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Boston Medical Center
Danna Gobel
Fellow Immersion Training (FIT) Program
801 Massachusetts Ave, 2nd Floor
Boston, MA 02118

5th Annual
Fellow Immersion Training
(FIT)

**ADDICTION
MEDICINE**
Improving Research Skills for
Subspecialty Fellows

**A Research Training
Program for Fellows
Addressing HIV and/or
hepatitis C**

April 24-27, 2016

**Wequassett Inn
Cape Cod, MA**

**Applications are due:
February 5, 2016**

www.bumc.bu.edu/fit

Boston University School of Medicine
Section of General Internal Medicine
Clinical Addiction Research and
Education (CARE) Unit

Supported by the
National Institute on
Drug Abuse
(R25DA013582)



Program & Target Audience

FIT is a four-day intensive immersion training that equips incoming and current clinical subspecialty fellows (e.g., Infectious Disease, Gastroenterology) with state-of-the-art skills and content to integrate addiction medicine into clinical research. Upon completion of the training, fellows will develop and carry out a research project plan that includes substance use.

Objectives

After completion of the training, FIT fellows will:

- Understand the scientific foundation of addiction medicine and its relationship to HIV and hepatitis C
- Pursue opportunities that integrate substance use issues in HIV or hepatitis C research projects
- Improve addiction clinical skills

Curriculum

The curriculum covers major advances in the field of clinical addiction medicine research presented through didactic presentations, case-based discussions, small group workshops, visits to a 12-step program, and small group meetings with individuals in addiction treatment.

Group workshops and individual meetings with expert addiction research faculty will support development of specific research interests.

The curriculum includes the following:

Research Training

- Review of clinically relevant addiction medicine research
- Development of a detailed action plan for an HIV and/or hepatitis C related research project
- Development of a critical and evidence-based approach to research questions
- Exploration of research opportunities that incorporate addiction medicine into subspecialty careers

Addiction Science

- Epidemiology, neurobiology, and genetics
- Pharmacology of substances of abuse
- Relationship of HIV, hepatitis C and, substance use disorders

Clinical Practice

- Understanding the overlap of addiction, HIV, and hepatitis C prevention and treatment
- Screening and assessment for unhealthy substance use
- Evidence-based prevention and treatment (e.g., counseling and pharmacotherapy) for substance use disorders
- Pain management with opioids among people with unhealthy substance use
- Addressing medical complications of substance use disorders

Other Training Components

Educational Materials and Resources

Participants receive valuable resources, including slide presentations, up-to-date reference materials, and a subscription to AODHealth.org that contains concise summaries of current substance use research.

Webinars

Research guidance and mentorship will continue via quarterly webinars where participants will share their work and gain feedback from faculty and fellow participants.



Alexander Y. Walley, MD, MSc

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Clinical Addiction Research and Education
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Jeffrey H. Samet, MD, MA, MPH

Professor of Medicine and Public Health,
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**Daniel Alford, MD, MPH**

Boston University School of Medicine

Sarah Bagley, MD

Boston University School of Medicine

Chinazo Cunningham, MD, MSc

Albert Einstein College of Medicine

Angela Jackson, MD

Boston University School of Medicine

Richard Saitz, MD, MPH

Boston University School of Public Health

Jeanette Tetrault, MD, FACP

Yale School of Medicine

Eligibility & Application Requirements

This training is geared toward incoming and current fellows from Infectious Disease or other subspecialties with training in HIV/hepatitis C, who are interested in a comprehensive review of addiction medicine and are motivated to incorporate substance use issues into their research methods.

Candidates must:

- Be incoming or current fellows in a clinical subspecialty program that includes HIV and/or hepatitis C training for the upcoming academic year
- Demonstrate that they will have substantial time during their fellowship to pursue a mentored clinical research project
- Identify a mentor at their institution who will support their clinical research
- **Be able to attend the entire training, which begins on April 24, 2016 at 3:00pm (EST) and ends at 3:00 pm (EST) on April 27, 2016**

Application Components:

- Personal statement of motivation and goals
- Brief description of a possible research project
- Curriculum vitae (CV)
- Letter of nomination from the Fellowship Director
- Letter of support from a faculty member (mentor) who will support your integration of addiction medicine into the research projects at your institution. **Note:** *If your Fellowship Director is also your mentor, only one letter is required.*

**Applications due
February 5, 2016**

Tuition

There is no tuition for fellows. The training is supported by a grant from the National Institute on Drug Abuse.

A \$300 deposit is required from those accepted to the FIT program to secure placement. The deposit will be refunded upon completion of the program.

Accommodations & Travel

Accommodations and travel are fully funded. Participants stay at the Wequassett Inn.

To request reasonable accommodation for a disability please notify Danna Gobel, in writing, upon receiving your acceptance.

Location

The Wequassett Inn is located on Cape Cod in the scenic, historic town of Chatham, Massachusetts.

For more information, visit www.wequassett.com

To find out more about FIT

Visit: www.bumc.bu.edu/fit

- Contact:
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What participants are saying

*Absolutely invaluable session on helping fellows "find their way." Packed with extremely helpful career advice!
THANK you!*

I now feel prepared to consider realistic goals and potential pitfalls I would have never thought of.

Workshop sessions are invaluable and outstanding opportunities to get real time feedback about research...the one-on-one attention is really amazing and extraordinarily helpful.

Most valuable skill gained: Ability to rapidly improve a research plan.

Hearing guests in recovery...another absolute highlight to the conference!

Overall seamlessly planned and executed conference.



2015 Fellows, Faculty, and Staff