

CONTROVERSIES IN INTERNAL MEDICINE

MAY 2-6, 2016

OMNI HILTON HEAD OCEANFRONT RESORT
HILTON HEAD ISLAND, SC

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Boston University School of Medicine
The Barry M. Manuel Office of Continuing Medical Education

FACULTY

Boston University School of Medicine and Boston Medical Center

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Hofstra North Shore-LIJ School of Medicine

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Souhel Najjar, MD

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Hofstra North Shore-LIJ School of Medicine
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Chairman, Department of Neurology
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Director, Southern Manhattan Cardiovascular
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System Director of Research, Cardiac Imaging, and
Clinical Transformation
Lenox Hill Hospital
North Shore-LIJ Health System

ACCREDITATION

Target Audience

Primary Care Physicians, Internists, Family Practice Physicians, Nurse Practitioners, Nurses, and
Physician Assistants

Educational Objectives

At the conclusion of this conference the participants will be able to:

- Describe the latest medical controversies in primary care that have arisen because of new
advances in disease processes and patient outcome data.
- Identify such problems in their practice and work settings.
- Choose and provide appropriate treatment for such issues.

Professional Practice Gap and Educational Needs Addressed

The generalist is faced with mastering an ever increasing amount of knowledge to effectively
care for patients. These clinicians must keep abreast of the most up to date evidence for a
large number of disease states, and in particular, struggle with controversial internal medicine
issues. These controversies are frequently the result of trying to reconcile the evidence of
disease process outcomes versus patient care outcomes. This is compounded by the difficulty
interpreting information presented by industry, which frequently overstates the disease process
outcome when the patient care outcome does not support that evidence.

The intent of this course is to improve the clinical competence of the participating clinicians
by providing a format for adult learning that includes brief lectures, case-based small group
workshops, interactive question and answer sessions as well as time for personal expert faculty
consultations. It also provides a week long forum for generalists to learn from their peers in a
program that fosters collaborative sharing of patient care issues especially with respect to active
and evolving internal medicine controversies.

Accreditation

Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to
provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of **20.75 AMA PRA
Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation
in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of
credit is pending.

Continuing Nursing Education Provider Unit, Boston University School of Medicine is accredited as a provider of
continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™
from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a
maximum of **20.75 hours of Category I credit** for completing this program.

Core Competencies

This activity has been developed with consideration given to the American Board of Medical Specialties Six Core
Competencies. This activity will increase your competency in the areas of Patient Care, Medical Knowledge, and
Professionalism.

Disclosure Policy

It is the policy of Boston University School of Medicine Department of Continuing Medical Education that faculty
disclose to program participants any real or apparent conflict of interest. In addition, the faculty is asked to disclose
any discussion pertaining to the unapproved use of pharmaceuticals and devices. Complete disclosure information
will be available on-site in the printed course materials.



AGENDA

Monday, May 2

7:30am Registration and Continental Breakfast

8:00 **Welcome by Course Directors**
David L. Battinelli, MD, Robert Levin, MD, and Robert Lowe, MD

8:10 **Keynote Address:**
Neuropsychiatry: It's All One Brain!
Souhel Najjar, MD

9:10 **Appendicitis...Medicine or Surgery?**
Robert Lowe, MD

9:45 **Advances in Cardiology: What Next?**
Peter B. Berger, MD

10:30 **Break**

10:45 **The Link Between Depression, Cardiovascular Disease, and Inflammation**
Souhel Najjar, MD

11:15 **WORKSHOPS - A, B, C**
A. Common Neuropsychiatry Dilemmas - Souhel Najjar, MD
B. Acute Coronary Syndrome Case - Peter B. Berger, MD
C. Clinical Problem Solving NEJM Style - David L. Battinelli, MD

12:30pm Adjourn

6:00 to 7:30pm **Welcome Reception**

Bring your family and join the faculty for a reception in the garden courtyard. This has become a favorite get-together for our attendees. Refreshments will be served.

Tuesday, May 3

7:30am **Breakfast**

8:00 **The Top 10 Advances in Internal Medicine (Part I)**
David L. Battinelli, MD

9:00 **The Patient with Abnormal Liver Enzymes: A Generalist's Approach**
Robert Lowe, MD

9:50 **Top Advances in Internal Medicine (Part II)**
David L. Battinelli, MD

10:15 **Break**

10:30 **Cerebrovascular Disease: The Controversy Resurfaces**
Souhel Najjar, MD

11:15 **WORKSHOPS - D, E, F**
D. Coronary Syndrome Cases - Peter B. Berger, MD
E. Common Neuropsychiatry Dilemmas - Souhel Najjar, MD
F. Abdominal Pain Diagnostic Dilemmas - Robert Lowe, MD

12:30pm Adjourn

Wednesday, May 4

7:30am **Breakfast**

8:00 **The Coronary CT Angiography Revolution**
Michael Poon, MD, FACC, FSCCT

8:45 **TNT: An Explosion of Thyroid Nodules and Thyrotoxicosis**
Sonia Ananthakrishnan, MD

9:30 **Top 10 Advances in Internal Medicine (Part III)**
David L. Battinelli, MD

10:15 **Break**

10:30 **Controversies in Cardiac Anticoagulation Management**
Peter B. Berger, MD

11:15 **WORKSHOPS - G, H, I**
G. Cardiac Imaging Case Studies - Michael Poon, MD
H. Ambulatory Cardiac Case Discussions - Peter B. Berger, MD
I. How Sweet It Is! Decision Making in Diabetes - Sonia Ananthakrishnan, MD

12:30pm Adjourn

Thursday, May 5

7:30am **Breakfast**

8:00 **Tick-Borne Illnesses**
Gopal Yadavalli, MD

8:45 **Top Controversial Drugs: Prescriber Beware!**
Steve Borkan, MD

9:30 **Hepatitis C: Can We Afford This?**
Robert Lowe, MD

10:15 **Break**

10:30 **Cardiac Imaging for the Generalist**
Michael Poon, MD

11:15 **WORKSHOPS - J, K, L**
J. How Sweet It Is! Decision Making in Diabetes - Sonia Ananthakrishnan, MD
K. Chest Pain Assessed with Cardiac CT: How to do it? - Michael Poon, MD
L. Doctor, My Creatinine is Elevated! - Steve Borkan, MD

12:30pm Adjourn

Co-Sponsored with the Hofstra North Shore-LIJ School of Medicine



Boston University School of Medicine
Continuing Medical Education



Friday, May 6

7:30am **Breakfast**

8:00 **Pre-exposure Prophylaxis of HIV Infection**
Gopal Yadavalli, MD

8:45 **Breaking Bad: Osteoporosis Diagnosis and Management**
Sonia Ananthakrishnan, MD

9:30 **Travel Medicine**
Gopal Yadavalli, MD

10:15 **Break**

10:30 **Metabolic Madness: Dissecting Disaster**
Steven Borkan, MD

11:15 **What's New in Alcoholic Liver Disease?**
Robert Lowe, MD

12:00 **Adjourn**

ACCOMMODATIONS

Omni Hilton Head Oceanfront Resort

23 Ocean Lane, Hilton Head, South Carolina 29928
Ph: 843.842.8000 | Fx: 843.842.8033 | www.omnihotels.com/hotels/hilton-head

A block of rooms has been reserved at the Omni Hilton Head Oceanfront Resort with an **arrival date of Sarurday, April 30th, and a departure date of Saturday, May 7th**. The room rate is **\$225**, single or double, plus taxes and a \$10 per day resort fee. Call 1- 800-843-6664 to make a reservation.

The room block will be open until 5:00pm local time on Friday, April 8th or until it sells out, whichever happens first. After this date, reservations will be accepted on a space and rate available basis. Specify that you are with the Boston University School of Medicine group when making your reservation in order to receive the conference rate or use the code **042716BOSTONUNI**.

Cancellations will be accepted prior to 12:00pm local hotel time, at least 3 days prior to arrival. If the reservation is no longer required and is not cancelled prior to this time, the reservation will be released, and one night's subsequent room and tax charges will be billed to the credit card on file. The hotel will also charge an early departure fee for any guest who checks out prior to the guest's reserved check out day in the amount equal to one night room and tax. Guests wishing to avoid an early check out fee should advise the Omni at or before check-in of any change in planned length of stay.

Guests may use this link to make their reservations online:
<http://www.omnihotels.com/hotels/hilton-head/meetings/boston-university-controversies-in-internal-medicine>

Please visit our website to access this link: bu.edu/cme



REGISTRATION

CONTROVERSIES IN INTERNAL MEDICINE

We recommend registering online at: bu.edu/cme

Name: PLEASE PRINT

Degree: _____ Specialty: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____ Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Check here if you do NOT want to be added to the BUSM CME e-mail list.

Check here if you do NOT want your name to be included on the conference participant list.

Degree Type	Through 3/1/2016	After 3/1/2016
MD/DO	<input type="checkbox"/> \$735	<input type="checkbox"/> \$835
Other	<input type="checkbox"/> \$635	<input type="checkbox"/> \$735
Fellows/Residents	<input type="checkbox"/> \$565	<input type="checkbox"/> \$665

Are you BUSM Alumni or BUSM/BMC Faculty/Staff? Discounts are available.

Are you Hofstra North Shore - LIJ School of Medicine Faculty/Staff? Discounts are available.

HOW TO REGISTER:

Credit Card Payment (recommended payment method)

Register online at www.bumc.bu.edu/cme, select the pay by credit card option, and complete payment (make sure you see a thank you screen at the end of this process). We accept MasterCard, Visa, Discover, American Express and are able to process registration payments with credit cards on-site during the designated registration time.

Check Payment

Register online at www.bumc.bu.edu/cme, select the pay by check option, mail check to the address below or complete the registration form above, mail both the form and check to the address below. Please make checks payable to Boston University School of Medicine. For questions, contact our office at 800.688.2475 or 617.638.4605 or email at cme@bu.edu.

Substitution/Cancellation Policy

Substitution may be made at any time without an additional charge. Refunds will be issued for all cancellations received at least two weeks prior to the start of the conference. Should cancellation occur less than two weeks prior to the start of the conference, a credit towards another Boston University School of Medicine conference will be issued, not a refund. A \$75.00 administrative fee will be charged for all refunds and credits. "No shows" are subject to the full course fee. Cancellations/substitutions must be made in writing. Refunds and credits will not be issued once the conference has started. This course is subject to change and/or cancellation.

Special Services / Dietary Needs

To request reasonable accommodations for disabilities, please notify the Office of Continuing Medical Education, in writing, at least two weeks prior to the start of the conference. The Office of Continuing Medical Education will work to accommodate dietary requests (including, but not limited to: kosher, vegetarian, low cholesterol, and low sodium) received in writing at least two weeks prior to the start of the conference.

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