

11th Annual
Chief Resident Immersion
Training (CRIT)
May 2-5, 2012

ADDICTION MEDICINE

IMPROVING CLINICAL AND TEACHING SKILLS FOR GENERALISTS

A Scholarship Program for:

- Incoming Chief Residents
- Faculty Mentors
(CME Credit Available)



Applications are due
February 6, 2012

Wequassett Inn
Cape Cod, MA

www.bumc.bu.edu/crit

Supported by
The National Institute
on Drug Abuse

(R25DA13582)



Program Description & Target Audience

CRIT is a four-day immersion training for incoming chief residents and their faculty mentors on state-of-the-art methods to diagnose, manage, and teach about addiction medicine. This training equips chief residents with essential skills to teach addiction medicine and will help faculty mentors assist their chiefs with incorporating addiction issues into teaching.

Objectives

- Understand the scientific foundation of addiction medicine
- Improve addiction clinical skills
- Integrate addiction issues into bedside and didactic teaching
- Learn about clinical, research, and education career opportunities in addiction medicine
- Enhance faculty mentoring skills

Curriculum

The curriculum covers major advances in the field of clinical addiction medicine presented through didactic presentations, journal clubs, case-based discussions, small group workshops, skills practice sessions, visits to a Narcotics Anonymous or Alcoholics Anonymous meeting, and small group meetings with individuals in recovery.

Participants also have informal opportunities to discuss their specific interests with expert faculty who are on-site for the entire training.

The curriculum includes the following:

Addiction Science

- Epidemiology, neurobiology, and genetics
- Pharmacology of substances of abuse

Clinical Practice

- Screening and assessment, including techniques to interview patients with unhealthy substance use
- Identifying stages of behavioral change

- Motivational interviewing
- Treatment methods (e.g. brief intervention, pharmacotherapy)
- Relapse prevention
- Pain management in the drug or alcohol dependent patient

Teaching Skills

- Incorporating addiction medicine into a residency curriculum
- Effective teaching techniques (e.g. teaching the reluctant learner)
- Giving feedback to learners
- Teaching evidence-based medicine

Research Exposure

- Review of clinically relevant addiction medicine research
- Exploring career opportunities in addiction medicine research
- Critical appraisal of articles on addiction medicine

Faculty Mentoring

- Review goals and approaches for effective mentoring
- Practice mentoring techniques

Other Training Components

Substance Use Teaching Project

Participants have multiple opportunities to meet one-on-one with course faculty to develop a Substance Use Teaching Project that focuses on teaching about addiction achievable during the first four months of their chief residency. For example, chiefs could conduct a workshop for residents on mutual help treatment (e.g. Alcoholics Anonymous [AA], Narcotics Anonymous [NA]) and have the residents attend an AA or NA meeting.

Educational Materials and Resources

Participants receive a variety of valuable resources, including CRIT slide presentations and up-to-date reference materials, and will have access to CRIT faculty during their chief residency. If requested, individual CRIT faculty members may be available during the academic year to give addiction medicine lectures and workshops at participants' institutions.

Daniel P. Alford, MD, MPH (CME Course Director)
Associate Professor of Medicine
Clinical Addiction Research and Education (CARE) Unit
Section of General Internal Medicine
Boston University School of Medicine

Jeffrey H. Samet, MD, MA, MPH
Professor of Medicine and Public Health
Clinical Addiction Research and Education (CARE) Unit
Chief, Section of General Internal Medicine
Boston University School of Medicine



Julia Arnsten, MD, MPH
Albert Einstein College of Medicine

Sheila Chapman, MD
Boston University School of Medicine

David Fiellin, MD
Yale School of Medicine

Lillian Gelberg, MD, MSPH
David Geffen School of Medicine at UCLA

Eric Holmboe, MD
American Board of Internal Medicine

Angela Jackson, MD
Boston University School of Medicine

Stefan G. Kertesz, MD, MSc
University of Alabama at Birmingham

Hillary Kunins, MD, MPH
Albert Einstein College of Medicine

Patrick O'Connor, MD, MPH
Yale School of Medicine

Christine Pace, MD
Boston University School of Medicine

Josiah Rich, MD, MPH
Brown Medical School

Richard Saitz, MD, MPH
Boston University Schools of Medicine

Alexander Y. Walley, MD, MSc
Boston University School of Medicine

*Check: www.bumc.bu.edu/crit for current year's faculty

Eligibility & Application Requirements

This training is geared toward incoming chief residents and their faculty mentors who are interested in a comprehensive update in addiction medicine and are motivated to teach residents and medical students about addiction medicine.

Note: Chief residents are strongly encouraged to apply with their faculty mentor.

Chief resident candidates must

- be senior residents or fellows who have accepted a chief resident position in Internal Medicine, Family Medicine, or Emergency Medicine for the next academic year
- expect to spend a significant amount of time (>50%) teaching during their chief resident year
- be able to attend the **entire** training, which ends at 4:00 pm (EST) on May 5, 2012
- complete a Chief Resident Application (see www.bumc.bu.edu/crit), including a personal statement of motivation and goals, and provide:
 - 1) a curriculum vitae (CV); (2) a letter of nomination from the Residency Program Director; and (3) a letter of support from a faculty member (mentor) who will support your integration of addiction medicine into the curriculum at your institution.

Faculty mentor** candidates must

- be a Program Director or core residency program faculty
- have a chief resident who has applied to the 2012 CRIT program
- be able to assist with the advisement, development, and implementation of the Chief Resident Substance Use Teaching Project
- be able to attend the **entire** program, which ends at 4:00 pm (EST) on May 5, 2012
- complete the Faculty Mentor Application (see www.bumc.bu.edu/crit), including a personal statement concerning how attending the CRIT Program with your chief will enhance his/her ability to implement addiction medicine curriculum into your residency program, and provide a curriculum vitae (CV).

**Faculty mentors are eligible to receive *AMA PRA Category 1 Credits*™. Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for Physicians.

Boston University School of Medicine designates this educational activity for a maximum of 20.75 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Location

The Wequassett Inn is located on Cape Cod in the town of Chatham, Massachusetts. Didactic sessions occur in a conference center overlooking Pleasant Bay. During free time, participants can take advantage of many available activities.

For more information, visit www.wequassett.com.

Accommodations & Travel

Accommodations and travel for chief residents are funded.

Accommodations for mentors are partially funded; and *mentors are required to cover their own travel expenses*. For more information contact Brittany Carney.

To request reasonable accommodation for a disability please notify Brittany Carney, in writing, at least two weeks prior to the conference.

Tuition

There is **no tuition** for chief residents or faculty mentors.

The training is supported by a grant from the National Institute on Drug Abuse.

A \$300 deposit is required from those accepted to the CRIT program to secure placement. The deposit will be refunded upon completion of the program.

To find out more about CRIT

- Visit: www.bumc.bu.edu/crit
- Contact:
Brittany Carney, Program Coordinator
Chief Resident Immersion Training (CRIT) Program
801 Massachusetts Ave, 1st Floor
Boston, MA 02118
Phone: 617-414-6946
Fax: 617-414-6944
brittany.carney@bmc.org

**Applications are accepted
on a rolling basis until
February 6, 2012.**

To receive detailed information, email, fax or mail this form to:

Brittany Carney
Chief Resident Immersion Training (CRIT) Program
801 Massachusetts Ave, 1st Floor
Boston, MA 02118
Phone: 617-414-6946 Fax: 617-414-6944
brittany.carney@bmc.org

**Request for Information: CRIT Program
(Chief Resident Immersion Training), May 2-5, 2012**

Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Daytime phone: _____ Pager: _____
Fax: _____ Email: _____
Specialty: _____
Chief Residency Address: _____