Barbara Gilchrest Named 2012 Charter Fellow
By National Academy of Inventors

Barbara Gilchrest, MD, Professor and Chair Emeritus of the department of dermatology at Boston University School of Medicine (BUSM) and dermatologist at Boston Medical Center (BMC), has been named a 2012 Charter Fellow of the National Academy of Inventors (NAI).

Board certified in internal medicine and dermatology, Gilchrest received her medical degree from Harvard Medical School and completed residencies in internal medicine and dermatology at Harvard-affiliated hospitals. Prior to her appointment as Chair, Gilchrest held academic appointments at Harvard Medical School and Tufts University School of Medicine. She has clinical and laboratory-based research interests in skin aging and pigmentation and has published extensively based on her pioneering work in these fields. Gilchrest is a member of the Institute of Medicine of the National Academy of Sciences and was cited in the book, 100 Best Doctors in America.

NAI Charter Fellows were inducted by the U.S. Commissioner for Patents, Margaret A. Focarino, from the United States Patent and Trademark Office, during the 2nd Annual Conference of the NAI on Feb. 22, 2013, in Tampa, Fla. Fellows were presented with a special trophy and a rosette pin.

Chairman’s Message

Greetings from Boston where we are finally coming to the end of a long, cold winter. It would appear that excessive bad weather makes us more productive as a team, as we recently had our largest number of faculty presentations at the AAD meeting in Miami, FL and the largest number of publications since our last update (see below for details). Hopefully you were able to attend some of the AAD presentations from our faculty to support our BU Dermatology team. While there was much excitement generated by the academic activities of the department in Miami, we were also thrilled to be able to see so many of our alumni at our annual AAD reunion. This year’s event featured a terrific band along with delicious food and drinks which were enjoyed by all attendees despite the unseasonably cold weather. As always, it was great to catch up with so many of our former trainees and learn of their exciting adventures since leaving BU. Please continue to keep us apprised of your news throughout the year.

As is typical for this time of year, we are currently anticipating many changes in the department as we look to graduation activities for our residents and fellows and welcoming our incoming class of new trainees in July. We are also excited to be welcoming several new faculty members to the department and will share details of these important recruitments following their arrival this summer.

Of course, much of our attention has been focused on the recent tragic events at the Boston Marathon and I am happy to report that things in the city are slowly getting back to normal. As you might imagine, Boston Medical Center played a major role in caring for large numbers of victims of the bombings, not only in the acute setting, but also in the days and weeks following the attack. Although the Department of Dermatology was not directly involved in caring for these patients or their families, all members of our BMC community came together to support the injured and their loved ones during this difficult time and we are all so proud of the exceptional care provided to those in need by our BMC faculty, trainees, and staff. As some of you may have noted, we posted a brief note on our website to let the BU Dermatology community know that all members of the department were doing well and were, thankfully, not personally affected by this tragedy and we are grateful for all of the notes of concern and support from our BU Dermatology family during this difficult time.

Wishing you all a wonderful summer and please be sure to keep in touch.

Warmest regards,
Rhoda

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Warmest regards,
Rhoda
The Boston University Center for Ethnic Skin specializes in the diagnosis and treatment of skin, hair, and nail disorders unique to women and men with skin of color, such as African, Asian, East Indian, Hispanic, and Middle Eastern descent. The mission of this center is to provide dermatologic care in individuals while taking into account the natural color of their skin and offers a comprehensive, personalized care plan designed specifically for the care of each patient’s color, tone, and texture of skin and hair.

The center offers specialized care in general, procedural, surgical, and cosmetic dermatology for patients with conditions including post-inflammatory hyperpigmentation, peri-orbital hyperpigmentation, melasma, vitiligo, keloids, acne keloidalis nuchae, pseudofolliculitis barbae, central centrifugal cicatricial alopecia, acanthosis nigricans, and dermatosis papulosa nigra. Special services include punch and blister grafting for vitiligo, skin resurfacing, advanced skin discoloration treatments, as well as a wide range of cosmetic therapies.

Dr. Neelam A. Vashi is a board certified dermatologist and Founder and Director of the Boston University Center for Ethnic Skin. Dr. Vashi received her medical degree from Northwestern University’s Feinberg School of Medicine where she was inducted into the Alpha Omega Alpha Honor Medical Society. After her internship in internal medicine at Northwestern University – McGaw Medical Center, Dr. Vashi came to the east coast to complete her dermatology residency at New York University (NYU) in the Ronald O. Perelman Department of Dermatology, with training at NYU Langone Medical Center, Bellevue Hospital, and the Manhattan VA Hospital. Her clinical and research interests focus on the therapy of skin, hair, and nail disorders that occur more frequently in individuals with skin of color.

Neelam A. Vashi, M.D., FAAD

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Dermatopathology

Our section has been highly active in academia over the past several months. Dermatopathology faculty gave a total of seven lectures at the American Academy of Dermatology’s 2013 Annual Meeting in Miami, on topics including melanoma molecular diagnostics, clinicopathologic correlation, skin biopsies in the evaluation of pruritus, and vasculitis.

Our faculty continues to publish actively in the dermatology and dermatopathology literature, with recent publications in prominent journals including Archives of Dermatology, Modern Pathology and the American Journal of Dermatopathology; please refer to the end of the newsletter for a detailed list of these articles. Many of these publications were co-authored by our current and former fellows, and we congratulate them on all their hard work and success as well.
Unprecedented Number of Applications
The IGPD continues to be a vibrant and successful program
By Thomas Ruenger, M.D.

This past fall, we received an unprecedented number of applications for our International Graduate Training Program in Dermatology (IGPD). Therefore, admission into the IGPD has become quite a competitive process. Keeping pace with the recent growth of our department and clinical services, we will be expanding the number of international trainees from currently ten to fifteen in the next academic year starting July 1.

The Admission Committee, consisting of Drs. Lynne Goldberg, Debjani Sahni, and myself, admitted eight new trainees, who will come from the British Virgin Islands, Indonesia, Iraq, Jamaica, Libya, Saudi Arabia, Thailand, and Yemen. As a result, we will have trainees from ten different countries in the program next year. That will increase the total number of countries from which we have had trainees to twenty-nine.

It was heart-warming to see many letters of recommendation for the applicants written by various alumni of our international program. I am grateful for this continued support and trust that the quality of training and the academic rigor of our international program is well worth the time, effort, and expense. In return, we are very proud of all the good work and care for patients with skin disease that is done by all the international BU-Derm alumni in so many corners of the world. The current first year trainees have accustomed themselves to the new environment and are very busy with clinics, class presentations and exams. I am happy that Drs. Wipanee Akarapusit (“Winnie”) and Mayra Buainain de Castro May-mone (“May”), who originally signed up only for the one-year Diploma program, decided to stay for another year to pursue the Master of Science in Dermatology degree.

The current second year MS students, Drs. Siwarat Chotinukul (“Bond”) and Punyada Suchiva (“Pam”), have less than three months left in the program before graduation and are already thinking about their return home and their continued careers in Thailand. Only in her second year of the four-year Doctorate program, Dr. Tiankai Du (“Katherine”) has already started working on her thesis with Dr. Deon Wolpowitz. She will also be the next Chief International Trainee, assisted by Dr. Chanika Kulpapatra (“Bee”).

The current Chief International Trainee, Dr. Palinee Rattanasirivilai (“Pauline”), is finishing up her thesis work on scarring alopecias with Dr. Lynne Goldberg, and I am looking forward to her thesis defense later this year.

Over the years, we have had many trainees from Thailand and I have been promising to visit this country for a long time. This past winter, I finally made good on this promise.

My wife, my daughter and I enjoyed wonderful hospitality by many IGPD alumni. Drs. Passarat Anurupkaipoon (“Pat”), Chidchon Sakjirapapong (“Plae”), Marinya Pongpudpun (“Kate”) and Nicha Keoprasom showed us around Bangkok and Pat traveled with us to the beautiful islands of Koh Samui and Koh Tao in the Gulf of Thailand. Catching up with former trainees, seeing where they live and work, meeting their friends and family, eating delightful Thai food, and seeing this beautiful country through their eyes, has been an unforgettable experience. One highlight of this trip was a reunion of the Thai BU-Derm IGPD alumni (see picture). Unfortunately, some alumni were not able to come because it is a custom to leave Bangkok for the New Year Holiday. It seems that I need to go back at some other time and I will be very happy to do so.

Outstanding Matched Applicants
The Training Program welcomes the following to BU Dermatology in July 2014
By Amit Garg, M.D.

Claire Chang, University of Pennsylvania
Hobbies: Volleyball, Tennis, Bikram Yoga, Spinning, Running, Cooking, Piano

Ellinor Quay, New York University
Hobbies: running, Completed New Jersey Shore Marathon in under 4 hours

Shalini Reddy, Boston University
Hobbies: running, cooking, watching basketball, piano/music, tennis, traveling

Babu Singh, Boston University
Hobbies: “Iron Chef,” addiction medicine, soccer (Division I athlete)

Aubrey Wagenseller, University of Virginia
Hobbies: cooking, oil painting, running, soccer (Division I athlete), squash, reading novels, listening to music

All have accomplished track records in research and scholarship and have demonstrated significant potential for leadership. We have worked closely with 3 of our matches (Aubrey, Babu, and Shalini) and we were also highly impressed after meeting Claire and Ellinor.

A significant effort is involved in recruiting a new class, and we are very grateful for the participation of a number faculty and residents during this process.

My special thanks to the recruitment committee (Rhoda, Emmy, Christina, Amy, Neelam, Hee-Young, Meera, Cindy) for their efforts.
Residents Attend Meeting in Miami, Florida
The American Academy of Dermatology Meeting

The Annual American Academy of Dermatology meeting was held in Miami Florida this year. The meeting was attended by 13 of the 15 current residents and 9 of the current 10 international trainees and provided an opportunity for all to attend courses, symposiums and poster sessions on topics ranging from basic dermatology to dermatopathology and updates in research. Current third year resident, Cindy Bae-Harboe was awarded a La Roche-Posay North American Foundation 2013 Research award for her project titled A survey study to evaluate self perceptions of skin cancer risk and photoaging after facial skin quality analysis.

Current trainees with Dr. Phillips, Dr. Goldberg and Dr. Sahni at the AAD Meeting in Miami, FL

Congratulations to the Class of 2013

**Dr. Yoon-Soo Cindy Bae-Harboe** will pursue a procedural fellowship with Dr. Roy Geronemus, at the Laser and Skin Surgery Center of New York located in Manhattan. Her residency and fellowship training will provide the groundwork to pursue a career in Mohs microscopic surgery, laser surgery and cosmetics. Dr. Bae’s research interests include scar revision, anti-aging and photobiology. In her free time, she enjoys traveling, water sports (surfing and scuba diving) and spending time with friends and family.

**Dr. Kathryn Kent** will be joining SkinCare Physicians as their Mohs fellow this July. Dr. Kent has a clinical interest in the treatment of scars, and in the future she hopes to provide her services pro bono for survivors of violence. In her free time she enjoys traveling, hiking and volunteering with the Boston Area Rape Crisis Center. After completion of her fellowship, she hopes to settle down with her husband in a coastal area somewhere south of the Mason-Dixon line.

**Dr. Laurel Morton** will be joining SkinCare Physicians in Chestnut Hill, Massachusetts as their Laser and Cosmetic fellow. Dr. Morton’s research interests include wound healing and cosmetic laser interventions. In her free time, she enjoys running and travel. In the future, she hopes to practice general and procedural dermatology.

**Dr. Emily Wise** will be joining Krauss Dermatology, a private practice in Wellesley Hills, MA. She will be joining Madeline Krauss and Pamela Norden, both graduates of the BU/Tufts combined dermatology residency program as well as a fourth physician, Ellen Lacomis. Dr. Wise plans to see patients of all ages in her office and will be practicing both general and cosmetic dermatology. She has a clinical interest in acne. She continues to be active in her role on the Board of Directors for the Melanoma Foundation of New England. When she is not at work, Dr. Wise enjoys running, golfing, sailing and spending time with her new husband, Kearney.

**Dr. Lana Kashlan** will be joining Dr. Amy Taub at Advanced Dermatology in Chicago, Illinois. Dr. Kashlan’s clinical and research interests focus on both medical and cosmetic dermatology, with a particular interest in laser therapy to treat a variety of dermatologic conditions. In her spare time, she enjoys traveling and sampling new and exotic cuisines.
Recent Publications and Presentations


- Miller D, Bhawan J. Bullous tinea pedis with direct immunofluorescence positivity: when is a positive result not autoimmune bullous disease? Am J Dermatopathol. 2012. [Epub ahead of print]


Noteworthy News

Recent Publications and Presentations


This year Boston Medical Center will be partnering with Channel 7 for the Annual Health and Fitness Expo at the Hynes Convention Center, June 22/23 (9-5pm). The Health and Fitness expo is an annual event that has been very popular with the public, with 70,000 people turning out every year to take advantage of the opportunity of free health screening and fitness exams.

The Expo aims to bring health and fitness information to the public, and essentially make health care fun and accessible. By putting people first, we at BMC are adhering to our motto of ‘exceptional care without exception’.

Dr. Debjani Sahni will be leading the Dermatology section of the health expo, and has been supported fully by Dr Deborah Cummins, Marsha Stevens, and Molly Collier – a wonderful team! There will be skin scanners, video presentations, posters, leaflets, a kid’s arts and crafts corner, fun skin health quizzes, samples of UV protective clothing and plenty of sunscreens and moisturizers. The list is endless……

One of our residents Dr. Cindy Bae-Harboe will be conducting her research study looking at the variation in photodamage between the left and right side of the face of willing participants. La Roche Posay has generously provided the research grant to execute this study.

We at BMC Dermatology are very excited about this highly popular public event, and hope this will also help promote the excellent services that we offer here at BMC.

Save the date for June 22 and 23 at the Hynes Convention Center. It’s just round the corner…
2013-2014 Grand Rounds Schedule

Art Papier, M.D.  
Co-Founder and Chief Executive Officer of Logical Images  
Associate Professor of Dermatology and Medical Informatics at the University of Rochester School of Medicine and Dentistry  
July 10, 2013

Sancy Leachman, M.D., Ph.D.  
Howard Koh Visiting Professorship Lecture  
Chair, Department of Dermatology  
Director of the Melanoma Research Program at the OHSU Knight Cancer Institute  
August 7, 2013

Keith Flaherty, M.D.  
Director of the Henri and Melinda Termeer Center  
Massachusetts General Hospital  
September 4, 2013

George Reizner, M.D.  
Professor, University of Wisconsin School of Medicine and Public Health  
Co-Founder and Co-Director of the University of Wisconsin Multidisciplinary Melanoma Clinic  
October 9, 2013

Irene Leigh, M.D.  
Barbara Gilchrest Visiting Professorship Lecture  
Professor, Cellular and Molecular Medicine  
Clinical Research Centre, Ninewells Hospital and Medical School Dundee  
November 6, 2013

Alice Gottlieb, M.D.  
Harvey Bansell Professor of Dermatology  
Chair of Dermatology and Dermatologist-in-Chief Tufts Medical Center  
December 4, 2013

Rox Anderson, M.D.  
Professor, Harvard Medical School  
Director, Wellman Center for Photomedicine  
Massachusetts General Hospital  
January 9, 2014

Victoria Werth, M.D.  
Professor of Dermatology, Perelman Center for Advanced Medicine  
Chief of Dermatology, Philadelphia VA Hospital  
February 5, 2014

TBA  
March 5, 2014

Jerry Shapiro, M.D.  
Clinical Professor, University of British Columbia  
Department of Dermatology and Skin Science  
April 2, 2014

Sean J. Whittaker, M.D.  
Marie-France Demierre Memorial Lecture  
Consultant Dermatologist, Guy’s and St. Thomas’ NHS Foundation Trust, London and Senior Lecturer, King’s College, London  
Clinical Director for Dermatology, Allergy And Sexual Health  
May 14, 2014

Alexa Kimball, M.D., MPH  
Senior VP, Mass General Physicians Organization  
Vice Chair, Department of Dermatology  
Director, Clinical Unit for Research Trials in Skin  
June 4, 2014
Last fall, the Department of Dermatology hosted our Annual Residency Program Phonathon. Our residents gathered together to make phone calls in the Pochi Library and connected with our alumni, catching them up on departmental events and asking for pledges that will help support activities for our residency training program. Each pledge will be matched by Dr. Alani, up to a maximum overall contribution of $10,000.

We have already raised over $10,000 thanks to you!

If you were unable to participate in our Phonathon and would like to donate this year, donations can be made by direct mail (see pledge card), through our secure online website www.development.bmc.org/dermatology or by calling our Development office at 617-414-5544. Please remember, all donations are tax-deductible.

Your generous donations will be used to help us:
- Send a resident to a dermatology conference to present groundbreaking research
- Help fund a continuing medical education experience for a resident
- Help to purchase textbooks, microscopes, and other educational materials
- Buy a new dermlight for a resident
- Help to fund new up-to-date electronic learning materials for education

We want to support the Department of Dermatology at BMC & BUMC with a gift in the Residency Education Fund.

In the amount of:

- $500 (Resident Level)
- $1,000 (Fellow Level)
- $2,500 (Chief Level)
- $5,000 (Chair Level)
- Other (please specify)

Matching Pledge Card:

Matching Pledge Card

Mail to: Boston Medical Center

Secure online donations can be made by visiting http://development.bmc.org/dermatology.

Cancer Care Center

CUTANEOUS ONCOLOGY PROGRAM

MULTI-DISCIPLINARY CUTANEOUS ONCOLOGY PROGRAM PROVIDING STATE-OF-THE-ART CARE UNDER NEW DIRECTION AT BOSTON MEDICAL CENTER

Delilah Sahil, MD is the newly appointed director of Boston Medical Center's Cutaneous Oncology Program. She recently joined the dermatology faculty at Boston University School of Medicine. A British dermatologist, Dr. Sahil completed her dermatology residency training at the world renowned Institute of Dermatology in London, and completed a Clinical Fellowship in Cutaneous Oncology at Brigham and Women's Hospital, Harvard Medical School. She brings with her expertise from both sides of the Atlantic together with a dedicated and personalized approach to patient care.

In their own words, our patients say...

- "I felt so much better. I felt like I could breathe, and I was seen very quickly."
- "I just felt very comfortable."
- "I felt that my experience was very positive."
- "The staff were wonderful."

Rapid Access Referral Service

Our team of experts encompasses all aspects of cutaneous oncology: Melanoma and Complex Pigmented Lesions, Cutaneous Lymphoma, High Risk Non-Melanoma Skin Cancer. The services provided are readily accessible to patients with new referrals expedited to clinic within 1 week.

At Boston Medical Center, we pride ourselves in providing our skin cancer patients with rapid access, coordinated care in our state-of-the-art clinical facilities, including Ambulatory Care Center and Mohs Surgery Care Center. Our multidisciplinary team of physicians includes cutaneous oncology specialists from dermatology, radiology, dermatopathology, surgical oncology, medical oncology, radiation oncology. This multidisciplinary approach ultimately leads to highly coordinated, patient centered, individualized treatment plans that ensure the highest quality clinical care.

To refer a patient to the Cutaneous Oncology Program please call BMC's Department of Dermatology at 617-638-7410.
mole mapping for melanoma screening

If you have received this brochure, your doctor has probably recommended Total Body Photography (TBP) for melanoma screening. According to the American Cancer Society, over 63,000 new cases of melanoma were diagnosed in this country last year. Statistics from the National Cancer Institute indicate that the incidence of many common cancers is falling, but the incidence of melanoma continues to rise significantly, at a rate faster than that of any of the seven most common cancers. Many melanomas develop as changing moles. When detected and diagnosed early, melanoma is easily cured. Sun protection and early diagnosis could prevent 100,000 new cases of melanoma.

"Photography can be one of your greatest allies in early melanoma detection, because it can help detect changes over time." — Allan C. Halpern, MD Memorial Sloan Kettering Cancer Center, New York

Total Body Photography (TBP) is one of the best ways to document the clinical appearance of your moles for future reference. Leading medical centers and private dermatologists employ Total Body Photography to aid in the early detection of melanoma. TBP can help you and your physician check for changes in your existing moles, detect new moles and aid in screening for melanoma.

You will receive a book of photos showing your skin surface in sections and instructions for using your print book. This print book will serve as the baseline for future skin examinations. TBP is usually a one-time investment in your health care that may or may not be covered by your insurance company. You would only need to repeat the TBP if your body underwent significant changes, such as growing to adulthood, pregnancy, extreme weight change, or developing many moles.

The current appearance of your moles can be compared with your baseline TBP photos during your monthly self-examination and on follow-up visits with your physician. If you see a change, circle the location on the acetate covered print for review with your physician. This form of screening can reveal subtle changes in moles that may be indicative of melanoma in its earliest and most curable stages. Also, TBP may prevent unnecessary biopsies of moles that have not changed when compared to the baseline photos.

what to expect:

Total Body Photography is a medical procedure in which the skin covering most of the body is documented in a series of sectional photos. A typical TBP session takes only a few minutes. Because it is necessary to remove all clothing for TBP, a staff photogram accompanies the patient and photographer at all times. In addition, you are welcome to bring a friend or family member with you.

TBP is performed by a professional medical photographer, and strict confidentiality is maintained at all times.

While the TBP procedure may initially seem awkward and embarrassing, in the long run you should feel peace of mind in knowing that you have taken a critical step toward ensuring your good health and well being.