL STUDENTS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Zoom URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00AM-11:30AM EST</td>
<td>Main orientation session</td>
<td>Pre-register</td>
</tr>
<tr>
<td>11:30AM - 12:00PM EST</td>
<td>Screen time break for master's students</td>
<td>N/A</td>
</tr>
<tr>
<td>11:30AM - 12:15PM EST</td>
<td>PhD session</td>
<td>Pre-Register</td>
</tr>
<tr>
<td>12:15AM -12:45PM EST</td>
<td>Screen time break PhD students</td>
<td>N/A</td>
</tr>
<tr>
<td>12:00PM - 4:00PM EST</td>
<td>Program-specific orientation sessions</td>
<td>Zoom link provided by Program</td>
</tr>
<tr>
<td>2:00PM - 3:00PM EST / 4:00PM - 5:00PM EST</td>
<td>Resource fair</td>
<td>Zoom links provided separately with resource fair schedule</td>
</tr>
<tr>
<td>Student Resource</td>
<td>Presentation Times (EST)</td>
<td></td>
</tr>
<tr>
<td>---------------------------------------------------------------------------------</td>
<td>--------------------------</td>
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</tr>
<tr>
<td>Biomedical PhD Student Organization (BPSO)</td>
<td>2:15 2:45 4:15 4:45</td>
<td></td>
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<tr>
<td>BU Arts Initiative</td>
<td>2:00 2:30 4:00 4:30</td>
<td></td>
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<tr>
<td>BU Biotech Consulting Club (BBCC)</td>
<td>2:15 2:45 4:15 4:45</td>
<td></td>
</tr>
<tr>
<td>BUMC Parking &amp; Transportation Services</td>
<td>2:15 2:45 4:15 4:45</td>
<td></td>
</tr>
<tr>
<td>BUMC Toastmasters</td>
<td>2:45 4:45 4:45</td>
<td></td>
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<tr>
<td>BU's Center for Career Development</td>
<td>2:00 2:30 4:00 4:30</td>
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<td>Climate Action Group</td>
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<td>GMS Professional Life</td>
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<td>GMS Student Life &amp; Wellness</td>
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<td>Graduate Medical Science Student Organization (GMSSO)</td>
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<td>Graduate Women in Science and Engineering (GWISE)</td>
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<td>Minority &amp; International Scientists Organization (MISO)</td>
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<td>Science and Technology in Public Policy (STEPUP)</td>
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<td>Women’s Professional Development Committee (WPDC)</td>
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Upcoming Events

• Student Financial Services one-on-one appointments:
  • Sept 2nd, 3rd and 4th  Sign-up here

• Welcome Back Students Town Hall - Q & A 9/9

• Visit the GMS Student Life & Wellness zoom room at the Resource Fair for our upcoming programming

• Visit the GMS Professional Life zoom room at the Resource Fair for our upcoming programming
Welcome to GMS!