Office of Professional Development and Postdoctoral Affairs

The OPDPA speaker series aim to provide the postdocs and Ph.D. students with information and resources and to exchange of ideas and the intellectual enrichment of the trainees’ community.

Title: Overcoming Imposter Syndrome
Speaker: Isaiah Hankel, Ph.D. CEO of Cheeky Scientist
Date: Tuesday, September 30, 2014
Time: 3:30 – 5:00 p.m.
Location: Wilkins Board Room Evans 1, 72 East Concord St., BU School of Medicine
Additional Registration required
Information

Description: Do you want to trade self-doubt for success? 70% of people have experienced Imposter Syndrome in one form or another. Dr. Isaiah Hankel has developed key strategies that will help to enable you to defeat Imposter Syndrome and successfully transform unconscious habits into confidence by:

- Taking control of your life and success
- Breaking the cycle of self-sabotage
- Discovering the power of internal validation
- Learning how to stop unconscious habits that hold you back
- Utilizing “the art of pretending” as a tool for career advancement
- Maximize your personal and professional potential
- Preparing for a bright and successful career

Speaker’s Bio: Dr. Hankel is the author of Black Hole Focus (Wiley 2014), a business coach and speaker. He helps individuals, teams and organizations develop a more entrepreneurial mind-set to accelerate their career success. He has worked with some of the world’s leading corporations and also presented at many of the world’s premier academic institutions.