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Boston University School of Medicine  
Continuing Medical Education

Medical Campus  
72 East Concord Street, A402  
Boston, Massachusetts 02118-2526

**THE STEVEN J. PARKER MEMORIAL DEVELOPMENTAL  
BEHAVIORAL PEDIATRIC CONFERENCE: CLINICAL  
PROBLEMS IN PRIMARY CARE**

March 23 - 24, 2012  
Royal Sonesta Hotel, Cambridge, MA

**PLEASE POST**

**BOSTON  
UNIVERSITY**

**Boston University** School of Medicine  
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DEVELOPMENTAL BEHAVIORAL  
PEDIATRIC CONFERENCE:  
CLINICAL PROBLEMS IN PRIMARY CARE**

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## FACULTY

### BOSTON UNIVERSITY SCHOOL OF MEDICINE

**Marilyn Augustyn, MD**

*Course Director*

Associate Professor, Pediatrics  
Director, Division of Developmental and Behavioral Pediatrics  
Medical Director, Reach Out and Read—Massachusetts  
Co-editor, *The Zuckerman Parker Handbook of DBP*

**Stephanie Blenner, MD**

Assistant Professor, Pediatrics  
Division of Developmental and Behavioral Pediatrics

**Robert C. Cantu, MA, MD, FACS, FAAN, FACSM**

Clinical Professor of Neurosurgery  
Co-Director, Center for the Study of Traumatic Encephalopathy  
Chairman, Department of Surgery, Emerson Hospital  
Chief, Neurosurgery Service, Emerson Hospital  
Director, Service of Sports Medicine, Emerson Hospital  
Medical Director, National Center for Catastrophic Sports Injury Research  
Adjunct Professor, Department of Exercise and Sport Science, University of North Carolina at Chapel Hill  
Co-Director, Neurological Sports Injuries Center, Brigham and Women's Hospital, Boston

**Deborah A. Frank, MD**

Professor of Child Health and Well-Being  
Director, Grow Clinic for Children Boston Medical Center  
Founder and Principal Investigator, Children's HealthWatch

**Wilhelmina Hernandez, MD**

Clinical Instructor  
Fellow, Division of Developmental and Behavioral Pediatrics

**L. Kari Hironaka, MD, MPH**

Assistant Professor of Pediatrics  
Division of Developmental and Behavioral Pediatrics

**Rinat Jonas, MD**

Assistant Professor, Neurology and Pediatrics  
Director of Long-Term EEG Monitoring  
Division of Pediatric Neurology at Boston Medical Center

**Paula A. Quatromoni, DSc, MS, RD**

Associate Professor of Nutrition & Epidemiology  
Boston University Sargent College of Health and Rehabilitation Sciences  
Boston University School of Public Health

**Arathi Reddy, DO, FAAP**

Clinical Instructor  
Division of Developmental and Behavioral Pediatrics

**Dana S. Rubin, MD, MSW, FAAP**

Physician, Department of Child Psychiatry and Pediatrics  
Boston Medical Center and Dorchester House Multiservice Center

**Jodi Santosuosso, APRN, BC, NP-C**

*Course Designated Nurse Planner*

Family Nurse Practitioner  
Division of Developmental and Behavioral Pediatrics

**Kristine Strand, EdD, CCC-SLP**

Clinical Associate Professor  
Director, Undergraduate Program  
Department of Speech, Language and Hearing Sciences  
College of Health and Rehabilitation Sciences: Sargent College, Boston University  
Senior Speech-Language Pathologist, Learning Disabilities Program, Children's Hospital Boston

**Maria Trozzi, MEd**

Assistant Professor of Pediatrics  
Division of Developmental and Behavioral Pediatrics Boston University  
Director, The Good Grief Program

### GUEST FACULTY

**Valerie F. Pietry, MD, MS**

Assistant Professor, Family Medicine and Community Health  
University of Massachusetts Medical School  
Medical Director, School-Based Health Centers, Family Health Center of Worcester  
Director, Family-Centered ADHD Clinic, Family Health Center of Worcester

**Michael Rich, MD, MPH**

Associate Professor of Pediatrics, Harvard Medical School  
Associate Professor of Society, Human Development, and Health  
Harvard School of Public Health  
Director, Center on Media and Child Health (CMCH)  
Director, Video Intervention/Prevention Assessment (VIA)  
Children's Hospital Boston

**Jack P. Shonkoff, MD**

Julius B. Richmond FAMRI Professor of Child Health and Development  
Harvard School of Public Health and Harvard Graduate School of Education  
Professor of Pediatrics, Harvard Medical School and Children's Hospital Boston  
Director, Center on the Developing Child at Harvard University

*It is the policy of Boston University School of Medicine Department of Continuing Medical Education, that faculty disclose to program participants any real or apparent conflict of interest. In addition, the faculty is asked to disclose any discussion pertaining to the unapproved use of pharmaceuticals and devices. Complete disclosure information will be available onsite in the printed course materials.*

# AGENDA

## Friday, March 23<sup>rd</sup>

- 7:30am** Registration and Continental Breakfast
- 8:15am** Course Introduction and Welcome  
Marilyn Augustyn, MD
- 8:30am** **KEYNOTE: Protecting Brains, Not Simply Stimulating the Minds of Children Living in Poverty** ★ ■ ❖  
Jack P. Shonkoff, MD
- 9:30am** **Children of the Recession: New Information from Children's Healthwatch** ★  
Deborah A. Frank MD
- 10:15am** Break
- 10:30am** **ADHD and the Underserved: Clinical Pearls for the Real World** ★ ◆ ◆ ◆ ■ ❖  
Valerie F. Pietry, MD, MS
- 11:15am** **One Size Doesn't Fit All: Multicultural Considerations in Developmental Disorders** ★  
Stephanie Blenner, MD
- 12:00pm** **Bilingualism - Practical Tips In the Office** ★ ◆ ● ◆ ■ ❖  
Wilhelmina Hernandez, MD
- 12:30pm** Lunch (On Your Own)

- Neurological Development Module**
- 1:45pm** **Youth Concussions: Diagnosis, Management Including Return to Play and Prevention** ★  
Robert C. Cantu, MA, MD, FACS, FAAN, FACSM
- 2:45pm** **Seizures and Their Impact on Learning and Cognition** ★ ◆ ◆ ■ ● ❖  
Rinat Jonas, MD
- 3:30pm** Break
- 3:45pm** **(Suspected) Childhood Apraxia of Speech: Assessment and Management Considerations** ★ ◆ ● ❖  
Kristine Strand, Ed.D. CCC-SLP
- 4:15pm** **Autism: State of the (Dys) Union Address** ★ ◆ ● ❖  
Marilyn Augustyn, MD
- 5:00pm** Adjourn



**Steven Parker, MD** graduated from Cornell University, University of Michigan Medical School and completed pediatric residency at Stanford University Hospital. He completed a fellowship at Children's Hospital of Boston with T. Berry Brazelton in Child Development. He started his career in private pediatric practice but after 3 years joined the faculty at Boston University School of Medicine and Boston Medical Center (the former Boston City Hospital) and he became Director of Developmental and Behavioral Pediatrics in 1994, a position he served for over 13 years. He founded and directed the Comprehensive Care Program at BMC – a national model in family centered care for children with developmental disabilities. He published extensively on many areas in DBP and also most recently was the voice of pediatrics for WebMD. His compassion, wisdom and insight in supporting children and families across Boston and the country will not be forgotten. In addition, he cofounded this conference in 1984 with Dr. Barry Zuckerman and it is in his memory that we hold this annual conference, the **Steven J. Parker Memorial Developmental Behavioral Pediatrics Conference**. We hope for all participants that it is an annual opportunity to revisit the topics that are at the core of pediatric practice and to remember Steve's own advice for parents from his blog:

*"Enjoy your kids! Enjoy the ride! Some day soon you'll wonder how it all went by so fast and why you didn't appreciate it more as it was happening."*

## Saturday, March 24<sup>th</sup>

- 7:45am** Continental Breakfast
- 8:30am** **Media Module**  
**Connecting or Sexting, Learning or Addicted: Interactive Media and Child Health** ◆ ◆  
Michael Rich, MD, MPH
- 9:30am** **Tots and Toddlers Go Wireless! – Media Usage of Young Children** ★  
L. Kari Hironaka, MD MPH
- 10:15am** Break
- 10:30am** **Updating Your Status: Facebook and Pediatric Practice** ★  
Arathi Reddy, DO, FAAP
- 11:15am** **Eating Disorders and Childhood Obesity: Effectively Addressing These Adolescent Issues** ★ ◆  
Paula A. Quatromoni, DSc, MS, RD
- 12:00pm** Lunch (On Your Own)
- 1:30pm** **What Part of NO Don't You Understand? Modeling Effective Communication Strategies in Your Office for the Frustrated Parent** ★ ◆ ● ◆ ■ ❖  
Jodi Santosuosso, APRN, BC, NP-C,  
Maria Trozzi, M.Ed
- 2:30pm** **SI/ SA/SIB: Psychiatric Risk in Pediatric Primary Care** ◆ ◆ ◆ ■ ❖  
Dana S. Rubin, MD, MSW, FAAP
- 3:15pm** Break
- 3:30pm** **10 Best Articles in Developmental-Behavioral Pediatrics in 2011** ★  
Marilyn Augustyn, MD
- 5:10pm** Adjourn

**Maintenance of Certification (MOC)**

★ **Medical Knowledge**   ● **Practice-Based Learning & Improvement**   ■ **Professionalism**  
◆ **Patient Care**   ◆ **Interpersonal and Communication**   ❖ **Systems-Based Practice**

**Hotel and Reservations**  
**The Royal Sonesta Hotel** ▪ 40 Edwin Land Boulevard, Cambridge, MA 02142  
**Phone:** (617) 806-4200 or (800) SONESTA ▪ **Website:** http://www.sonesta.com/boston  
A block of rooms has been reserved at the special rate of \$185/night, single or double, plus tax. The room block will be held until **Feb. 21st, 2012 or until it is full**. You may make reservations by calling the hotel directly. Mention you are with the BU School of Medicine conference. After Feb. 21st, reservations will be accepted on a space and rate available basis. For online reservations, visit our website at [www.bu.edu/cme](http://www.bu.edu/cme).

**Special Services & Dietary Needs**  
To request reasonable accommodations for disabilities, please notify the CME office, in writing, at least two weeks prior to the start of the conference. The CME office will work to accommodate dietary requests (including, but not limited to: kosher, vegetarian, low-cholesterol, and low-sodium meals) received, in writing, at least two weeks prior to the start of the conference.

# ACCREDITATION

**Target Audience**  
Primary care physicians, pediatricians, pediatric nurse practitioners, nurses, psychologists, child mental health professionals, family nurse practitioners, and social workers.

**Educational Needs Addressed**  
Emotional and behavioral problems among children and adolescents continue to be highly prevalent and their significance for well being is well documented but the vast majority of children...are still unidentified and untreated. (Academic Pediatrics, Volume 10, Number 4, July – August 2010 252-259).

Early identification of developmental disorders is critical to the well-being of children and their families. It is an integral function of the primary care medical home and an appropriate responsibility of all pediatric health care professionals. Delayed or disordered development can be caused by specific medical conditions and may indicate an increased risk of other medical complications. Delayed or disordered development may also indicate an increased risk of behavior disorders or associated developmental disorders. Early identification should lead to further evaluation, diagnosis, and treatment. Early intervention is available for a wide range of developmental disorders; their prompt identification can spur specific and appropriate therapeutic interventions. Identification of a developmental disorder and its underlying etiology may also affect a range of treatment planning, from medical treatment of the child to family planning for his or her parents. In order to identify a delay, pediatric clinicians need to be aware of what problems exist and how they manifest.

Of nearly 7.4 million children in the United States diagnosed with emotional, behavioral, or developmental conditions, a disproportionate number do not get the mental health services they need because they are underinsured, according to a new report released by the Health Resources and Services Administration (HRSA). The study also finds that boys, adolescents, and children from low-income families are affected by conditions such as depression or Attention Deficit Disorder at higher rates than other children, but that adequate health services for these children remain an unmet need.

The report, "The Mental and Emotional Well-Being of Children: A Portrait of States and the Nation 2007," identified seven emotional, behavioral, or developmental conditions: depression, anxiety, Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder, conduct disorders, autism spectrum disorders, developmental delay and Tourette Syndrome. Children with these conditions can benefit from a variety of therapies including counseling and medication.

This conference will address many of these gaps.

**Educational Objectives**  
Through lectures and question and answer sessions, participants at the conclusion of this conference will be able to:

- Describe the latest clinical information on developmental and behavioral issues in children and families
- Identify such problems in their practice and work settings
- Choose and provide appropriate treatment for such issues

**Accreditation**  
Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston University School of Medicine designates this live activity for a maximum of **13 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity

This program is pending accreditation by the National Association of Pediatric Nurse Practitioners (NAPNAP) for **13 NAPNAP CE contact hours**, of which 2 are pharmacology (Rx) content

Continuing Nursing Education Provider Unit, Boston University School of Medicine, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Social Workers receive thirteen CE hours of credit for this course. Commonwealth Educational Seminars, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) through the Approved Continuing Education (ACE) program. Commonwealth Educational Seminars maintains responsibility for the program. ASWB is a Recognized Entity by the Massachusetts Board of Registration of Social Workers for continuing education credit.

Application for CME has been filed with the American Academy of Family Physicians. Determination of credit is pending. This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of **13.0** AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

# REGISTRATION

## THE STEVEN J. PARKER MEMORIAL DEVELOPMENTAL BEHAVIORAL PEDIATRIC CONFERENCE: CLINICAL PROBLEMS IN PRIMARY CARE

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

- Check here if you do NOT want to be added to the BUSM CME e-mail list.
- Check here if you do NOT want your name to be included on the conference participant list.

	Before February 1 <sup>st</sup>	February 1 <sup>st</sup> – March 25 <sup>th</sup>
M.D./D.O.	<input type="checkbox"/> \$450	<input type="checkbox"/> \$475
Other	<input type="checkbox"/> \$320	<input type="checkbox"/> \$350

Check here if you are a BUSM alumni. (20% discount)

We accept Discover, Visa, and MasterCard or checks.  
Please make checks payable to **Boston University School of Medicine**.

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

**Substitution/Cancellation Policy**  
*Substitution may be made at any time without an additional charge. Refunds will be issued for all cancellations received at least two weeks prior to the start of the conference. Should cancellation occur less than two weeks prior to the start of the conference, a credit towards another Boston University School of Medicine conference will be issued, not a refund. A \$50.00 administrative fee will be charged for all refunds and credits. "No shows" are subject to the full course fee. Cancellations/substitutions must be made in writing. Refunds and credits will not be issued once the conference has started. This course is subject to change and/or cancellation.*

**Boston University School of Medicine Continuing Medical Education**  
72 East Concord Street, A402, Boston, Massachusetts 02118  
Phone: (617) 638-4605 ▪ Toll-free: (800) 688-2475 ▪ Fax: (617) 638-4905  
E-mail: [cme@bu.edu](mailto:cme@bu.edu) ▪ Website: [www.bu.edu/cme](http://www.bu.edu/cme)