# M4 Longitudinal Requirement

#### Goals:

- Students should be engaged in meaningful curricular activity throughout the entirety of their M4 year in an area of their choosing to advance their knowledge, skills, and attitudes.
- Students will have the opportunity to continue to work with their AME core advisor in the M4 year to plan their longitudinal experience, set and achieve goals.

### Description:

This M4 Longitudinal requirement is meant to enhance students' skills in an area of their choosing from the following categories: 1.) teaching, 2.) instructional design, 3.) research, 4.) quality improvement, 5.) narrative medicine, 6.) advocacy, and 7.) Self-directed continuing medical education.

There are 2 main components to this requirement:

- 1. Longitudinal coursework/project/activities/self-directed learning in chosen area
- 2. Planning, goal setting and final reflections with AME core advisor

## 1. Longitudinal coursework/project/activities/self-directed learning in chosen area

In order to fulfill the requirement students must complete 20 hours in one or a combination of the following options during open blocks (blocks in your schedule that do not have courses scheduled):

- 1. A longitudinal elective (will count if these run over your open blocks and you are participating in activities for the elective during that time)
  - 011.1 Teaching in the Anatomical and Physiological Sciences
  - 313.0 Teaching Clinical Skills 1
  - 605 Teaching Clinical Skills 2
  - 604 Illness Narratives
- 2. Longitudinal project connected to an elective (will count if project work done over open blocks)
  - 205.3 Medical Education Curriculum Projects
  - 601/2 Quality Improvement Elective I/II
  - 900.1 Research Elective in Biomedical Science
  - 900.2 Research Elective: Assessing Utility of Patient Data Sets for Addressing Clinical Research Questions
  - 603.1 Patient Advocacy and Community-Based Resources in Clinical Medicine
- 3. The following school approved longitudinal activities (will count if activities done during open blocks)

- PISCEs (new M1 course), DRx or clerkship peer tutoring/teaching assistant
- LES longitudinal facilitation as an M4
- 4. Designated self-directed learning activities on blackboard (will count if done during open blocks)
  - There will be a compilation of articles, modules and podcast on blackboard for students to choose for SDL (see self-directed learning activities section of blackboard). Students can submit other suggestions for SDL depending on their areas of interest to their AME core advisor and the MEO for approval.

#### 2. Planning, goal setting and final reflections with AME Core Advisor

Students will do each of the following:

- 1. Identify core longitudinal coursework/project/activities/self-directed learning, write goals for longitudinal requirement, and complete M4 longitudinal learning plan- due 7/24/22. (see Longitudinal Requirement Deliverables section of blackboard).
- 2. Initial goal setting and review of longitudinal plan with AME core advisor in Block 10 (30 min individual meetings via zoom or in person if you are here) or another mutually agreeable time if you are on your sub-I or if you cannot meet during block 10
- 3. 45 min meeting with AME core advisor at the end of the year to review longitudinal experience and discuss next steps- come with a draft of your M4 longitudinal experience final form (in Block 19)
- 4. Submit final paperwork for your longitudinal experience demonstrating how you met the requirement, if you met your goals, and the top 5 things you learned from your coursework/project/activities/self-directed learning to your AME core advisor- due 4/15/23. (see Longitudinal Requirement Deliverables section of blackboard).

All requirements must be met and documented by April 15<sup>th</sup>.