



Division of Graduate Medical Sciences

Office of Professional Development and Postdoctoral Affairs

The OPDPA speaker series aim to provide the postdocs and Ph.D. students with information and resources and to exchange of ideas and the intellectual enrichment of the trainees' community.

Our speakers are: Maria Isabel Dominguez, PhD Assistant Professor of Medicine Hematology-Oncology Section Department of Medicine Boston, University School of Medicine and Rachel Weiss, M.S., Ed.D., Counseling Services & Mentor Coordinator who will be speaking on Lab Time Management.

Title: **Lab Time Management: a Practical Perspective**
Speaker: Isabel Dominguez, Ph.D. and Rachel Weiss, M.S., Ed.D.,
Counseling Services & Mentor Coordinator
Date: Wednesday, July 30, 2014
Time: 12:30 – 2:00 p.m.
Location: Room L-109A/B, 72 East Concord St., BU School of Medicine
Additional Information Registration required Email: Yolanta@bu.edu, lunch will be provided

Brief Description: From a practical perspective, one of the most daunting challenges for beginning Investigators, is learning how to cram an impossible load of new obligations into a 24-hour day. Finding ways to manage the conflicting demands on your time can be a key to developing a successful career and a rewarding personal life.

Participants will do time management exercises based on Academic Skills Center, Dartmouth College.



Yolanta Kovalko, Administrative Manager
Office of Professional Development and Postdoctoral Affairs
Boston University School of Medicine
Division of Graduate Medical Sciences
72 East Concord Street, L-317
Boston, MA 02118
(617)638-5244
Yolanta@bu.edu