



Women's Leadership Program

2016 – 2017

Department of Medicine

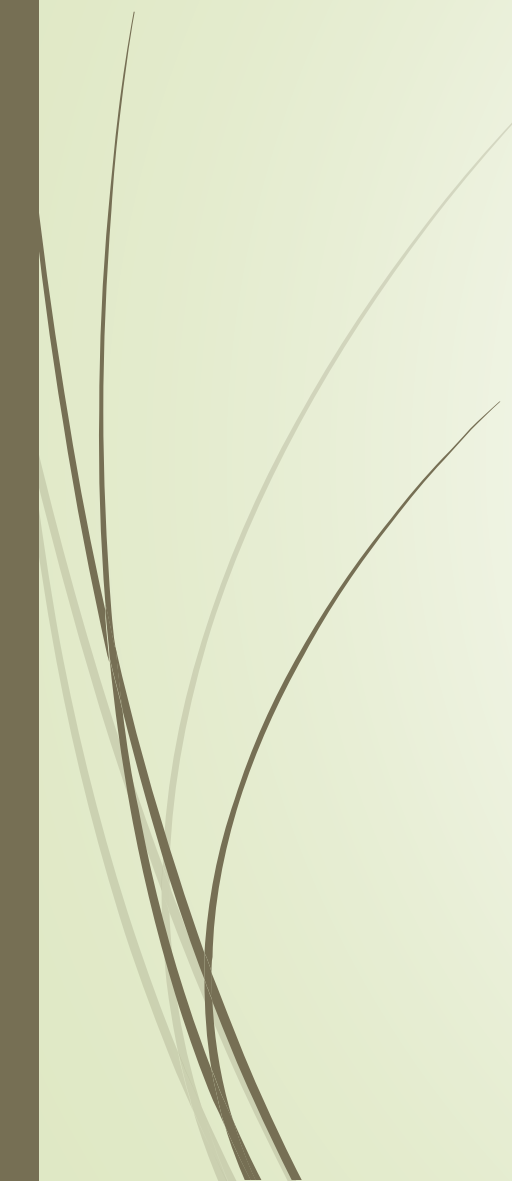


Welcome!

- Please spend 5 minutes to write in your journals:
 - Reflect on your goals for this program
 - Where do you hope to be 10 months from now?



Elevator Pitches

- Please take 30 (sign) to 45 seconds (time's out) to introduce yourself to your colleagues
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WLP Learning Goals

- Self-reflect and enhance awareness of strengths and areas for development
 - Develop skills to effectively impact and lead change
 - Achieve meaningful progress on a personal leadership goal
 - Enhance peer mentoring & coaching skills
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WLP Elements

- **Curriculum topics** selected based on BUMC needs assessment, and your applications – 50 min/session
 - **Book reports** – 10 min/session
 - **Peer coaching** to negotiate challenges, foster resiliency, and achieve personal goals – 30 min/session
 - **Conversation Cafes**
 - **Program Evaluation**
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Achieving your hopes & goals

- Touchstones

- What do we need to create a safe space & high value experience?



Touchstones

- Confidentiality
- Honesty
- Everyone is participating
- Give each feedback when people are dominating
- Able to be vulnerable
- Give each other feedback in a non-judgmental way
- Constructive environment (not just complaining)
- Stay focused
- Identify what is necessary for you to stay present
- Hold each other accountable to being present, honest, and confidential
- No “fixing” the other person
- Resources/advice offered to each other upon request
- Compassionate support not competition
- Awareness of our own biases and how it impacts how we hear others
- Have fun
- Begin and end on time