In this seminar, Lauren Celano, CEO of Propel Careers, will demonstrate how to develop skills and experiences during your Ph.D. or postdoc that are valued by organizations you could work for. Tangible examples will be provided on how to become involved with academic departments, university initiatives, student clubs, academic groups, industry organizations, non-profit organizations, and networking groups to build leadership, management, presentation, communication, networking, and interpersonal skills. Advice will also be provided on how to identify and structure externship opportunities to build career relevant skills.